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The Lion

Defining Moments

2004

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Reference

Defining Moments...

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Defining Moments

Ludlow High School
500 Chapin Street
Ludlow, Massachusetts
983 Students
113 Faculty

Hubbard Memorial Library
24 Center Street
Ludlow, MA 01056

Defining our lives

These months that we have spent together at Ludlow High are filled with just a handful of memories that we will carry with us for the rest of our lives. The moments that we have spent together have taught us that as individuals, and as a generation, we have the power to define our futures. We will retain our knowledge, remember our friends, and cherish our time together regardless of where our lives will eventually lead us.

"All the world's a stage
And all the men and women merely players.

They have their exits and their entrances
and one man in his time plays many parts."

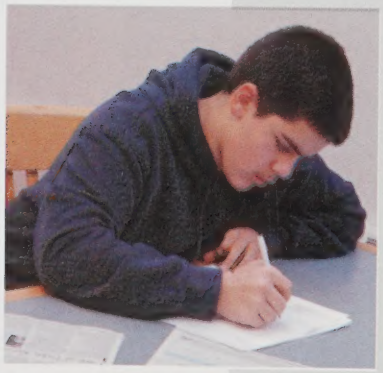
--William Shakespeare
"As You Like It"

Student life...

Defining moments

Freshmen Stephen Muse and Fikreta Kolenovic sell flowers during the annual Valentine's Day flower sale held by "The Cub."

MOMENT (mō´mənt) n. a particular period of importance, significance, excellence, enjoyment, or the like.



Freshman Brian Kersey works on his homework in the LHS library.

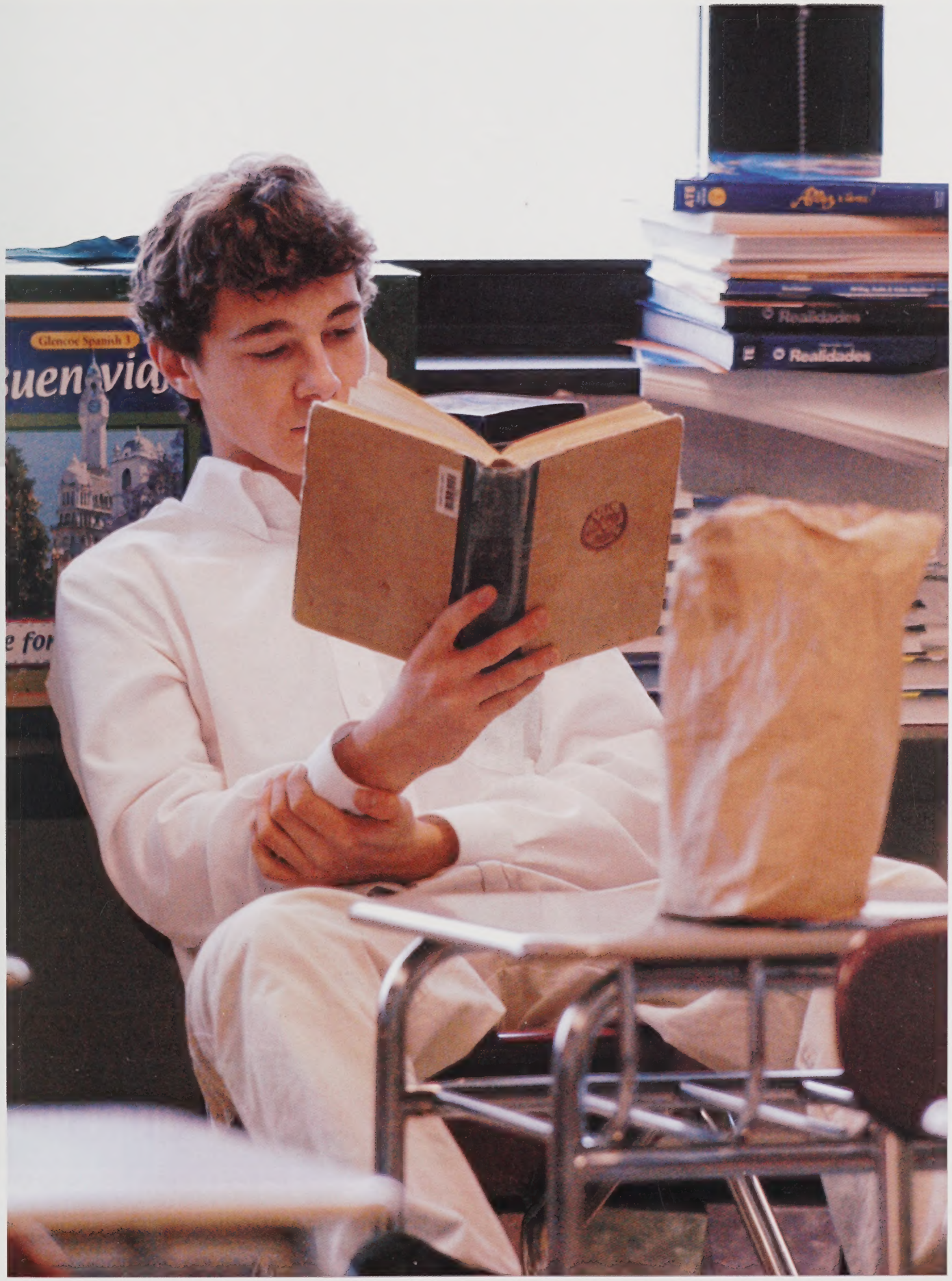
We spend many of our adolescent and teenage years trying to ***define*** who we are as people. We work at various jobs, make friends, change our fashions — all in an attempt to find ourselves. We drift through life, one ***moment*** at a time, hoping to learn something new about who we are and who we want to become. The years that we spend together in high school are the ***defining*** years of our lives. It is in these years that we mature.

Each ***moment*** that we spend together, we learn something new about ourselves and about others. We learn that we live in a diverse world and that the world beyond our small school and town is filled with opportunities that we have yet to explore.

The school day is just a minute portion of the life that each one of us leads. Yet, the time we spend together is important. Through interacting with others, we gain life lessons that we will carry with us forever.

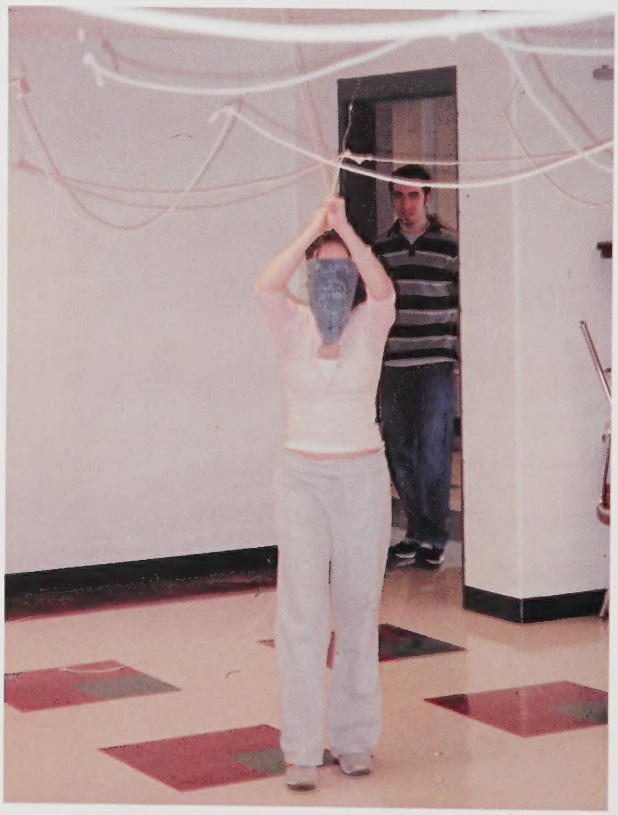
The ***moments*** we spend together, no matter how few or seemingly insignificant, help ***define*** each one of us. It is in our high school years that we plan and explore our hopes for the future. These years truly are the ***defining moments*** of our lives.

Seniors Jen Felix, Jenn Priore, and Matt Guberow work on an anatomy lab.



Junior Jesse Regnier quietly reads a book during his study block.

➤ Senior Derek Vigneault and junior Joe Clemente practice yoga in Mrs. Susan Phelon's sociology class. "We do yoga to get out of the cycle of doing class every day to make it more interesting. It's a way to relax. Mrs. Phelon plays relaxing music and we get to sleep after. Some of the yoga moves are really hard, but others are easy. It's a lot of fun and we get to laugh with everyone," said Joe.



▲ Junior Danielle Petrolati maneuvers her way through the full-room maze constructed by seniors in Mrs. Phelon's psychology class. "Our full-room maze was one of the largest ever built," said senior Matt Suska, one of the contructors of the maze.

▲ Juniors Felicia Goncalves and Aimee DaSilva work on a chemistry lab during their 4th block chemistry class with Mrs. Nancy Kavka. "I like chemistry class because we get to work with partners and interact while we're doing our work," said Aimee.

Juniors Jay Magalhaes, Stacy Suares, Rich Gavoni, and Erin Gosselin present a Native American project to their English class. "Group activities add variety to school. They're not just regular reports," said Erin.

He said/she said

"I like Mr. Cobbett's class because it's fun and he's funny."
–Senior Ben Milillo

"I like Mr. Martin's class. He makes learning fun so it's easier to learn."
–Sophomore Priscilla Colecchia

Senior James Hale examines a human skull in Mr. Philip Dalessio's anatomy class. "A hands on project, I think, is a lot more educational because you get to look at all aspects of what you're talking about instead of just reading text out of a book," said James.

Classes

Teaching beyond the textbook

Each new school year, teachers come back to the school with fresh ideas and ways to keep classes fun and interesting while still keeping the school day educational.

Attending six classes of lecturing a day can be difficult for any one of us high school students, but many teachers opt to teach some classes in ways that do not involve simply reading from a textbook. Class projects and presentations, debates, cultural experiences during language classes, and laboratory experiments add excitement and even entertainment to the school day.

Beyond the everyday classtime learning, some classes take field trips to enhance information studied while other classes participate in events outside of the school building. These educational experiences provide us with an education that we simply could not achieve if we were confined to our seats for all 180 days of the school year.

He said/she said

"The lack of benefits and the overall negative attitude of my bosses makes by job at Big Y an unpleasant experience."
--Junior Dan Lavoie

"I love interacting with people at McDonald's where I work. I like having the responsibilities of being a manager."
--Senior Samantha Kobjack

Junior Melissa DaCruz stands in front of the balloon slide at Soccer City in Wilbraham where she works.

Work

Working around the clock

For many students, the sounding of the bell at 1:55 does not mean the end to a day of working. Local stores and fast-food restaraunts are the places of employment for many high school students. When shopping at stores such as CVS and Big Y, or buying food from Dunkin' Donuts, McDonald's, Wendy's, or Burger King, we often see a familiar face behind the counter.

Having a job provides much needed money for the average teenager. Many of us find that we need to pay for car insurance, make car payments, and pay cell phone bills. And now that a ticket into a movie theater costs $9.50, we need more money for entertainment purposes. Working seems like an essential part of many students' lives for these reasons.

Although we may not always enjoy working, it is a learning experiene that will be useful later in life. Having a job teaches us communication skills and responsibility.

Senior Derek Vigneault dressed as the Rocky's Ace Hardware beaver during the store's annual Christmas sale. "Dressing up as the beaver was fun," said Derek. "I handed out balloons and lollipops to kids all day long."

◄ Junior Nicole Silva serves cake and ice cream to children at Interskate 91 during a birthday party. She often dresses in costume at work.

▲ Senior Mallory Michalczyk speaks to a customer at her job at Jo-Ann Fabrics. "I like working at a craft store. There isn't a lot of pressure. I really get to know the customers, and I'm always learning about new crafts and ways to decorate," said Mallory.

▲ Junior Zac Repko works at his job at Big Y. "Big Y: taking away the best times of the Ludlow youth," was all Zac had to say about his job.

Diversity

Distinguishing ourselves from others

The hallways at Ludlow High are a showcase of the many different styles that we students enjoy. From simple t-shirts and jeans to the newest fashion trends, we always find a way to stand out.

This year has seen fashion with a "vintage" look, as students wear frayed jeans and artificially-aged shirts. Stores such as Abercrombie and Fitch, Hollister, and American Eagle set the trends with their outdated look, while stores such as Forever 21, Wet Seal, and Charlotte Russe showcase eye-catching, distinguishable attire.

Clothing is not the only way that we students distinguish ourselves from others. The different music to which we listen and the activities in which we participate influence who we are and also help to set us apart from the rest of the crowd. We are all unique individuals who enjoy being different, and we all showcase our diversity in a variety of distinct ways.

▼ Sophomore Allie Prokop shows off her colorful clothes. The wrap-around skirt that many girls have worn this year adds vibrant colors to many outfits.

He said/she said

"If I'm going out somewhere, I want to look good. I really like Italian clothes."
--Sophomore Corey Rodrigues

"I wear whatever I want to wear. If I see something that I like, I'll just buy it."
--Sophomore Evelyn Lau

▲ Senior Jacob Oliveira is surprised to learn that truant officer Mr. Thomas Cote owns the same sweater that he does. "Mr. Cote has the best fashion sense out of everyone in the school," said Jacob.

Senior David Salvador is comfortable at his senior patrol post dressed in a hoodie and sweat pants.

Sophomore Nicole Strickland, juniors John Dugre, Ken Valentine, and freshman Alex Bates show off their unique fashion. "I dress like that because I want to look different from everyone else," said Ken.

Seniors Jeff Ribeiro and Karen Miele made this banner for National Coming Out Day on October 10. The banner hung from the rafters in the cafeteria reminding students of the diversity that exists in the school. "It's important to let kids know that they aren't alone. There are lots of gay kids everywhere; they just aren't out. The banner was meant to show kids in the school that even in Ludlow, there is diversity," said Jeff.

Freshman Natalie Valdez, sophomore Kristina Merced, and freshman Ashley Roberts take a break from studying to read and talk to one another.

Even though many students complain their lunch break is not long enough, students find time to socialize while eating their lunches. These sophomore girls talk to each other before heading off to their next class.

Seniors Elise Lord and Peter Afonso and junior Matt Johnson work on a puzzle during their study in Mrs. Mary-Beth Will's room. "The best part about being in high school is being with your friends and not worrying about schoolwork and homework. We go to Mrs. Will's room to do puzzles and have a good time," said Peter.

Social time

Not just a place for learning

Although the primary purpose for which we go to school is to gain an education, we find that school is also a time to socialize with friends. For many of us, school is one of the few times throughout the week that we are able to speak with students that we would not spend time with on the weekends.

Before the school day begins, many of us can be spotted roaming through the hallways, stopping along the way to talk with friends. The twenty-two minutes of lunch is also a time for us to take a break from learning to talk with friends about the school day and make afterschool plans. Instead of having a quiet study, some study teachers even allow us to speak quietly with one another, allowing us a break from the rigorous work of the day.

Even after school, while we are waiting for a sport practice to begin, or waiting for a ride home, we enjoy conversing with one another.

▼ Sophomore Clarence Kauila, junior Brian Flatley, and sophomore Ross Dominique socialize after school outside of the weight room. These athletes often talk after school before they begin weight lifting.

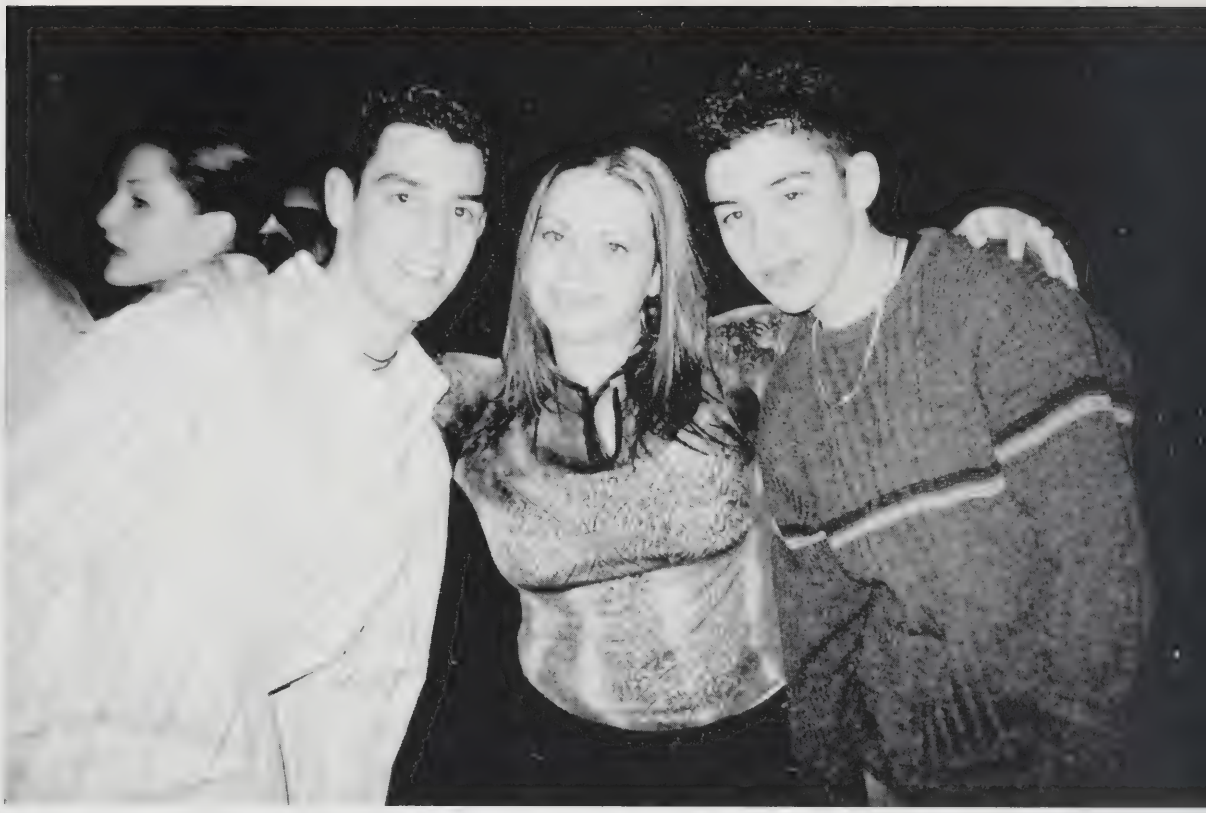
▲ Students aren't the only people who socialize during the school day. Mr. Stephen Marino, Mr. Richard Cotti, and Mrs. Nancy Kurty can often be found in the hallway by the student management office conversing with one another during lunch.

He said/she said

"I talk to my friends all of the time during my classes."
--Senior Kevin Howell

"I socialize whenever I want in school. It's not a problem except when I'm in the library because the librarian gets angry when I talk."
--Senior Kim Dragon

➤ Seniors Steve Pereira, Melissa Pereira, and Beau Manuel enjoy the evening at the Portuguese club's first annual school spirit dance. "The dance was a blast. I was surprised that everyone was dancing. A lot of people really got into the Portuguese music and danced the whole night," said Melissa.



▲ No one has more school spirit than the individual members of the cheerleading squad. They cheered at the boys' basketball games, and they were also outside in the cold every Friday night during football season, cheering for the Ludlow Lions.

▲ Senior Michelle Bradway was the school mascot at all of the home football games. "The best part about being the Lion was always being able to see the football games and making the crowd get into the game," said Michelle.

The football stadium was filled to capacity at the Thanksgiving Day football game against Palmer on November 27. Many Ludlow High students filled the stands, clad in maroon and white, to support the Ludlow Lions.

He said/she said

"I show school spirit by trying to behave in class and helping others. I also play sports."
–Freshman Steven Alves

"I go to the basketball games, football games, and hockey games all the time."
–Freshman Lauren Hangasky

Junior Jay Magalhaes shows his school spirit by wearing maroon and white. "I wear school colors to support the soccer team," said Jay.

School spirit

Sporting maroon and white

Even though some of the events held at the high school this year have suffered from a lack of participation, we students are not lacking a sense of school spirit.

Clubs and organizations are filled with active members ready to participate in charity events or activities. Sports teams are still overflowing with participants and spectators still line up at the doors to cheer on the LHS teams. The gymnasium walls are also sometimes the hanging area for posters cheering on basketball players during games. Athletes show their school spirit by wearing maroon and white hoodies supporting the teams for which they play.

This year, the Portuguese club sponsored the first annual school spirit dance, School Spirit 2004, in an attempt to promote school unity and school spirit. Over a hundred students attended.

There is no doubt about it, Ludlow High is still a building that is bursting with school spirit.

The people...

Defining unity

Seniors Kim Dragon, Breanna Severyn, and Stephanie Lopes enjoy the Homecoming dance.

UNITY (yōō′nə-tē) n. the state or quality of being in unison or in harmony with others

Junior Jay Hangasky lights junior Mike Graham's candle at the NHS induction ceremony.

Sophomore Mia Santos shows off her unique outfit.

The four years that we spend together in high school not only ***define*** who we are as individual people, but ***unify*** us as members of the student body.

How can we ***define unity***? What force holds us together as a class and as a student body?

Every class has a sense of ***unity*** from the moment it walks through the doors of the high school for the first time. From the scared freshmen searching for their classes together to the seniors anxiously awaiting graduation, we are ***unified*** by the moments we have shared.

Together, we have faced challenges and overcome obstacles. We have grown from a random assortment of individuals into a thriving group of ***unified*** people who comprise the student body of Ludlow High.

We came into this high school as mere children searching for a place in our small community. As a group of students, ***unified*** by this school, we have matured into young adults searching for a place in the world. We will all take different paths, but we will always remember the years we spent in this school, and we will always know that the ***unity*** that we share never can be broken.

Sophomores Lauren Cotti and Alyssa Severyn enjoy themselves at the underclassman banquet.

Khalil Abdullah

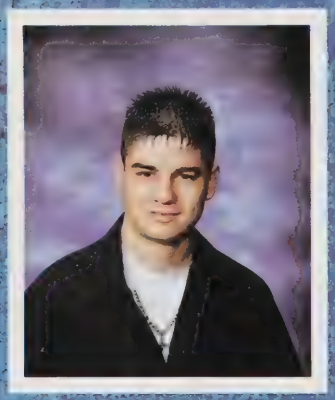
Jacinda Alves

Cristina Andre

Marc Andre

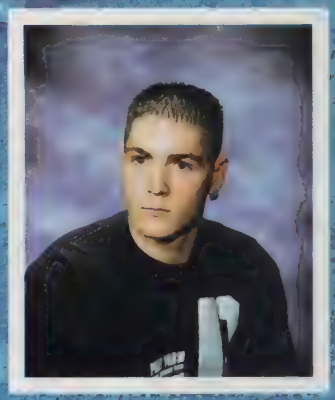
Rosemary Antaya

Nichole Balderston



Joseph Balog

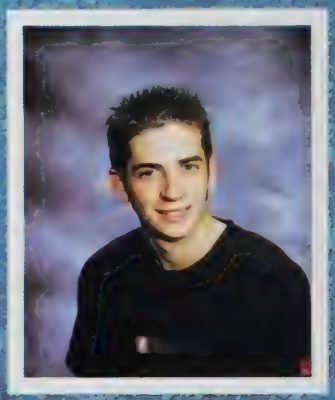
Matthew Bates



Joel Belanger

Diana Belyshev

David Bennet



Cody Binette

Hillary Boduc

Daniel Borkowski

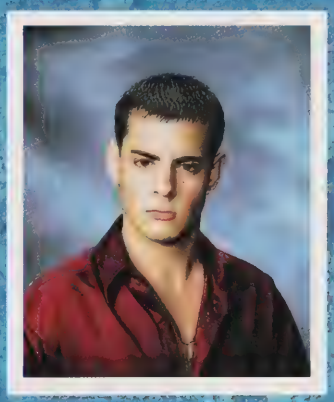
Anthony Bracci

Michelle Bradway

Patrick Brannan

James Brodeur

Amanda Brothers



Theodore Bryant

Derrick Buccacio

Sara Burke

Elaine Canary

Jason Carvalho

Nelson Carvalho

Hillary Cave

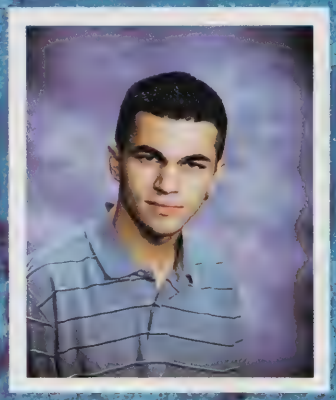
Daisy Cerqueira

Jessica Chase

Aaron Chesnes

Cassandra Clark

Rachel Clark



Matthew Coelho

Krystal Cortinhas

Joanna DaCruz

Tatianna Dagenais

Jillian Dalmolin

Christina DeNucci

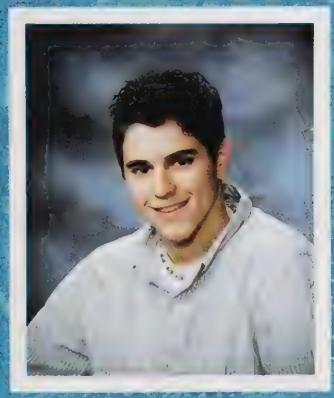
Joshua Desforges

Carrie DesRochers

Tomas Dias

Angela DiAugustino

Kimberly Dragon

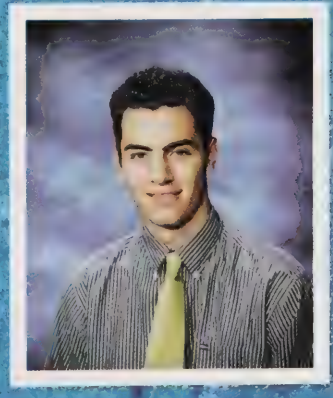


Keith Dube

Andrew Durand

Benjamin Eckel

Chelsey Edgar



Zachary Falconer

Matthew Faulha

Jennifer Felix

Andre Fernandes

Diane Fernandes

Amanda Ferreira

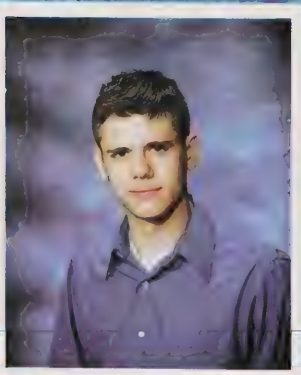
Jessica Ferreira

Sylvia Ferreira

Phillip Fonseca

Melissa Fraga

Jeffrey Francisco



Kyle Galindo

Jeffery Garbarino

Jacqueline Goncalves

Mark Goodreau

Matthew Goodreau

Peter Gosciminski

Walter Grohs

Matthew Guberow

James Hale

Alexis Hanson

Amy Jo Hatch

Nicholas Hayes

Kevin Howell

Dean Hunter

Michael Jurkowski

John Kawa

Amanda Kenyon

Stefiny Knight

Samantha Kobjack

Aditi Kulkarni

Amber Kumiega

Timothy LaBrecque

Brendon Lapointe

Kaitlyn LaRiviere

Kevin Laviolette

Ryan Lavoie

Kyle Leganza

Kyle Levesque

Mandy Levesque

Jaclyn Lopes

Stephanie Lopes

Daniel Los

Katie Lucas

Jennifer Luszcz

Jessica Luszcz

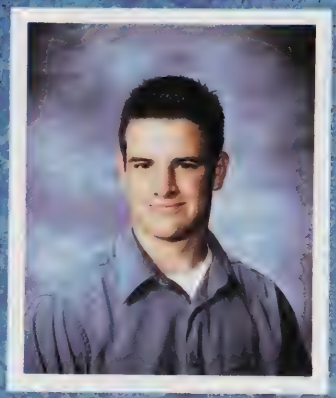
Sherri Maciolek

Adam Madera

Amanda Maksymiw

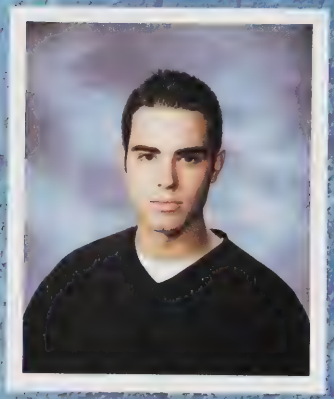
Amber Mariani

Brittany Mariani



Daniel Martin

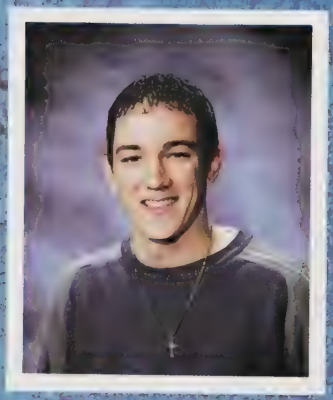
Andrea Martins



Bryan Martins

Jessica Martins

Kathryn McCarthy



Michael McGrath

Caitlin-Ann McInerny

Art Medina

Mallory Michalczyk

Karen Miele

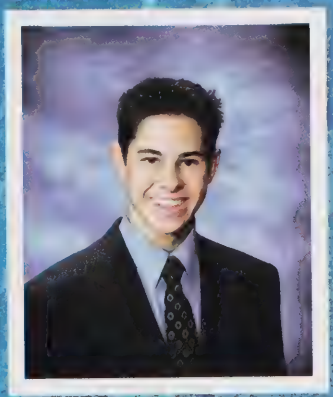
Benjamin Milillo

Zachary Miller

Daniel Muse

Jessica Nai

Davide Nascimento



Jacob Oliveira

Christopher Palatino

Matthew Paquette

Mark Parylak

Marta Pastula

Melissa Pereira

Steven Pereira

Jorge Pinto

Daniel Poitras

Michelle Poitras

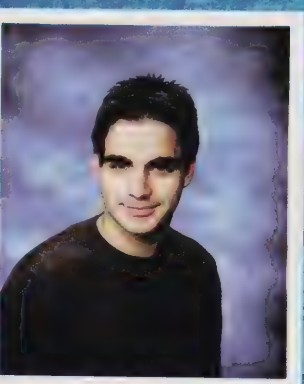
Brianne Pollander

Jeffrey Quesnel

Patricia Ramos

Amanda Regnier

Timothy Rego



Jeffrey Ribeiro

Craig Ricardi

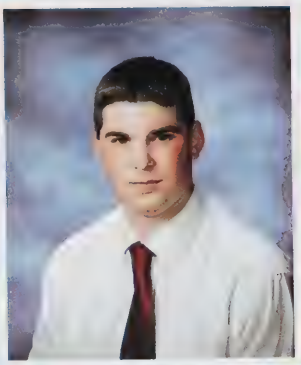
Mark Robar

Eric Rodrigo

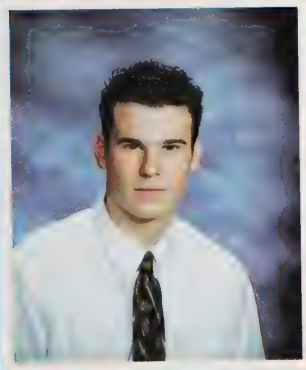
Sandra Rogowski

David Sajan

Rachel Saloio



David Salvador

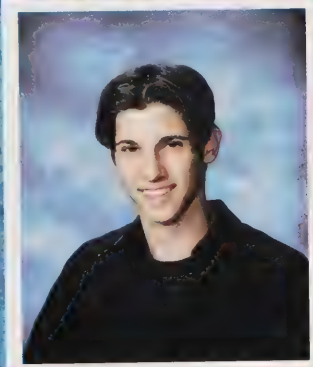


Matthew Salvador

Jose Sanches

Amy Santos

Andrea Santos



Marc Santos

Shana Santos

Matt Santos-Vitorino

Breanna Severyn

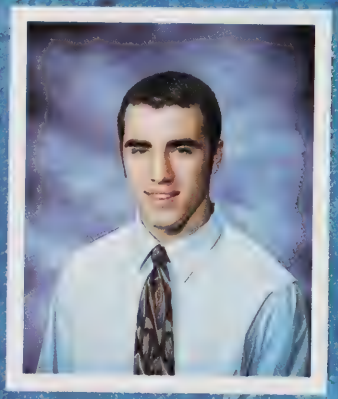
Meaghan Shea

Alexander Simao

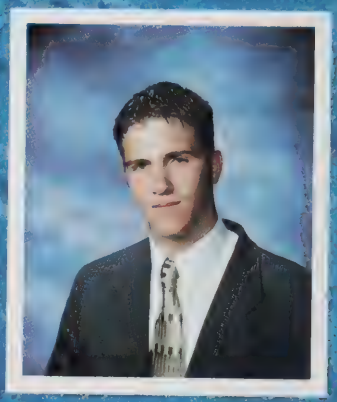
Meredith Slora

David Spooner

Jessica Strickland



Mateusz Suska



Julius Sweeney

Krystal Swiderski

Breanne Thompson

Stephanie Turgeon

Jessica Unsderfer

Lyle Vance

Derek Vigneault

Daniel Vogel

Matthew Wahlers

Haley Will

Ericka Wilson

Aaron Wright

Marisa Yelle

Sean Zdanis

Camera Shy

Peter Afonso
Jessica Anderson
Sara Barroso
Paul Barrus
Nicholas Bennet
John Bocon
Mathew Carroll
Michael Chlastawa
Courtney Costa
Danny DaCruz
Neil Daigneault
Timothy Dannay
Victor Ferreira
Paul Gasparrini
Alex Halama
David Henriques
Maria John
Nathaniel LeBrecque
Elise Lord
Jeffrey Marques
Joshua Merced
Nathan Metcalf
Michael Napiorkowski
Brian Parent
Jesse Pereira
Steven Pettengill
Jennifer Priore
Kevin Randall
Andrea Saloio
Krystal Santos
Christopher Stone
Aaron Taylor
Dora-Milena Vasco
Monique Verteramo
Matthew Warwick
Ryan Wood
Fatih Yanbul
Tiffany Yee
Adrian Zapata

Forever in Our Hearts

[illegible] Squirrels

[illegible] the line and [illegible]
We entered the [illegible]'s mouth, excited, yet scared.
Speeding through the halls from room to room,
The days passed, bringing both happiness and gloom.
Days turned to years, yet we shed not a tear,
Our hearts set on [illegible] the line of Senior Year.

When finally it came, we couldn't believe our eyes,
We were finally seniors and ready to say our good-byes.
Then we realized that we were not ready to go just yet,
Though we'd all decided our plans, and our futures were set.
As the years [illegible] rushed toward good times and friends
[illegible] wounds and tie up loose ends.

When graduation is final, we'll all go our separate ways
Sent into the real world to work for the rest of our days,
Yet to each other we remain constant and never truly depart,
The bonds made in our short stay remain forever in our heart.
Equipped with a diploma, we're sent out to travel and explore.
The entire world is open to us, The Class of 2004.

photo by Adam Madera

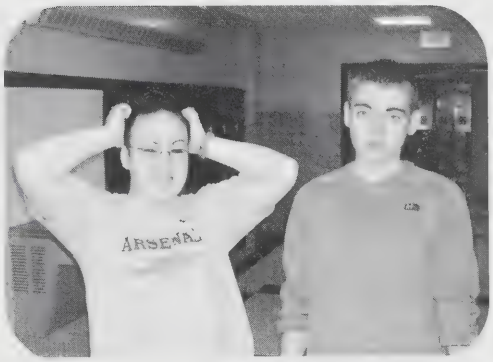
Class athlete

Jesse Pereira and
Christina DeNucci

Most opinionated

Stephanie Lopes and
Matthew Santos-Vitorino

Most stressed



Shana Santos and
Walter Grohs

Most likely to succeed

Jacob Oliveira
and Michelle
Poitras

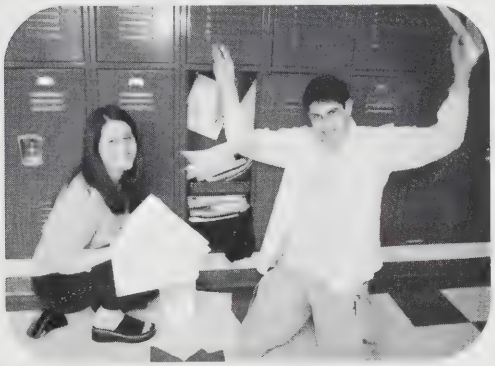
Class scholar

Alexander Simao
and Shana Santos

Most involved

Karen Miele and
Marc Santos

Most disorganized



Rosemary Antaya and
James Brodeur

Class musician

Phillip Fonseca and
Maria Jahn

Most ambitious

Elise Lord and
Jacob Oliveira

Most school spirit

Michelle
Bradway and
Marc Santos

Worst driver

Courtney Costa and
Davide Nascimento

Nicest person

Amanda Maksymiw and
David Sagan

Most shy

David Salvador and
Amanda Regnier

Class clown

Phillip Fonseca
and Jessica
Unsderfer

Class couple

Joseph Balog and
Hillary Bolduc

Most likely never to leave Ludlow

Nelson Carvalho and
Patricia Ramos

Most likely to leave Ludlow

Chelsey Edgar and
Jeffrey Ribeiro

Class artist

Rachel Saloio and
Cody Binnette

Best nickname

Christina "Nuch" DeNucci and
Christopher "Guapo" Palatino

Best dressed

Michelle Poitras and
Daniel Vogel

Most talkative

Marisa Yelle and
Jeffery Garbarino

Best eyes

Jessica Luszcz
and Kyle
Levesque

Best smile

Mark Robar and
Jaclyn Lopes

Class inseparables

Jason Gryszowka and
Derek Buccacio

Class inseparables

Jessica Martins and
Jennifer Felix

Most changed

Aaron Wright and
Nichole Balderston

"I had fun at the '80s dance because you could hang out and goof off with your friends. It was also a lot of fun to dress up and dance like they did in the '80s."

--Desiree Fiske, Sophomore

"My friend Tanya glued the hairpiece to my hair, and I wore it to have a good time. I thought it would be hilarious fo me to wear a mullet."

--Nicholas Correia, Junior

▼ Seniors Kaitlyn LaRiviere, Cristina André, and Amanda Maksymiw raise a toast for the camera after a chugging contest with the popular '80s drink, Tang.

▲➤ Junior Cara Stokowski and sophomore Marita Sarad enjoy themselves at the dance. "I thought the '80s dance was really fun because it was a themed dance, and it gave us an opportunity to do something different," said Cara.

➤ Not only were students getting down on the dance floor, but teachers also tried to join in on the fun. First year teacher Miss Alyssa Pereira got on the dance floor only to be startled by juniors Scott Lecca and Jung Kang and sophomore Jessie Oliveira. "We tried getting Miss Pereira to dance, but she wasn't having it," said Scott.

Juniors

Bringing it back to the '80s

It's not often that there are specially themed dances, apart from banquets, Homecoming, and prom; however, this year, members of the junior class executive board decided to hold an '80s themed dance. Almost 200 students were brought together in the LHS cafeteria to "bring it back to the '80s." Since all the students currently enrolled in LHS were conceived in the '80s, the junior class executive board deemed it appropriate to call the dance "Made in the '80s."

The '80s dance was initially scheduled to be held on March 5, from 7-10:30, but due to a lack of ticket sales, the dance was postponed until April 8 in hopes of better attendance. Since the dance still suffered from a lack of interest amongst the student body, the dance was cut a half hour short and concluded at 10:00 in the evening.

Juniors Nicole Silva and Brian Flately came to "Made in the '80s" as regular ol' '80s fans, but that same night, they left with the honor of "Mr. and Ms. '80s" for having the best '80s costumes.

Refreshments, including Tang, a popular '80s drink, were served, free of charge. The night was complete with '80s style decorations, life-sized cardboard cutouts of people wearing '80s clothing, and of course, '80s music supplied by DJ Greg Gaudreau.

"We took it back to when the music was right and the fashion was bright," said junior class president Jung Kang. "And although the attendance was not as good as I had hoped it to be, the dance was undoubtedly a success."

▲ Juniors Nate Venancio, Brian Flatley, Jay Blanchard, and Zack Repko dress for their favorite decade. "I like the '80s because the music was totally awesome," said Nate.

▲ Sophomores Katelyn Dolan, Ashley Petrolati, and Brittney Kawa hit the dance floor in their '80s attire.

Juniors

Planning activities and coming together

The beginning of junior year marks the time when the junior class truly begins to come together as a group of individuals by working on projects and planning events for the members of its class and for students in the entire school to enjoy.

Over the year, members of the junior executive board have been actively planning many events. The first large event for the board was the 2004 junior/senior prom. Along with the executive board, many members of the junior class joined the prom committee to deal with the varying aspects of prom, including making and buying decorations, finding party favors, and hiring a DJ.

Vice-president Angela Wozniak and president Jung Kang ceremoniously lead the class of 2004 through an arch of roses at Senior Farewell.

Senior Farewell, formerly known as Senior Assembly, is also a task that the junior class traditionally completes. The junior class makes the seniors' last day in the high school memorable by putting together a slideshow of baby pictures, senior pictures, and pictures of the senior class throughout their years of schooling. The junior class also wrote and performed a wedding comedy skit, "My Big Fat Ludlow Wedding," mocking members of the senior class and aspects of the senior show.

Alex Jorge, a member of the junior executive board, said, "These activities helped bring the members of the class together. With the leadership of our class officers, things overall went smoothly. It took a lot of time and effort, but it was well worth it."

Seniors Andrea Martins, Amanda Brothers, Sherri Maciolek, Amanda Regnier, and Jessica Chase sway along to "Here I Go Again" by Whitesnake at Senior Farewell.

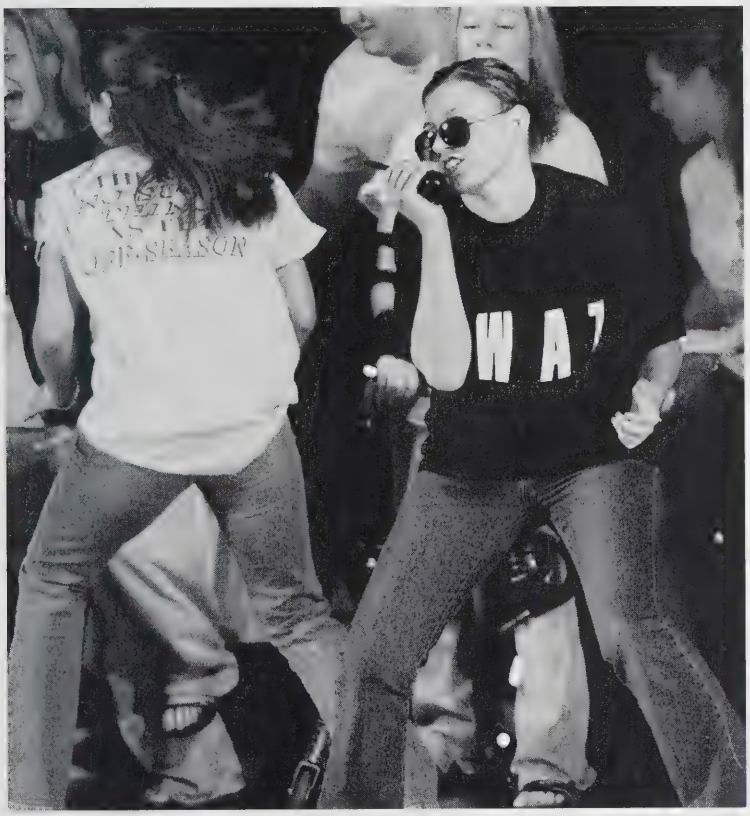
The candle ceremony, traditionally a memorable part of Senior Farewell, is a way for the junior class to say goodbye to the seniors on behalf of the school.

"The junior class did a lot this year. We did a good job and came through in the end. I particularly enjoyed taking part in Senior [Farewell] because it was a nice way to say goodbye to my senior friends."

--Meghan Hill, Junior

"Both Senior Farewell and prom were sick nasty. Members of my class put a lot of dedication and time into the two events and in the end, it really showed."

--Christopher D'Angelo, Junior



▼ Juniors Brian Flatley and Nathan Venancio, who played seniors Chelsey Edgar and Jacob Oliveira, were the lovely couple getting married in the juniors' comical skit, "My Big Fat Ludlow Wedding."

◄▲ Junior Erin Gosselin plays the "S.W.A.T. guy" who busted the wedding reception with a drug search. "It was funny because it seemed as though the senior class was always targeted by administration and getting searched for drugs. During the senior show their cars got searched, and even before their mystery trip, the cops brought in a dog to sniff for drugs," said Erin.

◄ Seniors Brianne Pollander and Craig Ricardi search for their stars at this year's prom, "Red Carpet Affair." Each Ludlow High School senior who attended the prom could find a personalized star, made by members of the junior class, on the "Hollywood" wall of stars.

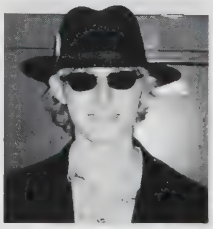
◄ Sophomores Alyssa Severyn, Nicholas Chaplin, Shawn Gomes, Robert Sears-Walter, and David Kang (clockwise) relax in a Salem cemetery. "The field trip to Salem was fun because we got to hang out with our friends and skip a day of school work," said David.

▼ Sophomores Katelyn Dolan, Ashley Petrolati, and Marita Sarad decide to spend some quality time with a large pumpkin before leaving Salem. "The pumpkin was just so big, we really couldn't help ourselves," said Marita.

▲ Sophomore Steven Oliveira poses with the guitar-playing, harmonica-blowing, animal-balloon-wearing man in Salem. One of his words of wisdom is "if you eat too many fries, you'll expand your waist size."

"Salem was a really fun trip. I enjoyed it a lot because I've never been there before and it was a great experience because it was on Halloween."

--Evelyn Lau, Sophomore



"I enjoyed the trip to Salem. I thought it was mind-blowing and majestic. However, I must admit, the mock trial was rather unstimulating and dull."

--Nicholas Langone, Sophomore

Sophomores watched a mock trial where actors and actresses acted out what it would have been like during the Salem Witch Trials.

Sophomores Robert Sears-Walter and Brandon Vigneault join Salem's Halloween festivities by dressing up in some crazy accessories.

Sophomores

Spending a spooky Halloween in Salem

Halloween is always one of the scariest times of the year. This year, the field trips for each class were designated to be held on October 31, so the sophomore class decided to spend a spooky day in Salem, Massachusetts, the town of the infamous witch trials in the 1690s.

The sophomore class started off the day at a mock witch trial, where the actors involved the crowd in the skit and even yelled at members of the sophomore class.

"It was fun to see the mock trial and actually be a part of it. Even though we knew it wasn't real, the actors were acting as if it was, and it was sort of comical to see the trial," said sophomore class vice president, Anita Alves.

Amanda Leone joins the fun in Salem by standing behind a cut-out of a witch. In Salem, people dressed up as witches is a common sight for Halloween.

The sophomores continued their trip by going to a dungeon and to a haunted house. The trip proved to be fun and educational, as many of the attractions taught the students the history of the town of Salem and told stories of the witch hunts.

After the class spent some time together, the students were given free time to shop and walk the streets of Salem. Along the streets, students saw people dressed in costume, acting as if they were living in the 1690s. Some students chose to attend other historical attractions throughout Salem while others walked through an old cemetery in the town.

▼ Students quietly watch one of the movies presented by the driving school. Many of the movies demonstrate how irresponsible behavior affects a driver's abilities.

▼ Sophomores Anita Alves and Monique Goodrow quietly listen to the driving school instructor as they go over some basic rules of the road.

Sophomores

Ripping up the roads

Learning to drive is always one of the most exhilarating aspects of sophomore year. Many students obtain their driver's permit and attend driving school in hopes of passing the test for their driver's license six months later. To some, driving can be considered a newfound freedom that allows sophomores to hold more responsibility and be more self reliant.

But unfortunately, before getting a license, a numerous amount of tasks must be completed in order to gain experience behind the wheel. One of these tasks includes the hefty amount of on-roads. Massachusetts' Law requires that new drivers under the age of 18 should have at least 6 hours behind the driving wheel before getting their license. Moreover, new drivers are also required to be instructed in the actual classes. Massachusetts' Law also requires students to have at least 30 hours in driving school classes, which are filled with video tapes, discussions, lectures, and tests.

Many signs, like the one above, can be seen on driving school cars, which are used by students for their on-roads.

Classes at Ludlow's Belmont Driving School usually take place between Mondays and Thursdays from 5:00 to 7:00 p.m. Classes at Belmont cost $365, and although this may seem pricey, in the end, the cost is worth it. When new drivers start ripping up the roads, having had completed driving school automatically guarantees 10% off their insurance.

◄ Sophomore Monica Mestre, a sophomore, asks Tom, one of the infamous driving school instructors, a question about driving. "Tom is a cool driving school guy and he helps me out if I ever have a question," said Monica.

▼ Sophomore Bonnie Fontaine prepares to hit the road as she fixes her rear view mirror. Tim, the driving instructor in the passenger seat, watches as she prepares to go on the road.

▲ "Detour," "stop," and "handicapped" are just a few of the many key signs that a driver must understand before hitting the road.

"The whole process of driving school isn't that great, but the end result is definitely worth it. A license gives you the most freedom you can have while in high school."

--Joshua Soares, Sophomore

"I hated driving school because all you did was sit there and watch movies. No one really pays attention and everyone just tends to sleep."

--Claudia Crespo, Sophomore

"I had fun on the freshman trip because it gave a chance for me and my friends to hang out. We also got to miss part of school, so it was worth going to."

--Alyssa Puzzo, Freshman

"The field trip was good because I had the ability to learn new things outside of school. It also gave us an opportunity to hang out with our friends, so it was also fun."

--Peter Vomero, Freshman

▼ Alyson Terlik befriended Sammy the seal at the Boston Aquarium. "I thought the seal was cute and I wanted him to do a trick, but he just stood there and stared at me," said Alyson.

▲ Chelsea Marques, Alison Pease, Kayla Maagero, Lauren Hangasky, and Alyson Terlik pose with a lamp post at Boston's famous Quincy Market. In the background, a few of the many shops where tourists can purchase souvenirs can be seen.

◀ The class trip to Boston brought out the animal in Amanda Grelha and Jillian Faustino. Masks, like the ones worn, could be bought at the gift shop inside the aquarium. "We were just goofing off inside the gift shop and we thought it'd be funny to play around with the masks, so we put them on and took a picture," said Amanda.

Freshmen

Off to Boston we go!

On October 31, the freshmen said, "Off to Boston we go!" for their educational class trip. The trip was enjoyable and entertaining. For everyone who went, it meant a day off from school, giving them a day to just relax.

The freshman class visited the Boston Aquarium, and while there, they were allowed to independently tour the public exhibition of live aquatic animals.

They continued the trip by proceeding to see an IMAX film named "Bugs." Numerous students who saw the film were amazed by the size of the theater. Alyssa Puzzo, a freshman who attended the trip, said, "I had lots of fun on the trip, especially [at] the movie theater. It was three-dimensional, so it seemed like the bugs were coming right at me and were actually near me."

Penguins were just one of the many aquatic attractions available for viewing at the Boston Aquarium.

After the movie, students had some free time to eat, shop, and to socialize. Students went to the Quincy Market, which is one of Boston's most visited tourist attractions. There, students chose from a variety of food, from regular ol' pizza to Brazilian food.

Even street performers could be seen at the Quincy Market. You could say hello to a mime or two, but those who weren't willing to say hello to the mimes or eat, could go shopping.

Accordingly, many of the students who went on the trip had a good time because despite their likes and dislikes, there were more than enough different things for everyone to do.

Jillian Veautour and Ashley Adamski pose next to the aquatic green scenery. "I thought the trip was really fun because we all got to bond together," said Ashley.

Kimberly Roy, Brianna Arnold, Chanelle Lucas, Nina Perez, and Kristine Midura stand in front of Boston's Harbor. "We all had a blast in Boston," said Chanelle.

Freshmen

A "fresh" start

Freshman year is always one of the toughest, but also one of the most exciting years of high school. This year is a year of new beginnings and unique experiences. Freshmen are able to meet new people, make different friends, and benefit from a wide selection of classes and new teachers.

New and exciting experiences that freshmen are able to experience as members of LHS are the many semiformal dances, including Homecoming and the joint class banquet. This year, the class of 2008 chose Ashley Quiterio and Ben Pellegrini as the first members to represent it in the Homecoming court. Homecoming and the class banquet offer freshmen an upbeat atmosphere in which they can get to know one another.

Ben Pellegrini and Ashley Quiterio were the members of this year's freshman Homecoming Court.

Another new event in which the freshman class can participate is the student council sponsored Volleyball-a-thon. This all-night event allows members of the freshman class to become better acquainted with one another while playing noncompetitive games.

Events such as Homecoming, the class banquet, and the Volleyball Marathon allow the class to bond, and as the students continue to participate in future years, these events will help to keep the class together and united.

Freshman year is just the first year of four years that will pass by very quickly. However, it is unquestionably a year that is always cherished and remembered.

Members of the Pink Panthers, Alesia Rodak, Nina Perez, Kristine Midura, Chanelle Lucas, and Brianna Arnold, wait in the back gym for their next game during the volleyball marathon.

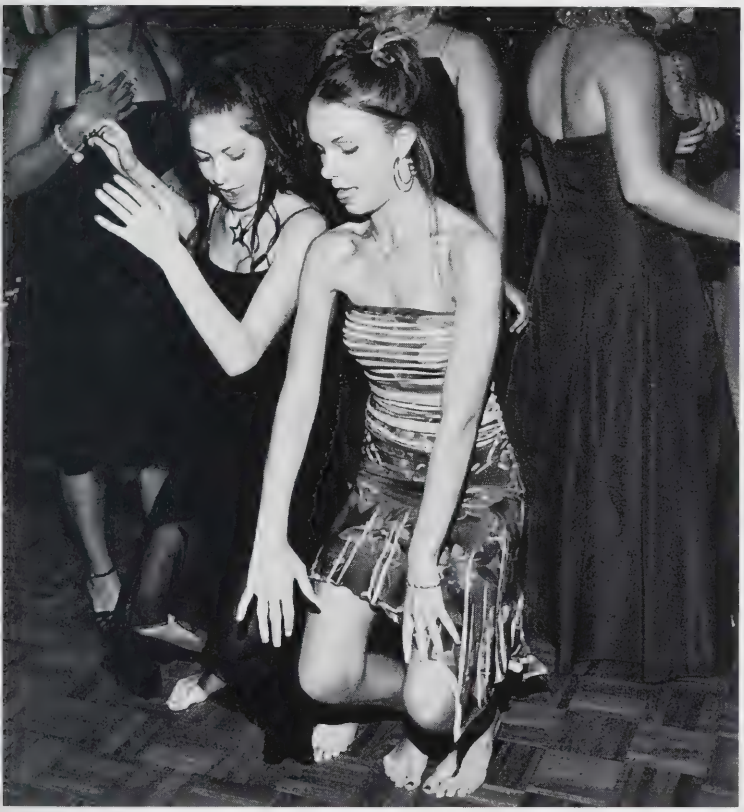
Friends Meagan Dragon, Abigael Norwood, Ashley Adamski, and Jaimie Brosseau enjoy their first banquet at the high school.

"Freshman year was enjoyable because it was a fun-filled learning experience. I also got to meet my girlfriend, Lindsay LaCoille, this year."

--Brian Fuller, Freshman

"Freshman year was good, and I wouldn't change anything about it. I hope that next year is just as good and that if anything changes, it's for the better."

--Lyndsay Dill, Freshman



▼ Nicole Lopes, Kaitlyn Vitorino, Catarina Martins, and Melissa Mikulski take pictures at Homecoming. The dance was an excellent opportunity for freshmen to take pictures with their friends. "My first homecoming was fun because I got to hang out with my friends," said Melissa.

▲ Stefanie Mauricio and Brandee Paroline show their stuff on the dance floor at the freshman banquet.

➤ Lauren Hangasky, Lindsay LaCoille, Kyle O'Connor, Tony Goncalves, Alyssa Puzzo, Jerad Ostrowksi, and Tiffany Bolduc crowd around Alyson Terlik at the Volleyball-a-thon. "I don't know why we were called the Killer CPs [because] we didn't "kill" anything. We lost all our games," said Jerad Ostrowski. Although the Killer CPs may have lost all their games, they received the Sportsmanship Award. "I think they gave us the Sportsmanship Award just because they felt bad for us. I mean, c'mon, we lost every one of our games."

Juniors

Gregory Abdow
Randy Adam
Joseph Almeida
James Alves
Amanda Amaral
Alicia Anderson
Tanya Andre

Julie Bamber
Daniel Barroso
Isabel Barroso
Vitaliy Belyshev
David Benoit
Anthony Bernal
Nathaniel Bernardo

Matthew Bettencourt
George Blake
Jason Blanchard
Jennifer Blanchard
Michael Bouchie
Carolyn Bourdeau
Shannon Bowe

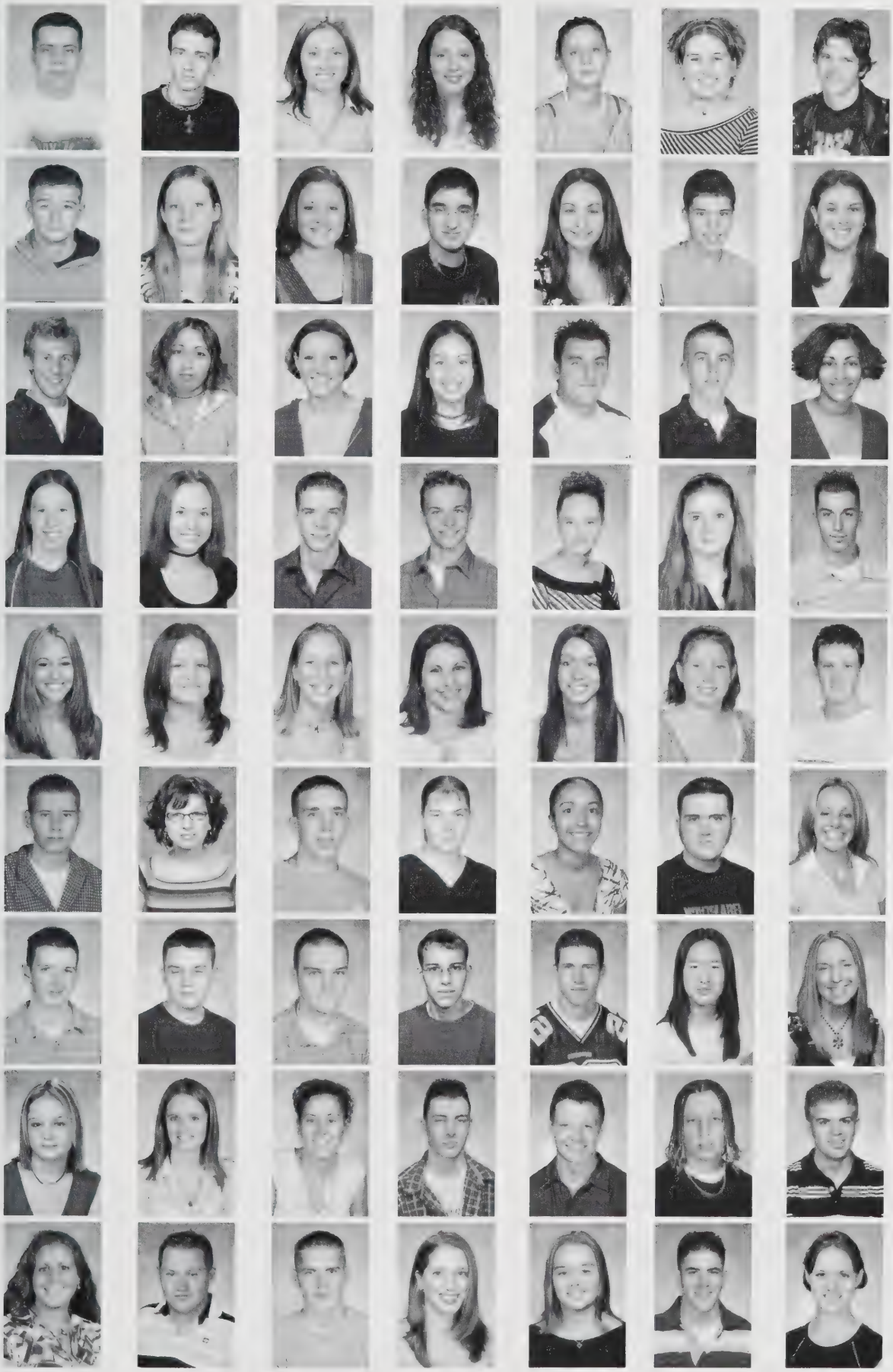
Keith Bradway
Nicholas Bruschi
Lauren Burtch
Michael Burtch
Joshua Carpenter
Dylan Carr
Alexander Casimiro

Matthew Chaves
José Clemente
Brian Coelho
Katelyn Collette
Eric Colon
Randy Cookish
Nicholas Correia

Daniel Costa
Amanda Crespo
Steven Crespo
Craig Crowther
David Cummings
Anthony Curto
Christopher D'Angelo

Alyson DaCosta
Melissa DaCruz
Stacy Dalby
Aimee DaSilva
Michael DaSilva
Brian Davis
Michael Day

Michael DeChellis
Ruben DeSousa
Sarah DeWolf
Deanna DelNegro
Andrea Dias
Jeffrey Dias
Lisa Dias



Steven Dias
Nicholas Dominique
Ashley Doughty
Lauren Dowd
Candie Downer
Kathryn Doyle
John Dugre

Travis Easton
Solveig Eriksen
Stacy Faulha
David Fernandes
Jessica Fernandes
Jayson Ferreira
Viviana Fialho

Brian Flatley
Nilda Flores
Rachel Fonseca
Nicole Francisco
Michael Freitas
Joshua Fuller
Megan Fuss

Amanda Gagnon
Lindsey Gaudreau
Michael Gavoni
Richard Gavoni
Erin Gibbons
Laura Gilmore
David Goncalves

Felicia Goncalves
Julia Goncalves
Kristen Goncalves
Tiffany Goncalves
Yezenia Gonzalez
Erin Gosselin
Michael Graham

Thomas Guberow
Maren Gulbrandsen
John Hangasky
Kristen Havens
Brittany Hebert
David Henriques, Jr.
Meghan Hill

Brendan Hurst
Jonathan Iwasinski
Matthew Johnson
Alexander Jorge
Michael Kane
Jung Kang
Kara Kapinos

Kristin Kwajewski
Jessica LaCosse
Jessica Lamica
Justin LaMontagne
Evan Lang
Richard Laterreur
Daniel Lavoie

Vanessa Leal
George Leastman
Scott Lecca
Leah Letourneau
Sarah Levesque
Kyle Lewis
Michelle Liaszenik

Brian Liberty
Ross Lopata
Thomas Lopata
Stephanie Lopes
Michelle Lynch
Monica Lynch
Karyna Machado

Jason Magalhaes
Dwight Manganaro
Beau Manuel
Jessica Martin
Michael Martins
Kelly Mateus
Kelly McAllister

Kerri McCauley
Lauren McFarlane
John McGovern
Jeffrey McGregor
Michael McLean, Jr.
Jason McMahon
Patrick Meuse

Lori Milbier
Christine Miranda
Grace Miranda
Erin Mislak
Katibeth Mol
Alex Montagna
Lisa Morel

Jaclyn Moreno
Antone Motta
Nicholas Moutinho
Justin Murray
Shellane Natario
Alexandra Norwood
Kaitlin O'Donnell

Lauren O'Neil
Ryan Ober
Bryan Olmeda
Katherine Oski
Domenico Pellegrini
Jocelyn Pereira
Ashley Pestana

Danielle Petrolati
Sarah Pfefferkorn
Stefanie Pinto
Jonathan Pio
Nicole Pio
Peter Porra
Heather Proulx

Jonathan Proulx
Jaclyn Quiterio
Jessica Ratkiewicz
Craig Regnier
Jesse Regnier
Zachary Repko
Jesse Risciotti

Antonio Rosa
Gillian Roy
Natasha Roy
Leeann Salvador
Nicholas Sanchez
Amy Santos
Jacob Santucci

Stacey Seguro
Jaimie Seile
Patrick Shaheen
Robert Showalter
Nicole Silva
Curtis Simpson
Sean Smith

Eric Smola
Nicole St. Marie
Amanda Stewart
Cara Stokowski
Stacy Suares
Michael Suleski
Jessica Szlosek

Ashlee Taylor
James Torrey
Justin Tunis
Elizabeth Valadares
Rocio Valdez
Kenneth Valentine
Jean Vecchiarelli

Nathan Venancio
John Walker
Michael Weibel
Jacob Whitworth
Leah Williamson
Megan Williamson
Alicia Wood

Angela Wozniak
Stavri Yanka
Erica Young
Ashley Zarrillo
Katie Ziencina
Violeta Zoeller
Magdalena Zukowski

Sophomores

Ahmed Abdullah
Anthony Afonso
Joshua Afonso
David Almeida
Anita Alves
Anthony Alves
Christina Amaral

Ashley Andre
John Archambeau
Nicholas Assarian
Michael Bailey
Ashley Baillargeon
Nicholas Bamford
Kyle Barch

Patrick Barrett
Michael Barros
Nicholas Barroso
Rachel Barroso
Christopher Benoit
Jason Besner
Jessica Beusee

Leanne Bourgeois
Kyle Bourgoin
Samantha Bousquet
Melissa Bovat
Amanda Bradley
Amanda Bressem
Jacob Bruschi

Samantha Burns
Leigh Cardarelli
Amber Carroll
Marcio Carvalho
Stephanie Carvalho
David Catarino
Calvin Chandonnet

Nicholas Chaplin
Nathan Chenaille
Ilknur Citlak
Andrew Coelho
Marc Coelho
Nicole Coelho
Priscilla Colecchia

Catherine Coley
Sarah Como
Michael Condon
Jason Corbeille
Jonathan Corjay
Jeffrey Correia
Rachel Correia

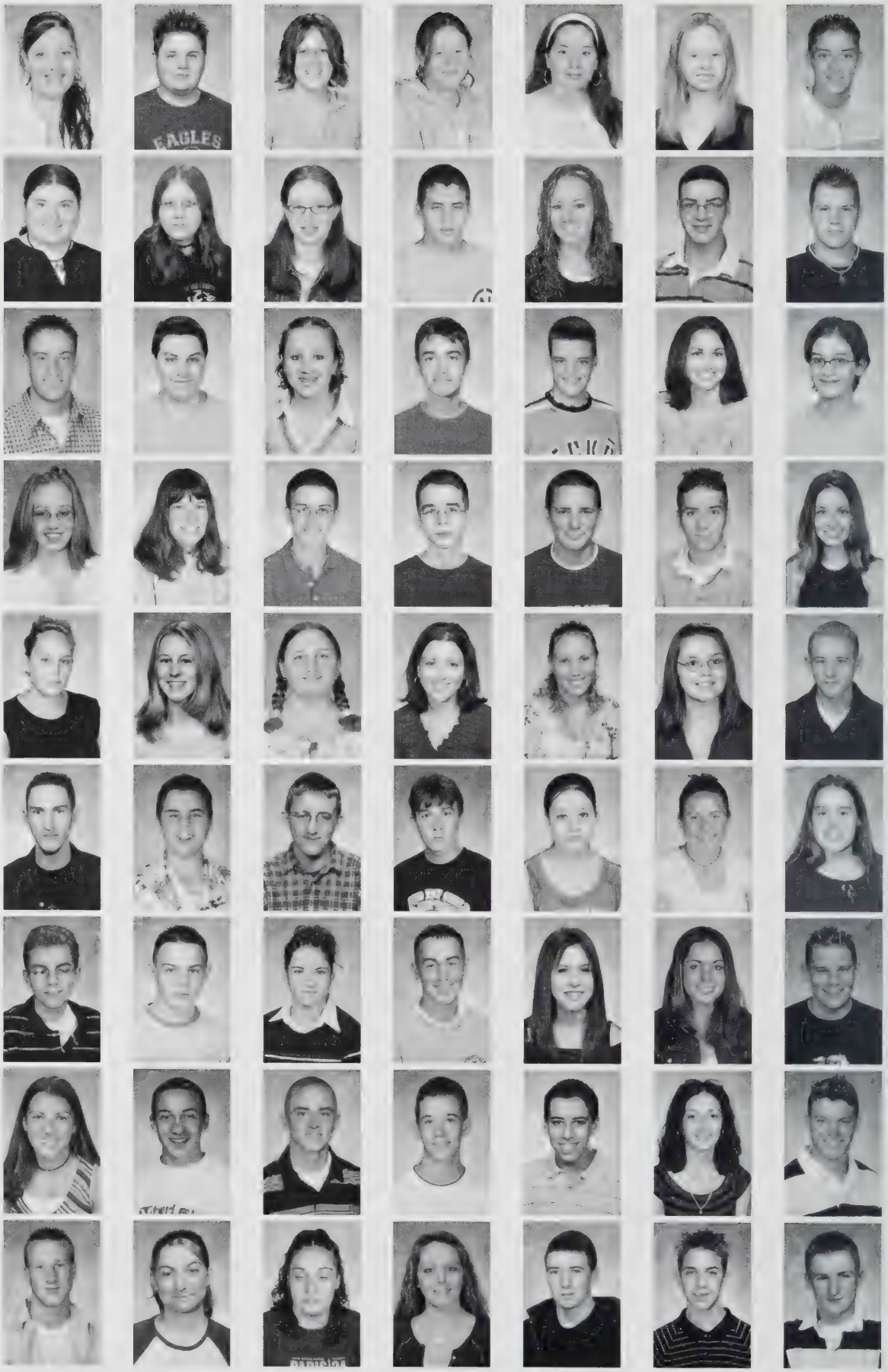
Carrissa Cote
Lauren Cotti
Kelly Crafts
Claudia Crespo
Felicia Cronin
Valerie Crowther
James Curry

Kenneth Cusson
Michael Cust
Jason Derouin
Casey Desilets
Sara Desrosiers
Julie Devlin
Cassandra Dias

Marc Dias
Matthew Dias
Melissa Dias
William Dias
Melissa Dion
Meghan Diotalevi
Matthew Doherty

Katelyn Dolan
Joseph Dominique
Ross Dominique, Jr.
Shawn Drew
Bryan Duarte
Katherine Duarte
Derek Duchesne

Matthew Dudley
Kathleen Durand
Elaina Esoo
Angela Evans
Eric Evans
Jared Falconer
Benjamin Farias



Matthew Farias
Monica Fernandes
John Ferreira
Claudia Filipe
Kyle Filipe
Curtis Fish
Desiree Fiske

Bonnie Fontaine
Bryan Forbes
Marcin Gadziala
Benjamin Gagne
Paul Garcia
Ryan Gauthier
Nicole Gaylord

Ryan Geagan
Andrew Geanacopoulos
Matthew Geanacopoulos
Jason Gleason
Casey Gomes
Marco Gomes
Nicholas Gomes

Shawn Gomes
Andrew Goodreau
Monique Goodrow
Christopher Graf
Lindsey Greentree
Amanda Grondin
Tomasz Guberow

Adam Guyette
Matthew Harrington
Elizabeth Hayes
Ashley Heyes
Anthony Hicks
Brendan Hiersche
Randy Hoffman

Monica Holland
Amanda Holley
Christine Howard
Justine Howe
Ashlie Hurley
Arianne Hutchins
Salena Jedrzejczyk

Nicholas Jorge
Karolina Kaflinska
David Kang
Clarence Kauila
Brittney Kawa
Kyle Kellogg
Nicole Kent

Chad Kielbasa
Anna Konopko
Ashley LaCosse
Allison LaFlamme
Bonnie Lagerstrom
Marc Lamondia
Nicole Langan

Nicholas Langone
Glen LaRace, Jr.
Tiffany Lariviere
Celia Larouco
Zachary Lasky
Evelyn Lau
Stephanie Laviolette

Meghan Lavoie
Joseph Lawlor
Caryn Lecca
David Ledoux
Alycia Lelievre
Amanda Leone
Daphane Levesque

Nicole Libiszewski
Bruno Lopes
Anthony Lorenzi
Leigh-Ann Malke
James Mange
Amanda Marques
Joshua Marshall

Michael Martin
Charles Martins
Elizabeth Martins
Joseph Martins
Justin Martins
Melissa Martins
Timothy Maynard

Jennifer McCarthy
Melissa McCarthy-Bates
Richard McCormick
Christine Menard
Yasmin Menendez
Kristina Merced
Monica Mestre

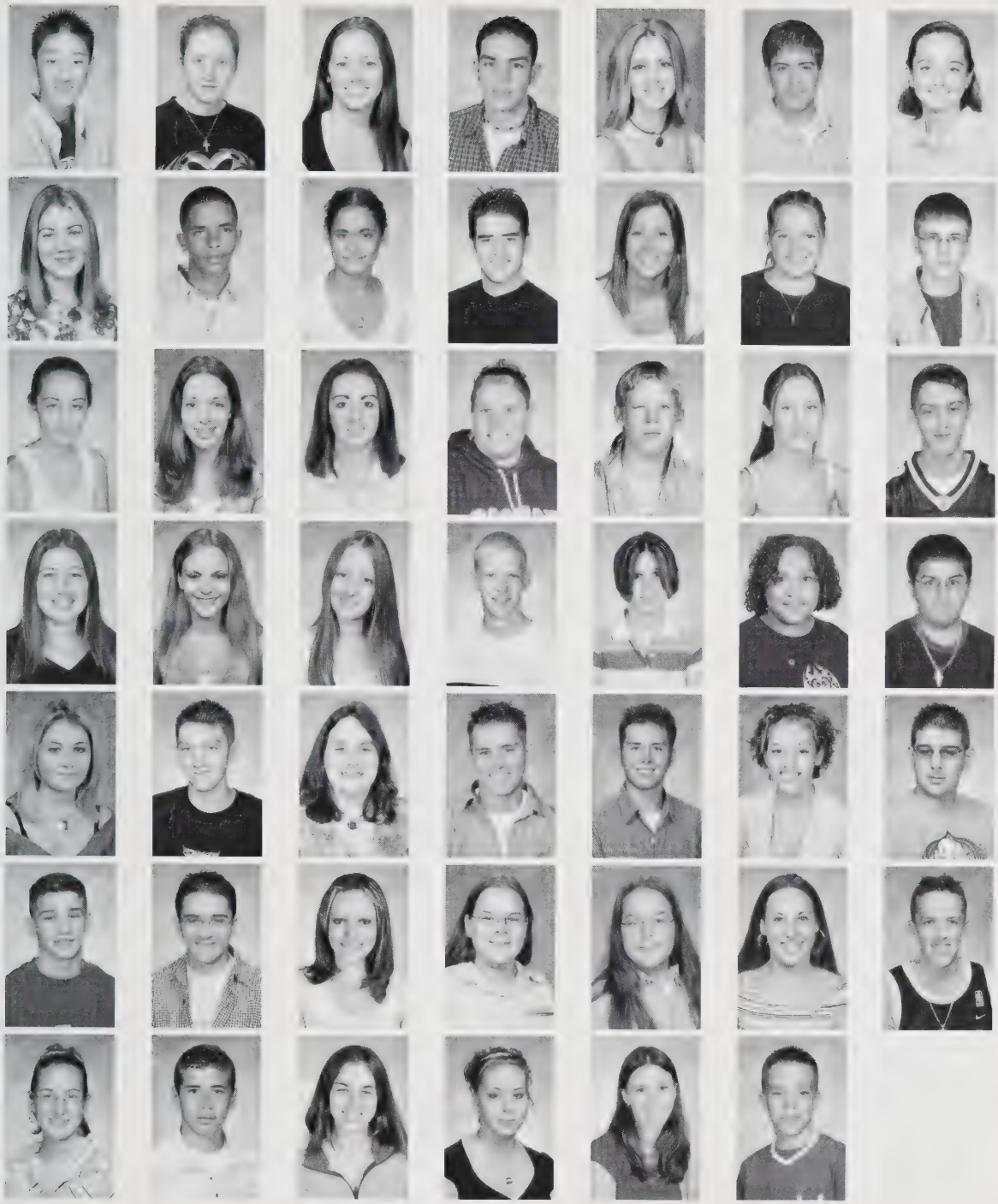
Kimberly Milbier
Christopher Minie
Paul Momnie
Christa Moores
Jonathan Murray
James Nai
Alexandre Nogueira

Crystal Nunes
Elizabeth O'Donnell
Jessie Oliveira
Justin Oliveira
Steven Oliveira
Ewelina Pastula
Franklyn Patton

Cassandra Peabody
Justine Pereira
Eric Pescetta
Ashley Petrolati
Nicholle Pirog
Christian Potter
Nicole Potter

Allison Prokop
Vincent Provost
Nicholas Rakouskas
Troy Ribeiro
Stefanie Ricardi
Brian Roberts
Courtney Roberts

Patrick Roberts
Cory Rodrigues
Francisco Rodriguez
Jonathan Rodriguez
Luke Rottman
Andrew Roxo
Corrine Ryan



Michael Ryan
Jennifer Rys
Julia Sadowsky
Michael Sajdak
Amanda Santos
Marc Santos
Mia Santos

Marita Sarad
Robert Sears-Walter
Sasha Sellez
Brian Serrazina
Alyssa Severyn
Jessica Sevivas
Adam Shaheen

Vania Silva
Emily Simonoko
Stephanie Singleton
Danielle Small
Matthew Smith
LeeAnn Smola
Joshua Soares

Rachel Spirito
Amanda St. Aubin
Aimee St. Martin
Daniel Stevens
Nicole Strickland
Molly Taylor
Michael Tereso

Julia Tetreault
Bradford Tierney
Michelle Tighe
James Tiraboschi
Joseph Tiraboschi
Heather Trombly
Stephan Turoczy

Joshua Unsderfer
Raymond Valadares
Lindsay Van Dyke
Gina Vecchiarelli
Nina Vecchiarelli
Chelsey Venne
Christopher Venne

Amanda Vigneault
Brandon Vigneault
Rachel Weiss
Ashley Welch
Kristen Wolowicz
Brendan Zdanis

Freshmen

Michael Adam
Ashley Adamski
Stacy Aleixo
Nicholas Alves
Steven Alves
Brianna Arnold
Shaine Asselin

Sean Auclair
Justin Babineau
Jared Baillargeon
Brian Bamford
Ryan Barch
Shane Bargalla
Seth Barker

Jessica Bashaw
Alexandra Bates
Gregory Belanger
Nathan Blake
Laurin Blanchard
William Boilard II
Tiffany Bolduc

Gilberto Borges
Ryan Boucher
Justine Bouchie
Shana Braga
Anthony Bramucci
Joshua Breault
Jamie Brosseau

Eden Brothers
Michael Bryant
Stephanie Burek
Christopher Burgess
Andrew Bylicki
Ashley Cadieux
Jonathan Callahan

Alonzo Caputo
Anthony Caputo
Vincent Caputo
Elizabeth Casey
Bryan Chaplin
Melissa Chelte
Corey Chenevert

Regina Chenot
Fatma Citlak
Donovan Clark
Ashley Clement
Philip Coelho
Erin Cohen
Raymond Colby V

Michelina Colson
Ashley Cookish
Paula Cordeiro
Jeffrey Costa
Lindsay Costa
Melanie Costa
Nicholas Costanza

Kevin Craven
Jonathan Cunningham
Meghan Curto
Monique Cyr
Michael Czupryna
Sergio DaCruz
Stephanie Davies

Nicholas DeNucci
Brittany Dent
Alan Dias
Audra Dias
Corey Dias
John Dias
Michelle Dias

Ryan Dias
Lyndsay Dill
Danielle Discawicz
Joshua Dobiecki
Alex Dominique
Amanda DosSantos
Diane DosSantos

Bryan Douglas
Kaitlyn Dowd
Meagan Dragon
Collin Drew
Eric Drewniak
Amber Dunlevy
Joshua Dusza

Hunter Elliott
Brittany Enman
Caitlin Farrell
Jillian Faustino
David Fernandes
Paul Fernandes
Sofia Fernandes

Eurico Ferreira
Maria Ferreira
Nicole Ferreira
Veronica Ferreira
David Figueiredo
Daniel Fillion
Laura Forbes

Joanna Forcier
Nicole Forget
Renee Forget
Ashley Fraga
Anthony Fratamico
Richard Frates
Brian Fuller

Scott Ganhao
Heather Garete
Tyler Gates
Chase Glanville
Alyssa Goncalves
Antonio Goncalves
Nicholas Goncalves

Ryan Gonyea
Michael Goodreau
William Greene
Eric Gregoire
Amanda Grelha
Stephanie Guarda
Lauren Hangasky

George Harp
Melissa Harrica
Cynthia Hart
Danielle Hayes
Matthew Hayes
Nicole Hervieux
Robert Hill

Lisa Hilt
Brian Hoffman
Sarah Holbrook
Tiffany Holland
Tara Howe
Taliesen Itchkawich
David Johnson

Kevin Johnson
Matthew Jordan
Jayme Kapinos
Joseph Kapinos
Ashley Kelley
Kristopher Kellogg
Brian Kersey

Matthew Kielbasa
Brian Kipetz
Fikreta Kolenovic
Cynthia Kopec
Eric Kozlik
Krystal Kroll
Mark La'Berge

Ashley LaBier
David LaBonte
William LaBrecque
Lindsay LaCoille
Christopher LaRace
Veronika LaRocque
Tanya Lang

Christopher Laperriere
Benjamin Lasky
Nicole LeBlanc
Jamie Lemay
Derick Levesque
Adam Lewis
Jeremy Lindsay

Daniel Lizak
Rachelle Loiselle
Matthew Lopata
Nicole Lopes
Thomas Lopes
Rachael Loureiro
Chanelle Lucas

Dylan Lucas
Nathan Lundmark
Kayla Maagero
Jennifer MacDonald
Ian MacMaster
Jordan Machado
Patrick Mahoney

Crystal Majgier
Kayla Manzi
Anthony Marinello
Chelsea Marques
Michelle Marques
Catarina Martins
Stefanie Mauricio

Brian McCarthy
Kerri-Ann McIntyre
Michael McKelvey
Stephanie McLean
Anthony Medeiros
Lisa Menard
Casey Mendrala

James Merkel II
Joseph Metcalfe
Kristine Midura
Melissa Miele
Melissa Mikulski
Alyssa Mills
Anamaris Morales

Laura Morel
Nicholas Murphy
Stephen Muse
Patricia Naginewicz
Jennifer Navarro
Austin Nelson
Ryan Nolan

Anthony Norton
Abigael Norwood
Megan O'Brien
Kyle O'Connor
Brett Oppel
Jerad Ostrowski
Eric Padilla

Amanda Parent
Brandee Paroline
Alison Pease
Benjamin Pellegrini
Kevin Pereira
Nina Perez
Kristina Persson

Dale Petrolati
Frank Petrolati
Ciana Pinto
Jorge Pio
Meaghan Pires
Kristy Plante
Paige Poehler

Michael Pooler
Sarah Potter
Justin Powers
Ashley Pratt
Brett Provost
Nicole Provost
Abigail Putnam

Alyssa Puzzo
Ashley Quiterio
Jillian Racicot
Eduardo Ramos
Alexander Rashad
Jeffrey Richards
Nicole Riopel

Ashley Roberts
Ryan Robillard
Alesia Rodak
Jennifer Rodrigues
Derek Roxo
Kimberly Roy
Justin Roy-Larouco

Timothy Royce
Samantha Rozkuszka
Paul Salerno
Derek Santos
Justin Santos
Nelson Santos
Derrek Santucci

Erica Serrazina
Sonia Serrazina
Alicia Seymour
Leonardo Silva
Suzanne Silva
Katie Slepecki
Stephanie Soffen

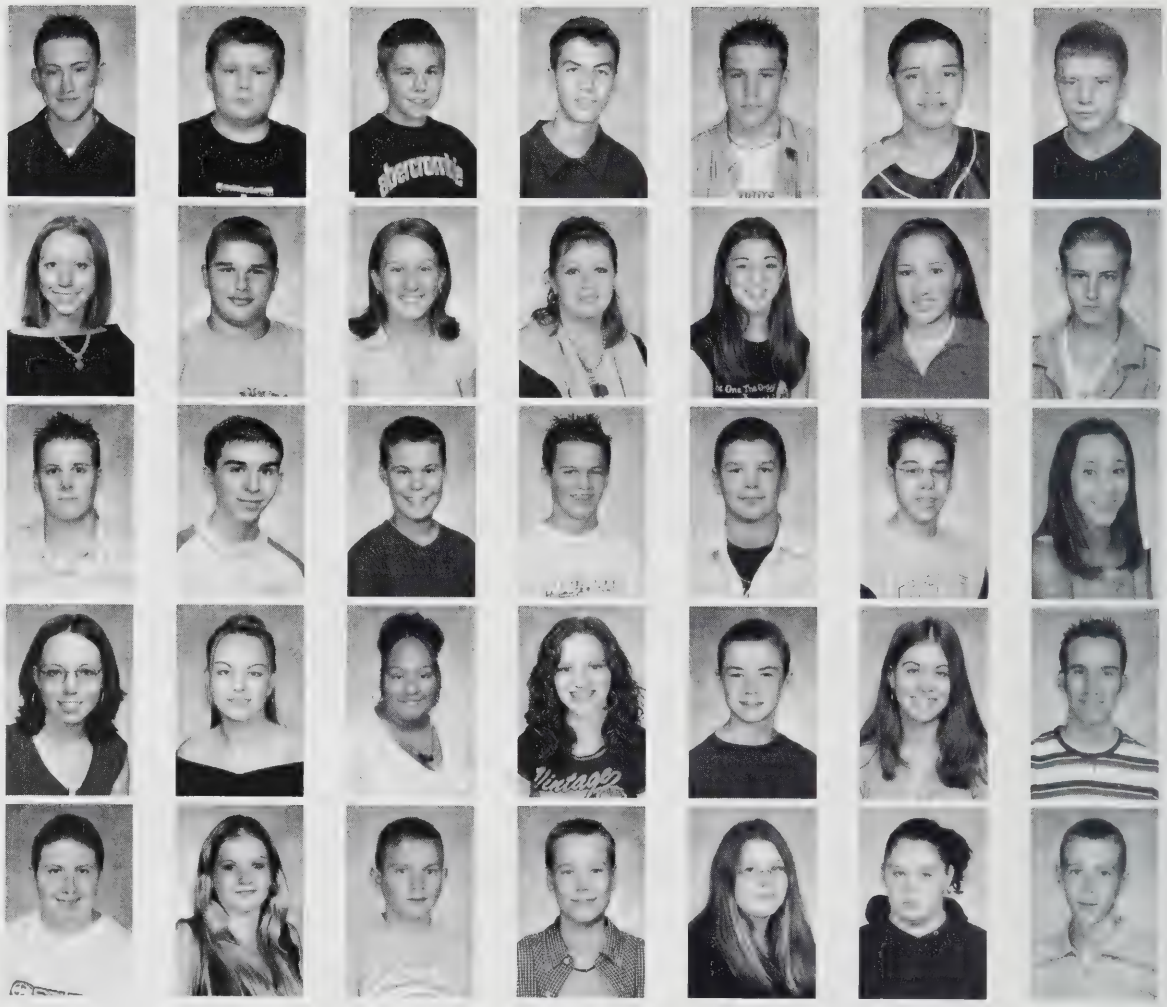
Kyle Sorenson
Jonathan St. Marie
James Starr
Alexander Stebbins
Jacob Stokowski
William Struth
Joshua Strycharz

Kati Strycharz
Marc Suares
Deonna Sunderland
Ashley Swiderski
Stefanie Tavares
Alyson Terlik
Aaron Thomas

Wesley Thompson
Adam Tiago
Mathew Turschman
Joseph Underkofler
Kyle Unsderfer
Emmanuel Valdez
Natalie Valdez

Amanda Van Aller
Jillian Veautour
Erica Vega
Maxine Verteramo
Nevin Vigneault
Kaitlyn Vitorino
Peter Vomero

Nicholas Warner
Lauren Willett
Brett Williamson
Travis Wilson
Jennifer Wisner
Erin Young
Zachary Zina



Camera Shy

Freshmen

- Steven Barroso
- Shawn Corbett
- Ireneu Freitas
- Kira Hillman
- Amanda Jacinto
- Robert Krawczynski
- Michael LeBlanc
- Lee Martin
- Ryan Vital

Sophomore

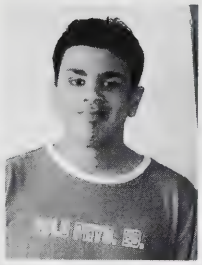
- Leanne Bilodeau
- Alex Castro
- Ashley Chenier
- Patrick Costigan
- Michael Jessmer
- Natasha Kolnicki
- Catherine Lavallee
- Nancy Sanchez
- Jason Scribner
- Joe Skrodzki

Juniors

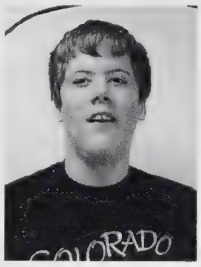
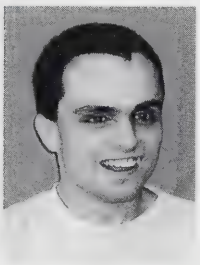
- Rory Bouchard

Collaborative

Students



Andrew Benton
John Dudley
John Ferriera
Brian Fidalgo
Chelsea Gardner

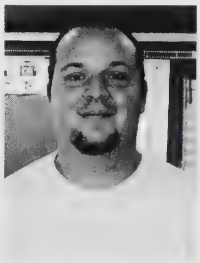
Kyle Griffin
Anastasia Jarry
Stephen Mallory
Thomas Page
Gary Retzlaff

Mary Riel
Christopher Toniatti
Nicole Wargo
Alicia Wright

Faculty

Gerri Ayers

Tina Binette


Matt Bonenfant

Lorrie Brown

Lynda Burns

Jennifer Herbert

Dorita Henderson

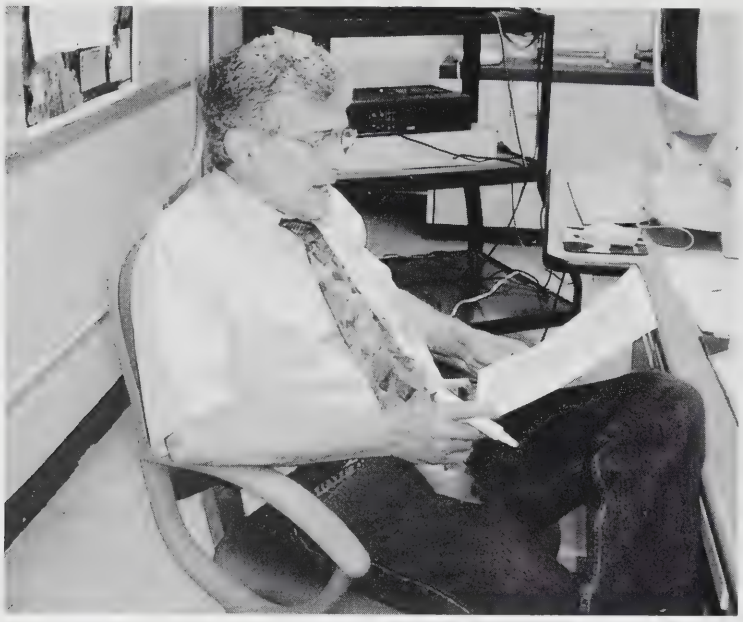
Eunice Marcelina

Stavroulla Mavroudhis-Koetsch

Pam Pease

Dorothy Rhodes

➤ Special education and resource room teacher Mr. Alexander Bal leaves after 35 years of teaching at Ludlow High. He said the past years have been enjoyable.



➤ Mrs. Paula Bennett works with student Julia Tetreault on a Spanish assignment. After teaching for 36 years, Mrs. Bennett says she will truly miss the students and faculty.

Faculty

LHS says goodbye after many years of dedicated service

Ludlow High School did not only bid farewell to the graduating class of 2004 in June, but it also said goodbye to six teachers and one principal who have made LHS their home for many years.

Principal Dr. James Cokkinias left his office as special education teacher Mr. Alexander Bal, English teachers Mrs. Sheila Dias and Miss Susan Dibble, Spanish teachers Mrs. Paula Bennett and Mr. James Marceau, and science teacher Mrs. Nancy Kavka left behind their classrooms and chalkboards for new experiences and relaxation in retirement.

Principal Dr. James Cokkinias leaves behind his office to new principal Mr. Gordon Smith.

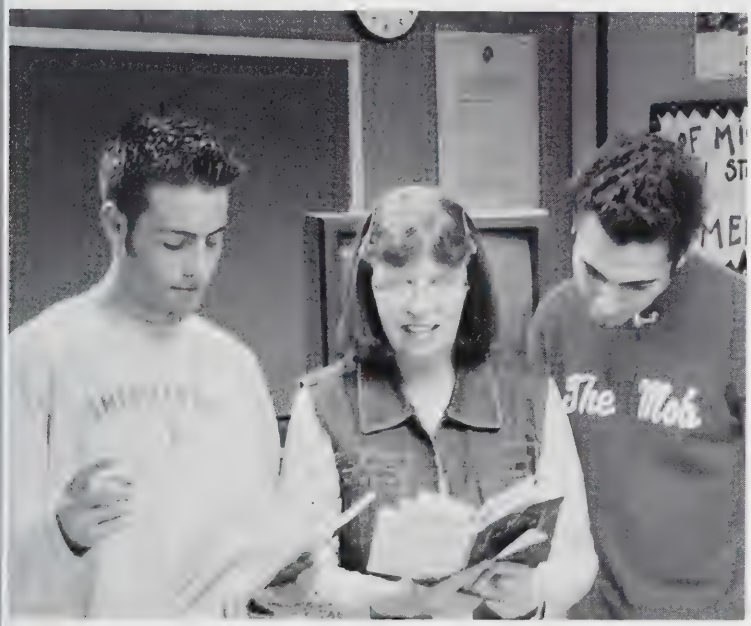
What does retirement have in store for these teachers?

Some faculty members are planning to spend their newfound time off traveling or simply relaxing and enjoying the fact that they no longer have to wake up early to begin school at 7:20 in the morning. Whatever retirement has in store for these teachers, they will surely enjoy themselves.

Many of these educators have taught at LHS for over thirty years and agree that Ludlow High was the ideal place in which to teach. During those years, they have taught hundreds of students lessons that they are sure to take with them for the rest of their lives. These faculty members will not easily be replaced next year and they surely will not soon be forgotten.

◄ Mrs. Nancy Kavka has been teaching at Ludlow High for 25 years. "Teaching is challenging and ever changing, but always a most gratifying and worthwhile profession," said Mrs. Kavka.

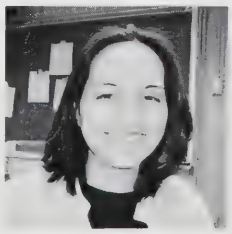
▼ Mr. James Marceau teaches his Spanish five class. He has been teaching for 35 years and says that he will miss interacting with his students when he retires, but is also looking forward to being the Potentate of the Melha Shriners. "I'm going to travel with the Shriners and go to Florida and Europe," said Mr. Marceau.



▲ Mrs. Sheila Dias reads "The Merchant of Venice" with seniors Dan Poitras and Zac Falconer. After 42 years of teaching, Mrs. Dias retires from Ludlow High but will continue to teach English at Holyoke Community College to adult women returning to college.

"Miss Dibble was my favorite teacher in high school. She was a really good teacher because she not only taught me the most about English, but she always helped me with all of my problems."

--Rachel Saloio, senior

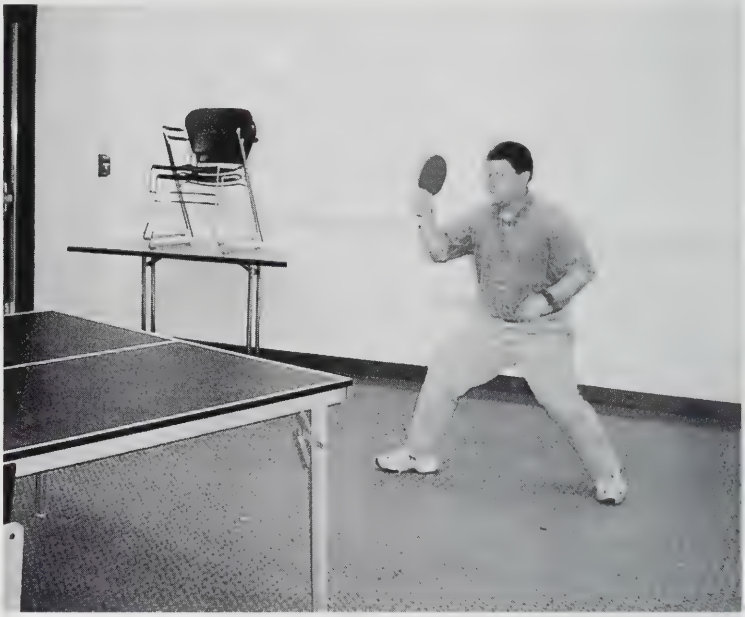


"I enjoyed Mrs. Dias's wit and her humor. We knew it was her last year here, so we wanted to make it exciting and fun for her."

--Zac Falconer, senior

➤ Mr. Brian Bylicki eats lunch with the student council at Dick's Last Resort in Boston. A waitress there forced Mr. Bylicki to wear a hat that read, "I still wet the bed."

➤ Mr. Hollington Lee plays Ping-Pong after school with his students. He meets with his club every Thursday afternoon to teach them skills and technique.



Faculty

Staying after school advising clubs and organizations

When the school bell rings at the end of the day, many teachers do not go home right away. Instead, many faculty members stay after school advising clubs, running activities, and coaching sports teams.

With the introduction of new faculty members this year, new clubs began to form. First-year faculty members Miss Jennifer Prior and Miss Tina Rapa began a reading book club and a Dance Dance Revolution club respectively. Second-year teacher Mrs. Dolores Nacewicz began a swing dance club where weekly lessons were held for dedicated students.

"The Cub" advisor Mrs. Suzanne Kelley stays after school to proofread pages of the "Senior Valedictory."

Long-running clubs such as the student council, which has been advised by Mr. Brian Bylicki for 17 years, and "The Cub," which has been advised by Mrs. Suzanne Kelley for over 20 years, often require faculty members to stay after school long after the school day ends at 2:00.

The long hours and hard work that the advisors put into the activities that they advise do not go unnoticed. Mr. Bylicki, Mrs. Kelley, and Ms. Cynthia Koch were three of twenty teachers nationwide to win the "Teen Ink" Educator of the Year contest. These teachers were nominated by their students not only for their excellence in teaching, but also for their dedication to the activities that they advise. Students truly appreciate the hard work that these faculty members do after school.

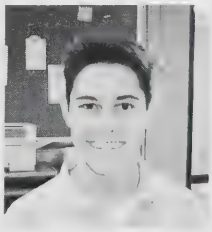
◄ Ms. Cynthia Koch conducts the band during the Thanksgiving Day football game. "I believe strongly that Ludlow High School students are some of the best students in Western Massachusetts. I realized that when I left Ludlow to teach in Lee three years ago and was very happy to come back home to Ludlow," said Ms. Koch.

▼ Señor Paulo Zina waits for lunch to be served with his Spanish club students. "The Spanish Club has always been close to my heart and the people in the club know that it is the best club ever and know that they make it that way," he says.

▲ Mrs. Dolores Nacewicz practices her swing dance moves with junior Dwight Manganaro. Weekly lessons were given by a professional instructor to Mrs. Nacewitz and a group of students.

"Being a member of the student council for four years, I have had the pleasure to see Mr. Bylicki at his best. He is extremely open to new ideas and willing to do whatever he can to make student life at LHS better."

--Jacob Oliveira, senior

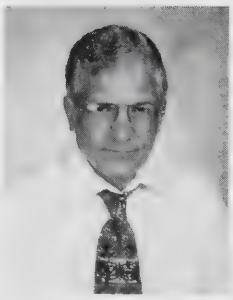


"I have worked with Mrs. Kelley for four years now on "The Cub," and I have unfailingly found her to be one of the most dedicated and knowledgable teachers in the school."

--Dan Muse, senior

Kurt Anderson
Special needs
James Annear
Math
Mark Augusto
Math
Pamela Barch
Fine Arts

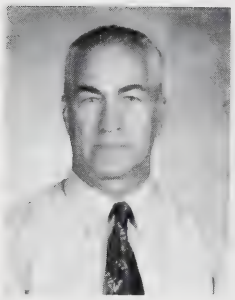
Alexander Bal
Special needs
Carol Bardon
Home economics
Donald Bennett
Science
Paula Bennett
Foreign language



Thomas Bly
Social studies
Lydia Brady
Guidance
Tina Braga
Food services
June Bresnahan
Food Services

Timothy Brillo
Physical education
Theresa Bullock
Special needs
Kathy Buoniconti
Food services
Marcie Burns
Math

Brian Bylicki
Social studies
Cory Carr
Paraprofessional
Dorothy Chrzan
Guidance
Tara Clark
English



Timothy Cobbett
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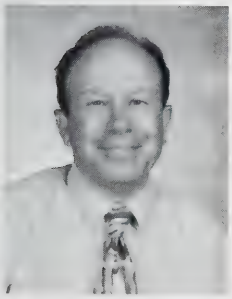
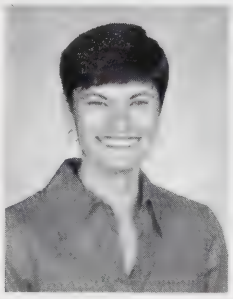
James Cokkinias
Principal
Thomas Cote
Truant officer
Maureen Cotti
Fine Arts



Richard Cotti
Guidance
Linda Courtney
Business
Chuck Crowther
Custodian
Marilyn D'Agostino
English

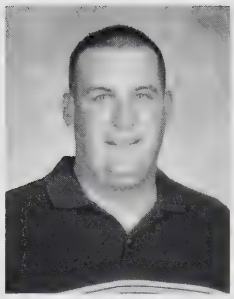
Philip Dalessio
Science
Sheila Dias
English
Paul Dobek
Resource officer
Angelique Early
Special needs



Gary Elson
Physical education
Laurie Escalante
Paraprofessional
Maria Fagundes
Foreign language
Maureen Fairlie
Special needs

Martin Fanning
Social studies
Michelle Fontana
English
Nancy Gaudette
Food services
Rebecca Gauvin
Physical education

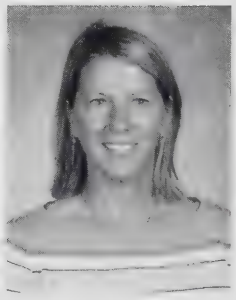
Antonio Goncalves
Foreign language
Cynthia Goodreau
Paraprofessional
Adam Graves
Physical education
Nancy Guinipero
Secretary



Joanne Hassler
Special needs
Audrey Hibbard
Food services
William Innocent
ESL
Kathleen Johnson
Social studies

Robert Johnston
Science
Nancy Kavka
Science
Suzanne Kelley
English
Trudy Kellogg
Secretary

Cynthia Koch
Band
Karen Kozaczka
Food services
Nancy Kurty
Athletics
Eliza LaCroix
Fine Arts

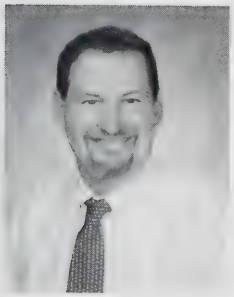


Ariel LaReau
English
John Lattanzio
Special needs
Zora Leclerc
Paraprofessional
Hollington Lee
Science

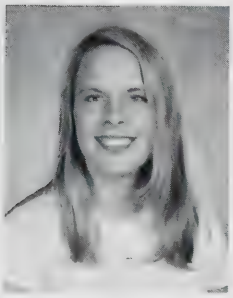
Toni-Marie Mancuso
Assistant Principal
James Marceau
Foreign language
Stephen Marino
Dean of students
Susanne Markus
Foreign language

Deborah Martell
Paraprofessional
James Martin
Foreign language
Michelle Masse
English
Cheryl Matthess
Food services

Cheryl Menendez
Paraprofessional
Anna Miranda
Secretary
Regina Momnie
Guidance
Mary Moriarty
Guidance

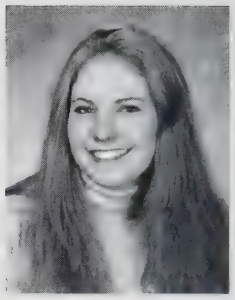


Brian Mulvehill
Social studies
Dolores Nacewicz
Science
John O'Connor
Social studies
Richard Oliveira
Math



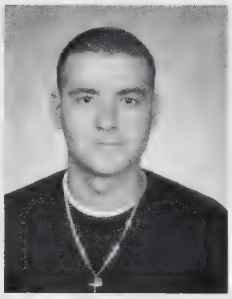
Jessica Olmo
Science
Alissa Pereira
Math
Leonard Phelon
Math
Susan Phelon
Social studies

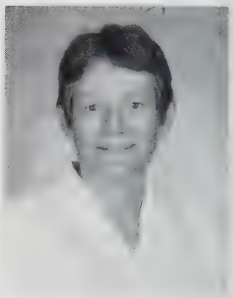
Jennifer Picard
Business
Laurie Pollard
Food services
Deborah Potter
Paraprofessional
Jennifer Prior
English



Tina Rapa
Science
Denise Ratkiewicz
Food services
Patricia Robert
School nurse
Jane Roulston
Food services

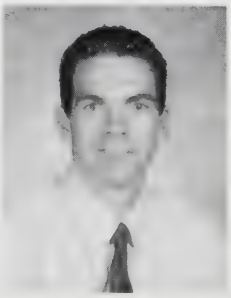
Carlos Sanches
Computer Technologist
Robin Sanders
English
Wendy Simmons
Paraprofessional
Susan Stachelek
Math





Nancy Swol
Math
Gayle Thomas
Secretary
Jane Thompson
Library
Arlene Tierney
Guidance director

Brian Walsh
Science
Mary-Beth Will
Choral music
Paulo Zina
Foreign language
Mary-Jane Zywiak
Social studies



Camera Shy

Antonio Carvalho
Custodian
Greg Charest
Custodian
Susan Dibble
English
Eddie DiFiore
Custodian
Joanne Forest
Special needs
Barbara Houle
Food services
Betsy Marino
Special needs
Robert Miccuilla
Special needs
Erin Nelson
Special needs
Renaldo Ribeiro
Custodian
Lucy Sanchez
Custodian
Nadia Saleh
Permanent substitute
Patricia Seliga
Paraprofessional
Jennifer Talbot
MCAS Tutor
Patricia Targonski
Paraprofessional
Armando Tereso
Custodian
John Vdovjak
Technology
Janice Wiggins
Food services

After handing out a quiz for her class to take, first year teacher Miss Alyssa Pereira gives her students instructions. "I enjoyed working with all of the students and getting to know them. It's been a good year," said Miss Pereira.

Miss Jennifer Prior discusses a play with her class. "It's been an interesting first year. The students always make me laugh," said Miss Prior.

Clubs and organizations...

Defining commitment

Senior Lyle Vance surrounds himself with Christmas presents to wrap during SADD's battered women's shelter drive.

COMMITMENT (kə-mit´mənt) n. the state of being bound emotionally, physically, or by obligation to a course of action or group

Sophomore Cory Rodrigues and junior Nick Bruschi play at the Thanksgiving Day football game.

Members of the student council relax on the steps of the Prudential Center in Boston during their May trip to the State House.

There are few greater ***commitments*** in high school than participating in a club or organization. The clubs and organizations offered at the high school require students to spend their free time after school planning activities, fund-raising, and doing community service projects.

These clubs and organizations help to ***define*** who we are as students and as individuals. Certain clubs may spark an interest within us that influences the career paths we take in life. Also, being a member of a club teaches each one of us responsibility and dedication, for without either attribute, a club's events would not run smoothly. Being involved in different clubs also teaches us that we must honor the ***commitments*** that we make.

Being involved in clubs and holding ***commitments*** does not mean that students do not enjoy themselves while participating in various organizations. By working with others on events, we become acquainted with people with whom we develop lasting friendships.

Commitment is not a characteristic held solely by students. Club advisors ***commit*** countless hours to these organizations, and their dedication does not go unnoticed. Students truly appreciate the ***commitment*** that these faculty members possess.

Junior Ashley Parent lights junior Ashley Pestana's candle during the NHS induction banquet.

➤ ***Dance Dance Revolution club:*** (Front) Michael Jessmer, Jamie Lemay, Nicholas Moutinho, Curtis Simpson, Justin Powers. (Second) Ms. Tina Rapa, Jonathan St. Marie, Jason Besner, Michael Suleski, Aimee St. Martin, Ashley Welch. (Back) Nathan Chenaille, Kristopher Kellogg, Michelle Liaszenik, Lori Milbier, Taliesen Itchkawitch, Deanna DelNegro, Melissa McCarthy-Bates, Justin Roy-Larouco, Ryan Barch, Tony Marinello.

▲ ***Creative writing club:*** Alyssa Goncalves, Stephanie Guarda, Cynthia Kopec.

▲➤ ***The Paw:*** Alyssa Goncalves, Julia Goncalves, Stephanie Guarda.

➤ ***Table tennis club:*** (Front) Matthew Vitorino-Santos, Curtis Simpson, Nicholas Moutinho, Jason McMahon. (Back) Raymond Colby, Thomas Lopes, Aimee St. Martin, Kyle Barch, Ryan Barch.

Creativity

The Cub, The Paw, yearbook, creative writing , table tennis, Dance Dance Revolution, running

Many organizations work after school for countless hours to complete their tasks and improve their skills. *The Cub*, yearbook, *The Paw*, and the creative writing club are among these dedicated organizations. Every month, *The Cub* publishes a new issue that informs the student body of the occurrences within Ludlow High School. *The Paw* continues the literary tradition by displaying the writing talents of the student body.

This year brought about the return of the table-tennis club and the debut of the Dance Dance Revolution and running clubs. These clubs allow students to unwind after a long day of school. As they relax, they also benefit from a little exercise.

◄ ***Running club:*** (Front) Daniel Stevens, Nicholas Moutinho, Melissa Dion. (Second) Andrew Geanacopoulos, Katelyn Dolan, Stephanie Soffen, Brittney Kawa, Jessica Szlosek, Steven Oliveira, Alexander Jorge, Nicole Potter, Michael Barros, Timothy Dannay. (Back) Jesse Regnier, Alexander Casimiro, Mateusz Suska, Paul Momnie, Nicholas Langone.

◄▲ ***The Cub:*** Samantha Burns, Jessica Lamica, Karen Miele, editor-in-chief Daniel Muse, Jeffrey Ribeiro, Mrs. Suzanne Kelley, Evelyn Lau.

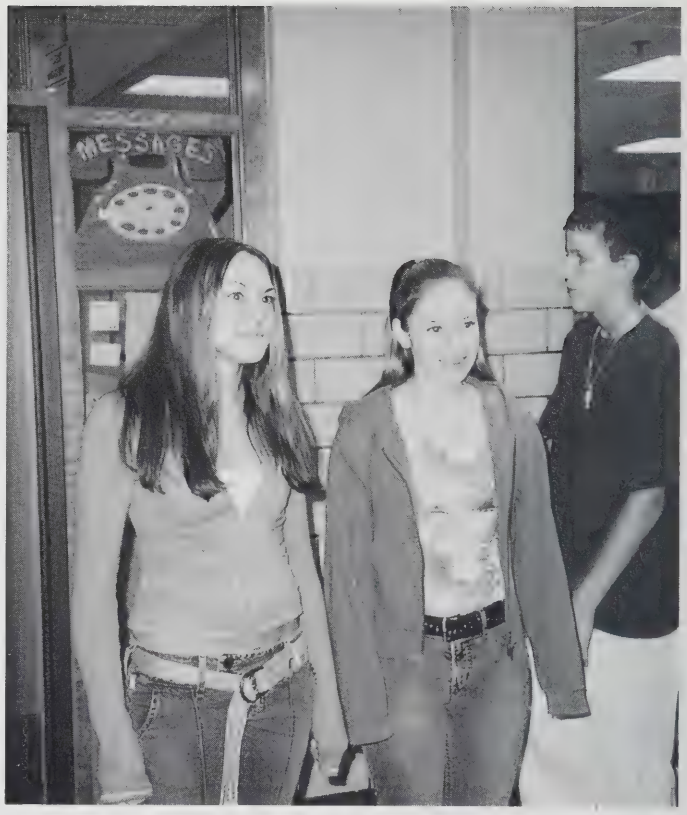
◄ ***Yearbook:*** (Front) Alexander Jorge, business manager Jeffrey Ribeiro, editor Karen Miele, Jung Kang, Aditi Kulkarni. (Second) Mrs. Suzanne Kelley, Daniel Borkowski, Caitlin McInerny. (Back) Alexander Simao, Adam Madera, Shana Santos, Marc Santos, Michael Graham.

Service

Students Against Destructive Decisions, lunch patrol, FCCLA, school store, senior patrol

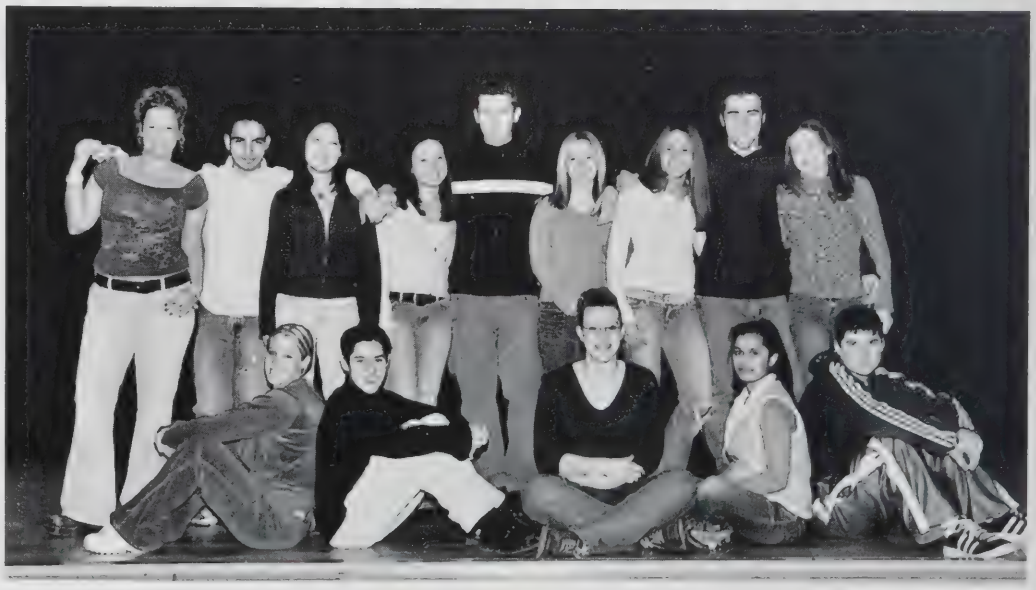
Many students are able to use their free time and access to organizations to do good deeds for others. For the third year in a row, SADD adopted a family from the battered women's shelter during the holiday season and the members also distributed lollipops reminding students not to drive drunk. FCCLA members made stuffed animal pillows for seriously ill children and made pillows for breast cancer patients who recently underwent surgery.

Within the school building, students donate their time to service the school as well. Lunch patrol members patrol the hallways during their studies, school store employees work throughout their lunches, and senior patrol keeps the hallway traffic flowing.



➤▲ Seniors Amanda Maksymiw and Jacinda Alves stand at their senior patrol posts outside of student management making sure that all students "stay to the right."

➤ Seniors Sandy Rogowski and Daisy Cerqueira wrap Christmas gifts for the family SADD adopted from the battered women's shelter." It was something that got you into the holiday spirit," said Daisy.



➤ ***Senior patrol:*** (Front) Alexis Hanson, Jacob Oliveira, Samantha Kobjack, Aditi Kulkarni, David Salvador. (Back) Marisa Yelle, Jeffrey Ribeiro, Kaitlyn LaRiviere, Cristina André, Matthew Guberow, Jacinda Alves, Amanda Maksymiw, Mateusz Suska, Karen Miele. (*Missing:* Captain Midnight Marc Santos)

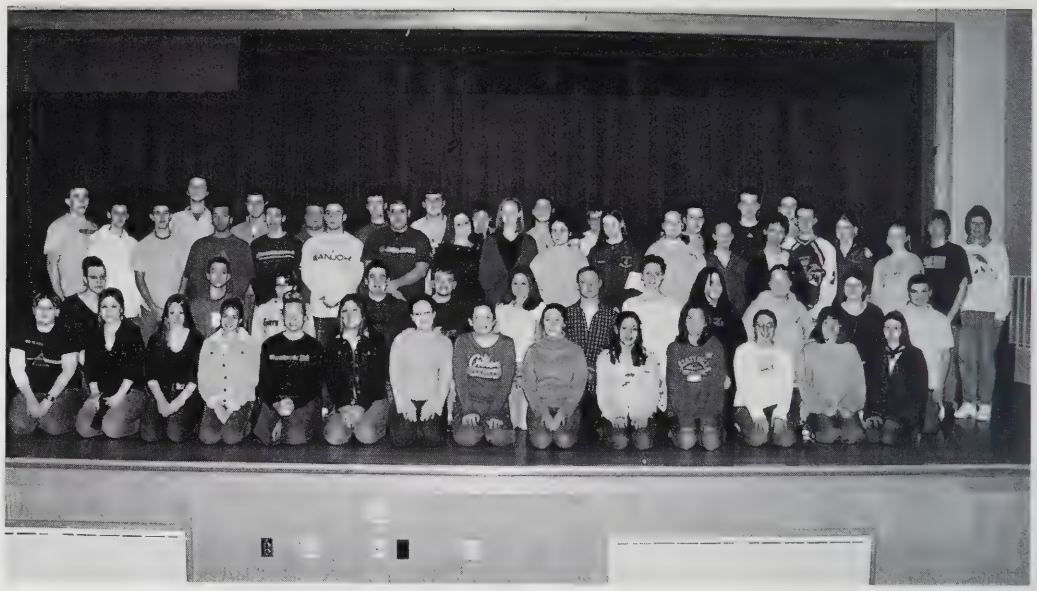
◄ ***SADD:*** (Front) Ashley Parent, Karen Miele, president Jacob Oliveira, Aditi Kulkarni. (Second) Nicole Strickland, Daisy Cerqueira, Shana Santos, Cristina André, Nicole Francisco, Vanessa Leal, Erin Gibbons. (Back) James Brodeur, Marisa Yelle, Andrea Martins, Caitlin McInerny, Daniel Muse, Katie Doyle.

◄▲ ***Lunch patrol:*** (Front) Stefiny Knight, Jennifer Luszcz, Melissa Pereira. (Back) Jesse Pereira, Nelson Carvalho, Jessica Luszcz. (*Missing*: Adam Madera)

▲ ***Future Career and Community Leaders of America:*** (Front) Tiffany Yee, Tiffany Holland, Cassandra Dias, Jessica Fernandes. (Back) Nicole Coelho, Stacey Seguro, Bryan Martins, Jennifer Blanchard, Mandy Levesque.

◄ ***School store:*** (Front) Lauren Dowd, Krystal Santos. (Back) Matthew Bates, Diane DosSantos.

➤ ***Concert Band:*** (Front) K. Doyle, A. Mariani, A. St. Martin, C. Farrell, J. Priore, J. Ratkiewicz, S. Santos, L. Milbier, C. McInerny, K. Duarte, K. Milbier, C. Larouco, S. Como, D. DelNegro. (Second) S. Kobjack, M. Chaves, A. Wood, M. Paquette, D. Borkowski, A. Heyes, A. Motta, M. Liaszenik, L. Cardarelli, G. Vecchiarelli, J. Blanchard, J. Pio. (Third) J. Hangasky, A. Casmirio, N. Venancio, S. Smith, D. Barroso, D. Nascimento, M. Faulha, T. Lariviere, M. Holland, M. Dias, A. Gagnon, N. Vecchiarelli, A. Anderson, A. Lorenzi, P. Vomero, L. Hangasky, T. Lang, K. Barch, Miss Cynthia Koch. (Back) M. Johnson, N. Bruschi, P. Fonseca, E. Kozlik, A. Simao, T. Itchkawich, J. Powers, A. Fratamico, C. Rodrigues, J.Lawlor, D. Catarino.



➤ Senior Alex Simao conducts the band during half time at the Thanksgiving Day football game against Palmer.

➤➤ ***Mural Club:*** (Front) Rachel Saloio, Zachary Repko. (Back) Krystal Swiderski, Maren Gulbrandsen, Michael Bouchie.

Artistic abilities

Band, jazz ensemble, pep band, chorale, color guard, mural club

From football games to holiday concerts, LHS students display their artistic abilities every day.

Besides performing in their annual concerts this year, the concert band also participated in an exchange concert with the Barrington High School band from Barrington, Rhode Island.

The pep band continued its tradition by playing at its second Tip-Off Classic in two years. During every football game and at every parade, the color guard performed along with the band.

The chorale group put in a lot of work and effort practicing after school to perform at the annual choral holiday concert and other events that were held throughout the year.

◄ ***Chorale:*** Daniel Borkowski, Cara Stokowski, Alexander Simao, Lori Milbier, Michelle Liaszenik, Lauren O'Neil, Jessica Nai.

◄► ***Color Guard:*** (Front) Michelle Liaszenik, Sherri Maciolek. (Second) Kathleen Durand, Mia Santos, Nicole Langan. (Back) Carrissa Cote, Amanda Bradley, Carolyn Bourdeau, Melissa McCarthy-Bates.

► ***Jazz Band:*** (Front) Katie Doyle, Alicia Wood, Lori Milbier, Daniel Borkowski, Sarah Como, Jorge Pio. (Second) Nathan Venancio, Alexander Casmirio, Sean Smith, Nina Vecchiarelli, Justin Powers. (Back) Matthew Johnson, Nicholas Bruschi, Phillip Fonseca, Daniel Barroso, Alexander Simao, Samantha Kobjack, Miss Cynthia Koch.

◄ ***Pep Band:*** (Front) Katie Doyle, Lori Milbier, Shana Santos, Caitlin McInerny, Kimberly Milbier, Katherine Duarte. (Second) John Hangasky, Matthew Paquette, Nina Vecchiarelli, Gina Vecchiarelli, Sarah Como, Jennifer Blanchard. (Back) Alexander Simao, Matthew Johnson, Phillip Fonseca, Monica Holland, Samantha Kobjack, Daniel Borkowski.

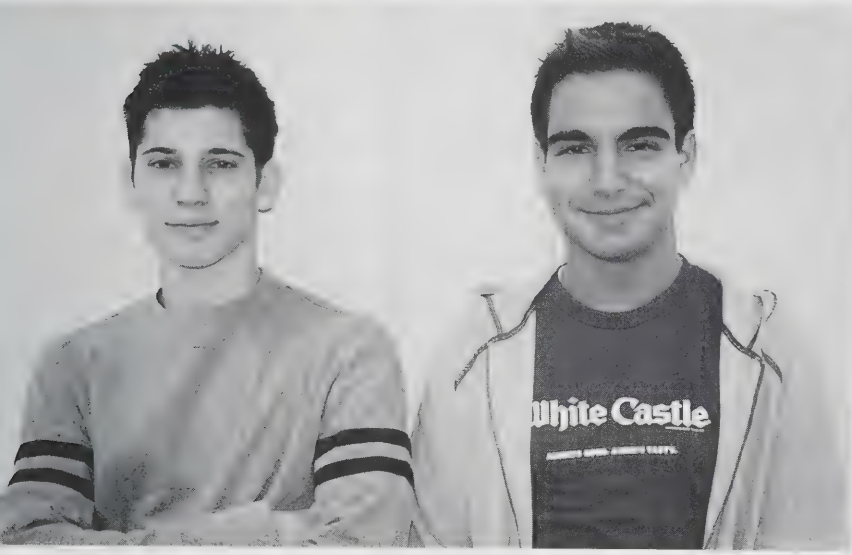
➤ ***Student Advisory Council (SAC):*** Jacob Oliveira

➤➤ ***Freshman executive board:*** (Front) Treasurer Michael Goodreau, Fikreta Kolenovic, Peter Vomero, Mrs. Jessica Olmo. (Second) Secretary Brianna Arnold, president Chanelle Lucas. (Back) Vice-president Erica Serrazina, Jerad Ostrowski.

➤ ***Sophomore executive board:*** (Front Row) Leigh-Ann Malke, secretary Jessie Oliveira, president Julia Sadowsky, vice-president Anita Alves. (Back) Treasurer Melissa Dion, Samantha Burns.

➤ ***Student council:*** (Front) Karen Miele, Aditi Kulkarni, Jacinda Alves, secretary Kaitlyn LaRiviere, vice-president Jeffrey Ribeiro, president Jacob Oliveira, treasurer Alexander Jorge, Marisa Yelle, Angela Wozniak, Danielle Petrolati. (Second) Melissa Dion, Michael Graham, Michael DaSilva, Jung Kang, Cara Stokowski, Jessica Szlosek, Jessie Oliveira, Anita Alves, Julia Sadowsky, Leigh-Ann Malke. (Back) Andrew Bylicki, Peter Vomero, Michael Goodreau, Daniel Stevens, Samantha Burns, Fikreta Kolenovic, Jerad Ostrowski, Brianna Arnold, Chanelle Lucas, Mateusz Suska, Erica Serrazina. (*Missing*: Captain Midnight Marc Santos)

◄ ***Senior executive board:*** (Front) Caitlin-Ann McInerny, Kaitlyn LaRiviere, secretary Jeffrey Ribeiro, vice president Karen Miele, treasurer Jacob Oliveira, Aditi Kulkarni. (Back) Marisa Yelle, Shana Santos, Amanda Maksymiw, Jacinda Alves, Cristina André, Samantha Kobjack, Alexander Simao. (*Missing*: president Marc Santos)



◄ ***Regional Student Advisory Council (RSAC):*** Marc Santos and Jeffrey Ribeiro.

◄▼ ***Junior executive board:*** (Front) President Jung Kang. (Second) Vice president Angela Wozniak, secretary Cara Stokowski. (Back) Treasurer Michael DaSilva, Alexander Jorge, Michael Graham, Jessica Szlosek.

Government

Student council, Student Advisory Council, Regional Student Advisory Council, executive boards

The student government organizations are the quiet giants of the school by regulating student life, standing up for student issues, and planning countless events.

The class executive boards plan class activities such as banquets, fundraisers, and field trips. Student council, which includes members from each of the four classes, holds a blood drive and the Volleyball Marathon.

Most students never even see the duties of students in RSAC or SAC. RSAC meets each month to discuss issues with students throughout the region. SAC has a student, Jacob Oliveira, who sits on the town's school committee.

➤ ***Spanish club:*** (Front) Jacinda Alves, Kaitlyn LaRiviere, Amanda Maksymiw, Alexis Hanson, treasurer Cristina André, Nicole Francisco, Michelle Lynch, Sandra Rogowski, Monica Lynch, Andrea Santos, Daisy Cerqueira. (Second) Catherine Coley, Brittney Kawa, Michelle Liaszenik, Daniel Borkowski, Karen Miele, Aditi Kulkarni, Rocio Valdez, Kristin Kwajewski, Bryan Duarte, public relations manager Kathryn Doyle, Jason Blanchard. (Back) Katelyn Dolan, Khalil Abdullah, Alexander Simao, James Brodeur, Nicholas Sanchez, secretary Lori Milbier, Lauren O'Neil, Ashley Parent, Corrine Ryan, Jennifer Blanchard, vice president Nicholas Moutinho, Señor Paulo Zina. (*Missing:* president Adam Madera)

➤ ***As Schools Match Wits:*** Jennifer Blanchard, Alexander Simao, Daniel Muse, Daniel Borkowski. (*Missing*: alternate Nicole Silva)

➤➤ ***French club:*** (Front) M. Lavoie, D. Borkowski, treasurer A. Jorge, vice-president J. Szlosek, president M. Bradway, secretary L. Letourneau, public relations person M. Graham, M. Liaszenik, J. Starr. (Second) V. Belyshev, J. Hangasky, D. Muse, C. André, E. Lau, A. Holley, C. McInerny, S. Soffen. (Back) J. Brodeur, J. Regnier, B. Hiersche, J. Blanchard, M. Burtch, E. Esoo, K. Crafts, C. Roberts, M. Sarad, K. Havens, S. Davies, A. VanAller, Monsieur James Martin.

➤ ***Math team:*** (Bottom) M. Michalczyk, D. Ledoux, A. Simao, Mrs. Susan Stachelek, N. Sanchez. (Top) J. Blanchard, A. Jorge, A. Kulkarni, B. Martins.

Knowledge

Spanish club, French club, Portuguese club, National Honor Society, As Schools Match Wits, Debate

▼ ***Debate:*** Samantha Burns, Daniel Lavoie, Ashley Petrolati. (*Missing*: Eric Gregoire)

It was an eventful year for clubs that value learning outside of the classroom. Although the As Schools Match Wits team was eliminated after a disappointing first-round loss to Longmeadow, the small debate team shined. With Spanish club's annual talent show, Mad Tizzle Yizzle!, and French and Portuguese club banquets, the foreign language fun lasted throughout the entire year.

NHS welcomed its new inductees and welcomed new advisor, Mrs. Dolores Nacewicz to accompany Miss Michelle Fontana. NHS participated in several community service projects such as the Crop Walk and a WGBY telethon.

◄ ***Portuguese club:*** (Front) Secretary K. Mateus, public relations manager S. Seguro, M. Pereira, president N. Correia, vice-president A. Alves, treasurer P. Ramos, C. Martins, K. Vitorino, N. Lopes, D. Fernandes. (Second) C. Gomes, A. Dias, V. Fialho, N. Pio, E. Valadares, R. Correia, C. Crespo, S. Oliveira, J. Afonso, J. Ferreira. (Back) B. Serrazino, R. Valadares, M. Coelho, A. Pestana, N. Francisco, A. Jorge, J. Fernandes, S. Fernandes, E. Ramos, K. Filipe.

▼ ***National Honor Society:*** (Front) Rachel Fonseca, Kathryn Doyle, Ashley Parent, Jeffrey Ribeiro, Leah Letourneau, Nicole Silva, Shana Santos, Caitlin-Ann McInerny, Danielle Petrolati, Jessica Lamica, Ashley Pestana. (Second) Nicholas Bruschi, Christopher D'Angelo, Tatianna Dagenais, Daniel Borkowski, treasurer Aditi Kulkarni, vice-president Mateusz Suska, president Karen Miele, secretary Cristina André, Vanessa Leal, Jung Kang, Amanda Amaral, Brittany Hebert, Kaitlin O'Donnell. (Third) Jessica Ferreira, Samantha Kobjack, Erin Gibbons, Marc Santos, Kaitlyn LaRiviere, Christina DeNucci, Michelle Poitras, Michelle Lynch, Monica Lynch, Alexander Jorge, Leeann Salvador, Daniel Lavoie, Jennifer Blanchard. (Back) James Brodeur, Alexander Simao, Nicholas Sanchez, John Hangasky, Michael DaSilva, Michael Graham, Vitaliy Belyshev.

Sports...

Defining pride

Senior soccer goalie Kyle Levesque kicks the ball away from his net.

PRIDE (prīd) n. pleasure or satisfaction taken in an achievement

Junior Shellane Natario clears the high jump during a track meet.

Sophomore James Mange begins to wrestle his opponent.

A sense of ***pride*** fills the stadium at Ludlow High School during every sporting event that is played. Spectators are ***proud*** of their athletic family members and friends, while the athletes are ***proud*** of their individual achievements and team accomplishments.

The Lions fought their way through many tough challenges throughout the year, but they also managed to bring home the ***pride*** that they all deserved. This year's sports teams helped continue Ludlow's tradition of excellence in athletics, as many teams represented Ludlow in the Western Massachusetts championships.

Every athletic team can be ***proud*** of its accomplishments, but three teams truly ***defined*** themselves on the athletic fields. This year, the boys' soccer team won the Massachusetts state soccer title and both the boys' and girls' track teams won the Pioneer Valley League championships.

The athletes who participate in the athletic programs ***define*** the character of the teams. Good sportsmanship and teamwork are important attributes that the athletes at LHS possess. The Lions are fully aware that skill alone does not ensure success.

Sophomore Dan Stevens soars through the air while completing the long jump.

Girls' soccer

Shooting for success

Ludlow		Opponent
0	Agawam	3
2	Taconic	3
7	Central	1
0	Minnechaug	3
6	Holyoke	2
0	Amherst	2
0	Longmeadow	1
2	W. Springfield	2
3	E. Longmeadow	0
1	Westfield	2
6	Wahconah	0
6	Chicopee	0
0	Cathedral	6
2	Longmeadow	1
3	E. Longmeadow	0
4	Simsbury	4
1	Westfield	3
0	Cathedral	3

The Lady Lions proved to have a challenging season. The year began as the girls welcomed their new coaches, Nuno Pereira and Saul Chelo, and although they suffered some early losses, the entire team stuck together and continued to work diligently throughout the season. When the Lady Lions beat their opponents, they had very commanding leads. The team's amazing strength and teamwork took control when the girls won 7-1 over Central as well as 6-0 over both Wahconah and Chicopee.

Their record of 7-9-2 may not have given them the chance to compete at the Western Mass finals, but these girls know they have accomplished a lot. Throughout the entire season, nothing ruined the spirits of these hardworking girls, and they finished the season proud of their accomplishments.

➤ Senior Stefiny Knight forcefully breaks away from an Amherst player and gains control of the ball.

➤ Sophomore goalie Alyssa Severyn stretches her arms to make a beautiful save.

➤ Sophomore Amanda Vigneault concentrates as she carefully lines up her shot to clear the ball from the Lions' half.

➤ Junior Megan Williamson gains control of the ball. Megan is a third year varsity player. "I liked playing this year. We worked hard at practice and on the field," said Megan.

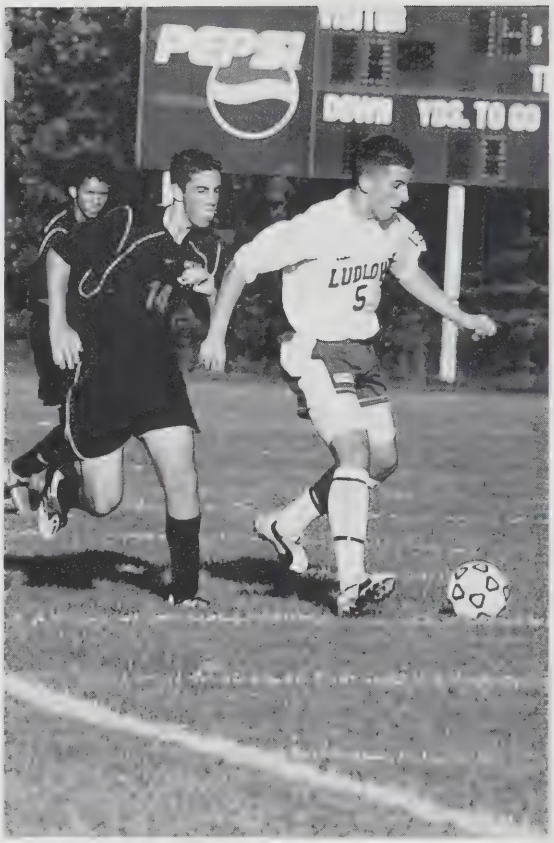
➤ Junior Rachel Fonseca controls the ball as an opposing player challenges her. "Even though we didn't make it to the playoffs, we still had a great team and did well," said Rachel.

◄ Senior Jennifer Luszcz skillfully steals the ball away from an Amherst player.

◄ Junior Angela Wozniak contemplates her next move as she is blocked by the opposing team.

▲ Freshman Suzanne Silva battles for the ball. "Pre-season was hard, but I really enjoyed the experience," she said. Pre-season always proves to be an eye-opener for the incoming freshmen.

▼ Senior Davide Nascimento and junior DJ Goncalves celebrate on the field after a hard-fought victory. Davide was very proud of the team's accomplishments. "Throughout the season we worked really hard and pulled together. We accomplished something great this year," he said.



◄ Junior DJ Goncalves controls the ball under pressure as he dribbles down the field. "It was great to win the Western Mass Title," said DJ. He commented that the team worked extremely well together and worked very hard to achieve its goals.

➤ Senior Jeffrey Francisco looks ahead to plan his next move while shielding a Newton North player.

➤ Trying to beat his opponent to the ball, junior James Alves sprints down the field.

▲ After recovering the ball, senior goalie Kyle Levesque clears the ball out of his box and away from danger.

Boys' soccer

Trapping a running tradition

The boys' soccer team had a phenomenal year, trampling opponents on its way to a winning season and a title-gaining year. The long hours of practice paid off as the Lions defeated long time rivals, such as Cathedral, to gain the Western Massachusetts title. Even more impressive than attaining the Western Mass title was their victory over Medford, earning them the pride of being the state champions.

The season opened with four easy wins against Chicopee Comp., Westfield, Newton North, and East Longmeadow, paving the way to a 19-1-3 record. The Lions' only loss was a close game and came early in the season against Cathedral. However, the Lions showed Cathedral their true strength when, later in the season, they beat the Panthers 4-3, setting the stage for Ludlow's victory at the state championships.

Ludlow		Opponent
5	Chicopee Comp.	0
5	Westfield	0
4	Newton North	1
4	E. Longmeadow	1
1	Agawam	1
2	Chicopee High	1
3	Amherst	1
0	Cathedral	1
7	Central	1
6	Longmeadow	0
10	Wahconah	0
1	Minnechaug	2
4	W. Springfield	0
1	Cathedral	0
4	Central	0
4	Longmeadow	0
0	Minnechaug	2
4	W. Springfield	2
2	Pittsfield	0
4	Cathedral	3
1	Minnechaug	0
1	St. John-Shrewsbury	0
1	Medford	0

Senior Jay Carvalho skillfully maneuvers the ball, "This year was filled with a lot of hard work and dedication, it felt good to go out on top as state champs," said Jay.

With a pressuring opponent at his back, senior Jesse Pereira steadies the ball to be cleared.

Junior Jason Magalhaes dribbles the ball focusing on his opponent's move. "It was amazing!" Jason said of the season.

➤ Dwight Manganaro (#62) is ready to run a play in the Thanksgivng Day Game against the Palmer Panthers.

➤ Senior Zachary Miller is about to kick the ball at the Thanksgiving Day Game.

➤ Seniors Mike McGrath and Dan Martin talk to one another before the game. "The season was pretty good. We had a big win against Commerce," said Mike.

Football

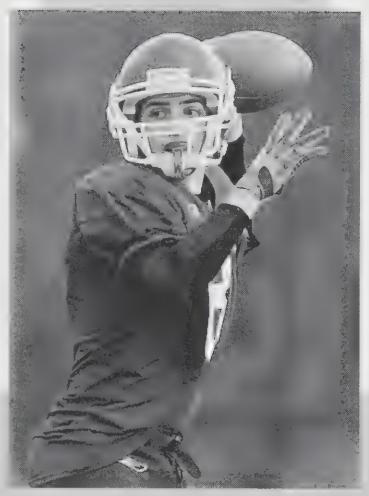
Tackling another season

Ludlow		Opponent
6	Minnechaug	36
8	Sci. Tec.	14
20	Mohawk	18
15	South Hadley	32
6	E. Longmeadow	42
0	W. Springfield	14
26	Pittsfield	22
12	Chicopee Comp.	35
23	Commerce	20
6	Greenfield	16
29	Palmer	20

Despite its 4-7 record, the LHS football team proudly roared through the season with a will to win. It entered every game with a positive attitude and never lost hope. Though the team's record resembled that of years past, the Lions were individuals this year. The young players pounced on their opponents, bringing new talent to the field. The Lions' fierce game play helped them fare well in their new league.

Working as a team to achieve victory was the emphasis this year. Plays were orchestrated with precision and power. Many younger members of the team agreed that the seniors will be missed greatly, but vowed that they will do their best to fill their shoes. The Lions utilized their talents and hard work ethics, and left their passion for the game out on the playing field.

▼ The football team prepares for its game. "We're going to miss the seniors because they contributed a lot to the team," said junior Brian Flatley.



◄ Junior David Benoit throws the football to an open teammate. "It was a good season. We had a young team," said David.

◄ Sophomore Ross Dominique readies himself to throw the football down the field to an awaiting teammate.

► Sophomore Matt Dudley runs past members of the opposing team in hopes of scoring a touchdown.

▲ Senior captain Dan Martin steals the football from his opponent during an exciting game. "I thought we had a pretty good year. It had its ups and downs, but in the end we finished strong," said Dan.

➤ Sophomore Caryn Lecca carefully eyes the opposing team. Caryn has played volleyball for two years.

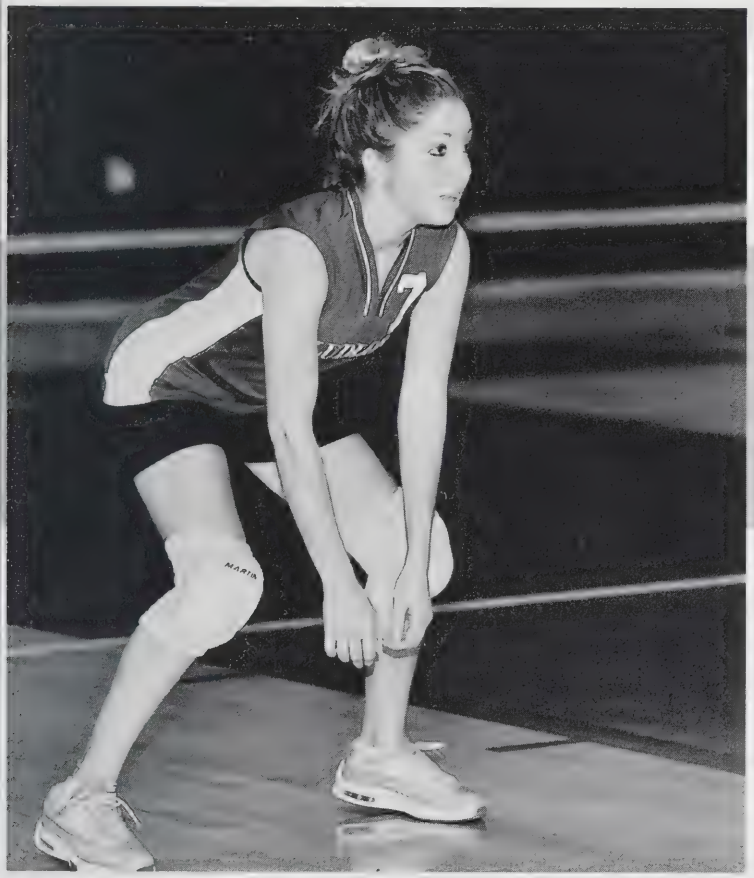
➤ As she waits for her server to strike the ball over the net, senior Amber Kumeiga looks back to watch the ball.

➤ Senior Nichole Balderston fearlessly dives to save the volleyball from slamming into the court. Nichole is a returning three-year player who plays the positions of hitter and blocker.

➤ Junior Michelle Lynch and senior Sandy Rogowski mimic each other's stances as they prepare for the next play. Despite the team's record, Michelle, a two-year player, has a bright smile on her face. Sandy, a three-year player, said, "We played well together. Even though the season wasn't great, we had some good times."

➤ As the team's libro, senior Aditi Kulkarni gets herself into position and prepares herself for the incoming volleyball. As a defender, Aditi has played volleyball for four years. "It was a tough year, but we had a fun time," commented Aditi.

▼ Junior Amanda Amaral surveys the court as she patiently waits the return of the volleyball. Amanda has been playing volleyball for two years.



◄ Senior Monique Verteramo carefully calculates the path of the incoming volleyball as she gets into position.

◄ Junior Monica Lynch displays great technique as she volleys the ball over the net while senior Aditi Kulkarni looks on.

Girls' Volleyball

A bumpy season

The Lady Lions toiled through the volleyball season, bonding as a team during sixteen competitive matches. The girls, filled with energy and a will to fight until the end, struggled while facing strong opponents such as Minnechaug, Longmeadow, and Amherst. Though the team lacked the participation of past years, the girls spiked, set, and bumped their way through a challenging season.

The team suffered greatly when players were injured and others quit during the season. However, the daily practices brought a sense of community to the girls.

Team captain Nicole Balderston felt that although the team did not place well, it learned the importance of cooperation and teamwork. "We worked well as a team. We may have had a bad record, but we still worked hard and played the best that we could," she said.

Ludlow		Opponent
1	E. Longmeadow	2
1	Belchertown	2
1	W. Springfield	2
2	Mohawk	0
0	Minnechaug	2
0	Agawam	2
0	Amherst	2
0	Longmeadow	2
0	Mohawk	2
0	Westfield	2
0	E. Longmeadow	2
1	Belchertown	2
1	W. Springfield	2
0	Minnechaug	2
0	Amherst	2
0	Longmeadow	2

Golf

Ludlow		Opponent
278	Cathedral	246
254	Chicopee Comp.	261
254	Chicopee	236
281	Minnechaug	235
254	E. Longmeadow	241
254	Longmeadow	236
259	Chicopee Comp.	263
259	Chicopee	251
254	South Hadley	221
256	Agawam	225
272	Minnechaug	265
276	Cathedral	242
251	Southwick-Tolland	277
259	Agawam	229
267	Longmeadow	228
278	W. Springfield	259
256	Northampton	301
264	E. Longmeadow	238

Another round up to par

The golf team, led by senior captains Neil Daigneault and David Spooner, had a rebuilding season this year. The team exhibited an enthusiasm largely due to the relatively young squad, composed of many freshmen.

Though the team did not win many of its matches, it did manage to triumph over Chicopee Comp, Northampton and Southwick-Tolland. Tough competition came from more experienced teams such as South Hadley and Longmeadow.

The team, coached by Mr. Kurt Anderson, did not make it to the Western Mass finals collectively, but captain Neil Daigneault qualified to compete in the Western Massachusetts championships. This was Neil's second consecutive year representing Ludlow at the Western Mass competition.

➤ Senior Neil Daigneault admires his shot. Neil has been an important member of this team this season. He was chosen to compete in the Western Mass championships, where he qualified.

▲ Freshman Tyler Gates examines a golf ball as he and his other teammates are preparing for their round of golf.

➤ Sophomore Michael Ryan carefully calculates his next shot. Michael is one of the many underclassman boys on the golf team.

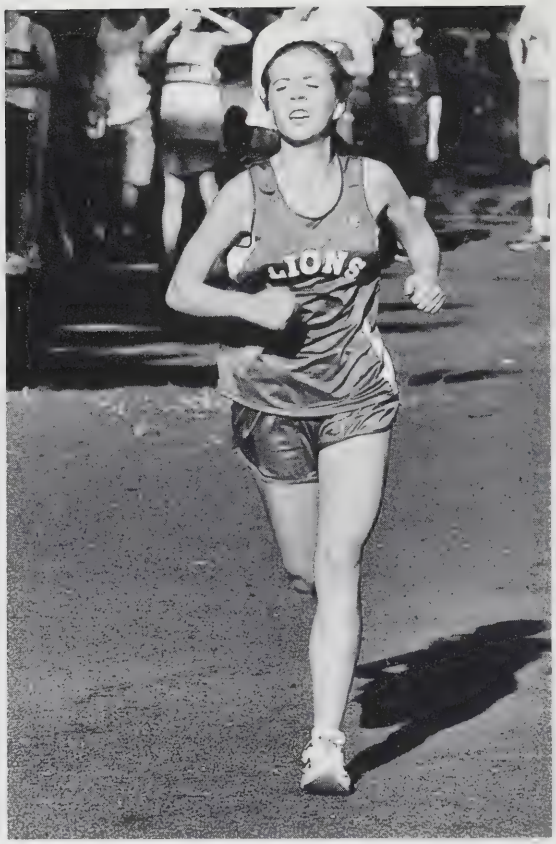
▼ At the Westover golf course, Coach Kurt Anderson delivers an inspiring speech to his team. "We had a rebuilding year, starting three freshmen and other underclassmen. Neil Daigneault had an outstanding senior year qualifying and participating in the Western Massachusetts championships. He represented us in a positive way," said Mr. Anderson.

▲ Senior David Spooner places his ball and tee into the ground in order to line up his next shot.

◄ Sophomore David Catarino chips from the rough. "I thought the season went well. It was my first year, and it was great to get to know everyone."

◄ Freshman Ryan Robillard stands and observes the course. "The season went well. I liked being able to meet new people and learn tips about the game," Ryan said.

▼ Junior Nicole Silva takes a minute to sit down and stretch before her meet. She concentrates as she peers off into the distance to survey the course.



◄ Sophomore Nicole Potter powers out of the woods and paces to the now-visible finish line.

► Senior Adam Madera confidently sprints along the course. Both teams formed a unique bond and encouraged one another throughout the season.

► Captain senior Michelle Bradway stretches before a race. "It was really enjoyable to be part of a team with so many great girls that were close to me," said Michelle.

▲ Coach Rebecca Gauvin delivers a speech before one of the meets. "It was very crucial for our runners to pack up and help each other out so that we could overcome our opponents," said Coach Gauvin.

Cross Country

A victorious pace

The boys' cross country team had a record-breaking season this year finishing 4-3. The team raced its way to the third winning season in Ludlow's cross-country history. The boys finished the season placing fifth at Western Mass, the highest placement of any previous Ludlow team.

The Lady Lions also had a successful season, being just one meet shy of a winning season. The team fared well against ferocious opponents such as Amherst and Minnechaug.

This year the runners were challenged with a new course, and this new trail turned out to be one of the most difficult courses in all of Western Mass. The long hours spent training on the grueling course paid off as the two teams finished with performances that will set the standard for years to come.

Boys'

Ludlow		Opponent
31	Agawam	24
19	Holyoke	39
37	Amherst	22
23	Chicopee Comp.	38
50	Chicopee	15
22	Northampton	37

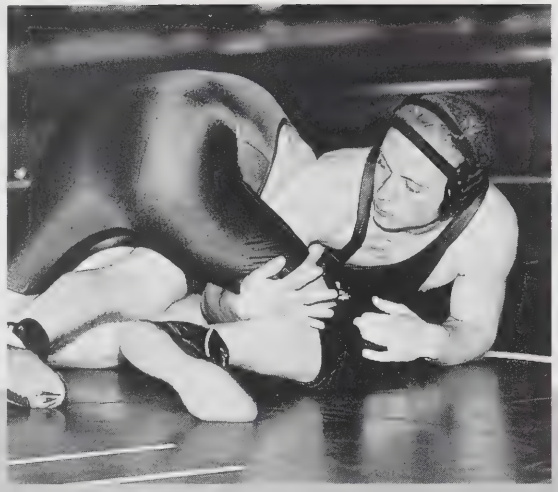
Girls'

Ludlow		Opponent
29	Agawam	27
22	Holyoke	33
30	Minnechaug	26
40	Amherst	21
27	Chicopee Comp.	30
24	Chicopee	31
30	Northampton	27

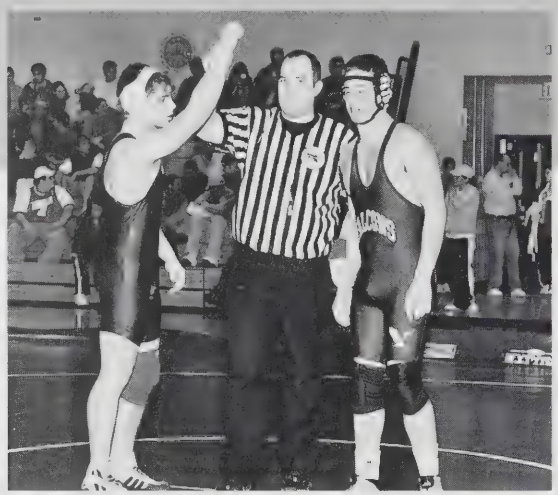
Team co-captain senior Dan Muse powerfully strides cross the grassy course, showing endurance as he ears the end of the race.

Sophomore Brittney Kawa pushes herself to finish the race. "It was fun to be a member of the team. We got to run together and we had a lot of team unity," she said.

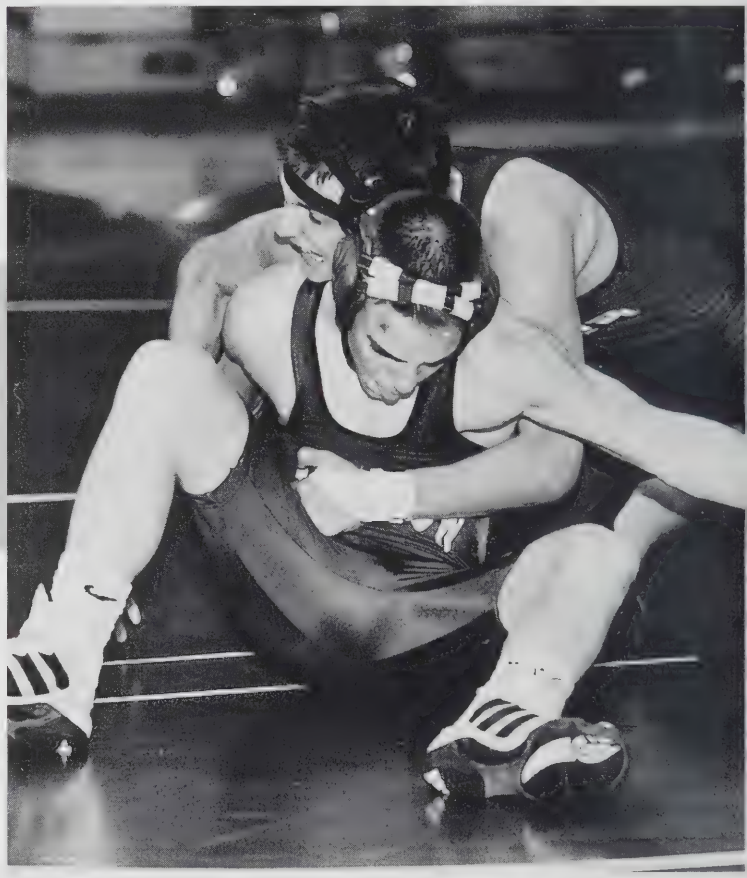
➤ Junior A.J. Motta attempts to get out of his Minnechaug opponent's hold while struggling for control of the match.



➤ Junior Justin Tunis's hand is raised in victory after he defeats his opponent.



➤ Sophomore John Archambeau fights with great effort to get his opponent off his back during a meet against Minnechaug.



Wrestling

Pinning the title . . . again

Ludlow		*Opponent*
57	Southwick	24
69	St. John's Shrewsbury	12
46	Cathedral	34
30	St. John's Prep.	40
60	Wellesley	14
23	North Andover	40
13	MacArthur	43
51	Milford	24
47	Salem	24
56	Brockton	22
47	Durfee	30
40	Bridgewater-Raynham	36
53	Westfield	18
21	Lowell	37
41	Central	25
48	Minnechaug	31
33	Foxboro	28
36	Chelmsford	39
34	Central Catholic	34
51	West Springfield	16
12	Mt. Anthony	54
39	Longmeadow	30
45	Agawam	24

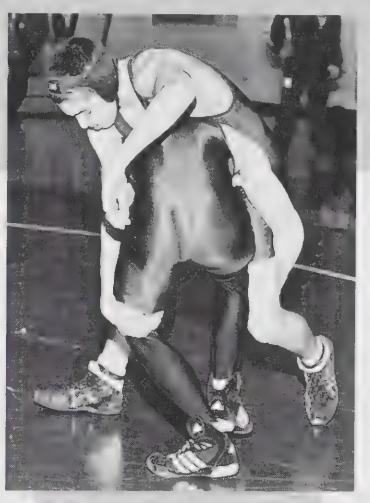
For the sixth season, LHS took home the Western Massachusetts Division 1 title. As a young team, the Lions fared extremely well against their opponents, sending wrestlers sophomore John Archambeau, freshman Sergio DaCruz, junior Vincent Provost, junior A.J. Motta, and senior Paul Barrus to the state championships.

Besides winning the Western Mass title, the Lions took home two other awards. Sophomore John Archambeau was awarded the Most Outstanding Wrestler honor and Coach Tom Bly took home the honor of being named Coach of the Year.

"I only [coached] for the kids. They wrestled hard and we had a great year. We only got better and better throughout the year. Most of my guys met their personal goals, and by the end of the year everyone was wrestling well," said Coach Bly.

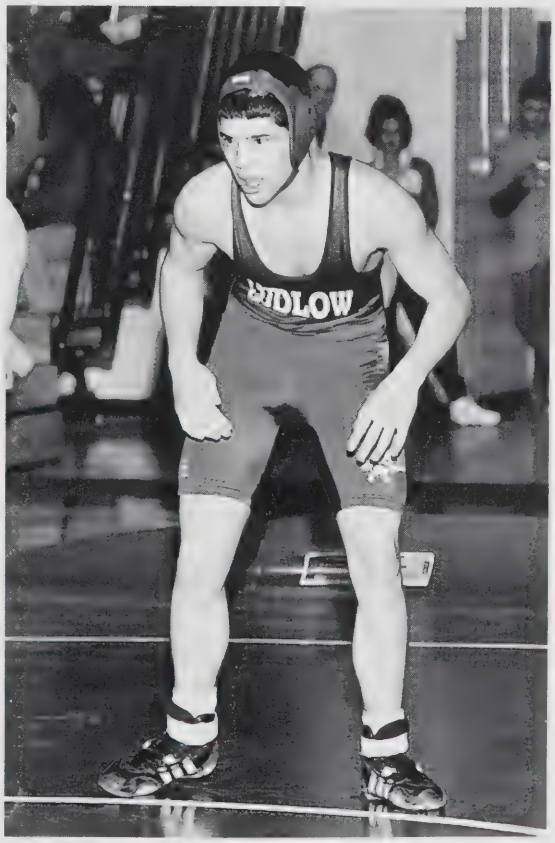
▼ Sophomore James Mange confidently flips his opponent over his back in an attempt to pin him. "The season went well. It went better than we expected and we'll have a better season next year," James said.

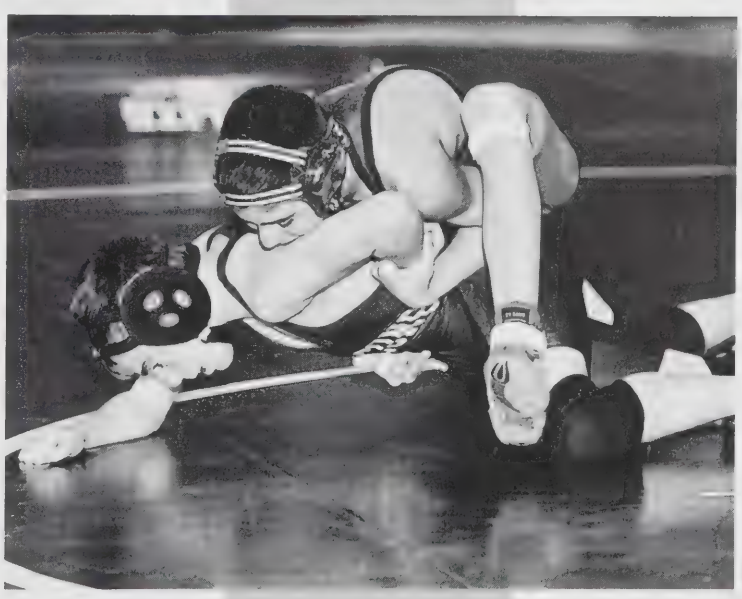
◄ Junior Vincent Provost proudly leads his team into the LHS gymnasium before the team's wrestling competition.



◄ Junior Dan Barroso and his Minnechaug opponent struggle to get one another pinned to the mat.

► Junior Jay Ferreira circles around his opponent, trying to find the opportune time to begin wrestling. "I think for a rebuilding year, we had a good year. It was a good experience for me, being my first year wrestling for the team," said Jay.





▲ Freshman Chase Glanville fights hard against his struggling opponent.

➤ Junior Joe Almeida skates past the opposition as he tries to score on a breakaway.

➤ As he skates into the zone, sophomore Christopher Minie fights for the puck against an opposing West Side player.

➤ Sophomore Troy Ribeiro and senior John Kawa try to keep the puck in the offensive zone as the opposing team's defender tries to clear it.

➤ Junior Joe Almeida looks to shoot the puck as he skates into the offensive zone uncontested. Happy with the season, Joe noted, "We did better than we thought we would do. There was great team chemistry and the seniors stepped it up to make a great season."

➤ Senior Kevin Laviolette swarms on the puck in the corner in a game against West Springfield at the Olympia skating arena.

▼ Senior goaltender André Fernandes gets ready to play by facing shots during warmups. He felt that the team "worked hard and got along well."

◄ Senior Keith Dube lines up for a faceoff against West Side. The Lions lost their first game against West Side, but managed to win the second game.

◄ Senior John Kawa wraps the puck around the net as he tries to pass the puck to a teammate.

Hockey

Skating to victory

The hockey team had a respectable season, going 9-9-2, making it to the Western Massachusetts championships after a few disappointing losses and close games at the beginning of the season.

The goal of the team this year was to work on its defensive strategies, which the team did under the guidance of captain senior Matt Wahlers and senior defender Mark Goodreau. Senior André Fernandes rose to the position of leading goaltender after both starting goaltenders from last year graduated.

Head coach Paul Rivest was very pleased with his team's performance. "We exceeded our expectations in the beginning of the season, but it was disappointing to lose in the playoffs," he said. He added that the seniors played an incredible season, each one contributing something to the team.

Ludlow		Opponent
4	West Springfield	7
8	Agawam	4
4	E. Longmeadow	4
5	Chicopee	4
8	Conard	1
6	Newington, Conn.	7
0	Cathedral	10
3	Amherst-Pelham	1
3	Minnechaug	4
2	Longmeadow	4
7	Chicopee	1
2	Westfield	7
5	Amherst-Pelham	4
4	Agawam	4
3	Longmeadow	5
11	Mt. Everett	9
3	West Springfield	2
2	Westfield	3
9	Minnechaug	1
3	East Longmeadow	4

Ski

Flying down the slopes

Boys' individual slalom times

Adam Madera	42.73
Michael Adam	43.89
Nick Bruschi	47.16
Alex Casimiro	47.97
Matt Guberow	49.83
Dwight Manganaro	51.28
Alex Jorge	52.62
Nick Sanchez	55.84

Girls' individual slalom times

Erin Mislak	47.34
Allison Prokop	49.8
Jessica Unsderfer	51.94
Jessica Szlosek	56.68
Veronika Larocque	58.84

The boys' and girls' ski teams had a respectable season, with a member of each team finishing in the top ten in their division. Senior Adam Madera and junior Erin Mislak finished 7th and 6th in their divisions respectively.

Tough competition came from schools such as Belchertown, Holyoke Catholic, and West Springfield, but the Lions still managed to have some of their skiers place in every one of the seven races in which they participated.

"This season was great. We had a team with a lot of talent and we made a lot of progress. There's a lot of talent on the team that will come through in later years and they'll go further than we did this year," said Adam.

Afternoon snowstorms and frigid days throughout the winter months caused many ski practices to be cancelled at Berkshire East. However, when the team members hit the slopes, they were ready to ski.

➤ First year skier Junior Dwight Manganaro slows down to clear the gate while skiing down the mountain.

➤ Senior Matt Guberow races to improve upon his time at the PVIAC individuals meet.

▲ Boys' ski team captain senior Adam Madera races down the slopes at PVIAC individuals held at Berkshire East. Adam placed in every meet in which he skied.

➤ Junior Erin Mislak, who placed in almost every race this season, races down the slopes at the individual girls' PVIAC meet. Erin placed 6th in her division. "I improved a lot. The team got a lot closer and it was a lot of fun," said Erin.

➤ Jessica Unsderfer, Erin Mislak, and Zac Falconer enjoy their ride to the summit. "My favorite part about skiing this season was skiing with my friends. We had fun at practice," said Jessica, the girls' ski captain.

▲ Senior Matt Suska hits and clears the gate during his last slalom race of the season. "The season was great. Everyone improved his times and we all had a blast," said Matt.

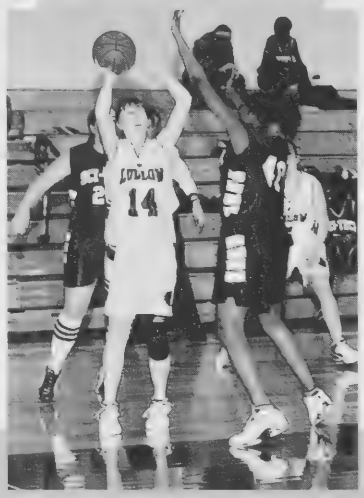
◄ First year LHS team skier junior Jessica Szlosek finishes her race with a respectable time.

◄ Girls' ski captain senior Jessica Unsderfer has skied for Ludlow for two years. She placed 17th in her division at the PVIAC individuals meet.

Coach Timothy Brillo speaks to his team during one of its home games. "I think, as a whole, they understood that they needed to work together as a team to be successful," said Coach Brillo of the girls' teamwork throughout the season.

Junior Sarah Levesque, a three-year varsity player, maneuvers her way around her opponent as she sprints across the court. "This season was by far our best as a team. We really worked together and we won more games," said Sarah.

Junior Kaitlin O'Donnell readies herself to shoot the ball over her opponent's outstretched hand.



Junior Katibeth Mol jumps off the ground while attempting to make a basket. Katibeth has played basketball for LHS for three years.

Senior Marisa Yelle tries to save the basketball from being taken away by her Sci-Tech opponent. "The team really came together this season. We had a lot of team unity," said Marisa.

Girls' basketball

Getting it in the basket

The girls' 5-15 record this season cannot possibly illustrate the amount of dedication and determination that the girls had to overcome obstacles and improve their skills both individually and as a team.

The team suffered many disappointing losses early in the season against Cathedral, Amherst, Granby, and Minnechaug, but managed to win against Sci-tech and Chicopee Comp. every time they faced one another this season.

The girls practiced hard and played tough, but they simply could not overpower the skills of their competitors. Despite their losing season, however, the girls had a good time getting to know one another on and off the court and they also learned to work together as a team. The memories that they will take with them from this season surely mean more to the girls than any trophy ever could.

Ludlow		Opponent
34	Westfield	43
14	Cathedral	55
44	W. Springfield	55
33	Amherst	55
38	Granby	59
22	Minnechaug	58
34	Chicopee	53
41	Leicester	44
45	Chicopee Comp.	34
27	Central	53
36	Sci-Tech	21
21	Belchertown	54
20	Holyoke	59
45	Leicester	25
45	Chicopee Comp.	30
24	Central	79
23	Frontier	36
18	Belchertown	49
38	Sci-Tech	30
24	Holyoke	55

▲ Senior Chrissy DeNucci shoots the ball over her opponent's arms. "Overall, the season went good. Coach Brillo did a good job helping us improve," she said.

◀ Junior Megan Williamson dribbles the ball down the court. "The best part of the season was coming together as a team. We hustled and we tried really hard," said Megan, who has played basketball for the high school for three years.

➤ Junior Mike Kane prepares to shoot the basketball into the net. "We did very well overall as a team," said Mike. "We won against Ware both times we played them, and I scored a lot of points in the games." Mike has been playing basketball for the high school since his freshman year.

➤ Senior Zac Miller drives to the hoop, maneuvering past the Ware opponents.

Boys' basketball

Shooting through the season

The boys' basketball team had an incredible season, winning fourteen of the twenty games in which it played.

The team opened the season with two close games against Sabis and Southwick-Tolland, losing by only one point against Sabis and two points against Southwick-Tolland. During the third game of the season, the team managed an astonishing thirty-point win against Palmer. Many more wins followed against schools such as Belchertown, Holyoke Catholic, Gateway, Ware, Palmer, and Hampshire Regional.

Determination and teamwork were the two elements that brought this young basketball team into the Western Massachusetts championships. Although the boys did not win the Western Mass championships, they surely came a long way this season.

Ludlow		Opponent
58	Sabis	59
56	Southwick-Tolland	58
71	Palmer	41
50	Belchertown	38
53	Holyoke Catholic	39
48	Monson	50
60	Hampshire	65
43	Granby	55
59	Gateway	41
72	Ware	69
43	Sabis	45
56	Monson	42
63	Holyoke Catholic	53
65	Granby	60
67	Palmer	43
65	Southwick-Tolland	63
63	Belchertown	51
75	Ware	58
72	Hampshire	47
63	Gateway	40

▼ Senior Mike McGrath dashes down the court away from his Ware opponent. "Being a leader with Zac out there on the court was a really good experience," said Mike, who co-captained the team with Zac Miller.

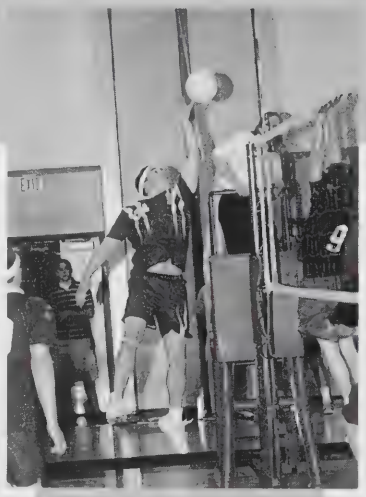
◄ Junior Brian Flatley admires his most recent shot. "This season we really overcame a lot of the obstacles that we had in the past seasons and we only got better with experience. The best part about the season was coming back to play with the same players. It was great," said three-year player Brian Flatley.

► Junior Chris D'Angelo gets behind his opponent to block the next shot. "We had a really good season. We ended it with nine wins in a row, which was great. The best thing was that no matter what was going on, everyone got along," said Chris.

▲ Junior Dave Benoit makes his way through the lineup of basketball players and cheerleaders. "I really enjoyed playing. It was fun, and being with my senior friends was great," said Dave.

➤ Junior Jay Hangasky and senior Zac Falconer work together in an attempt to return the ball to their opponent.

➤ Junior Jay Hangasky stretches to tip the volleyball over the net. "It was unfortunate that we did not make it farther. We came together well," said Jay.



➤ Senior Tom Dias bumps the volleyball as his teammates look on. "It was the best season I've played in. I was exited [about Western Mass finals] and it topped off my senior year," said Tom.

➤ Senior Zac Falconer jumps over the heads of his other teammates as he attempts to score a point. Zac was a key player on the volleyball team this year, helping the team secure a place in the Western Massachusetts tournament.

➤ Junior Scott Lecca prepares to serve the volleyball over the net. Scott has been playing volleyball for the high school for three years. He says that the best part of the game is the various abilities that he has to set the ball.

▼ Senior Matt Wahlers subs in for senior Keith Dube. "The best thing about the season was that I got to start as a first year player. Overall, it was a great year," said Matt.

◀ Senior Steve Pereira gets underneath the ball so that he can bump it to a fellow Lion. "We gave our all. I believe that we won in our hearts," said Steve.

Boys' volleyball

Spiking the competition

Practice and determination were key elements for this year's boys' varsity volleyball team. Ending the season with a strong record of 17-3-0, the boys made it all the way to the Western Massachusetts finals. These Lions proved that they had the spirit and determination of champions despite a close loss in the finals to Minnechaug Regional High School, 3-1.

Coach Fred Glanville noted that the team made incredible strides toward improvement throughout the entire season. He also commented that the entire group as a whole was very skilled. The season was memorable and fun for everyone. Coach Glanville said, "It was such a fun season, I never wanted it to end."

The volleyball players came together as a team this year, formed new friendships, and made memories that they will not soon forget.

Ludlow		Opponent
2	West Springfield	0
2	Mohawk	0
2	Holyoke	0
0	Minnechaug	2
2	Westfield	0
2	Athol	0
0	Agawam	2
2	Dean Tec. Voc.	0
2	West Springfield	0
2	Pioneer Valley	0
2	Chicopee Comp.	0
2	Holyoke	0
2	East Longmeadow	0
0	Minnechaug	2
2	Athol	0
2	Chicopee High	0
2	Agawam	1
2	Pioneer Valley	0
2	Westfield	0
2	Mohawk	0

Cheerleading

Cheer your heart out!

Although not always given enough credit, cheerleading is an important sport at Ludlow High School. The cheerleading squad stood out in the cold November weather during football season, giving the team the support and encouragement they needed in order to win games. Cheerleaders bear the weight of boosting teams' spirits when they are down and also of getting the crowd riled up.

The cheerleading season runs throughout football season, basketball season, and competition season. This year, the cheerleaders entered numerous competitions. Unfortunately, the squad did not place first in any of the competitions, but the cheerleaders feel as if they have made great improvements this year. The girls improved and perfected their skills while forming new friendships and learning about teamwork.

➤ Junior Julie Bamber happily pumps up the fans at a home game. "Although I quit cheerleading [later in the year], I liked it while I was doing it because I liked having the ability to be in charge of how much spirit the crowd has," said Julie.

▲ During half time at a basketball game, senior Hillary Bolduc and the other cheerleaders helped to get the crowd motivated and cheering.

➤ Sophomore Monique Goodrow holds her position in the air as she is lifted by sophomore Meghan Diotalevi, freshman Brianna Arnold, and sophomore Nicole Libiszewski.

➤ Coach Craig Hanson, who has coached the girls for two years, gives varsity cheerleaders a little pep talk before the big Thanksgiving Day game.

▲ Senior Alexis Hanson, captain of the varsity cheerleading squad, has been cheering all four years of her high school career. "We improved a lot this season and I think the program will continue to grow," said Alexis.

◄ Seniors T. Dagenais, K. Dragon, A. Saloio, H. Bolduc, and A. Hanson stand with Ludlow's lion, M. Bradway, at the Thanksgiving Day game.

◄ Without a struggle, junior Stacy Dalby stands propped up on top of six arms and three bases. "I like cheerleading because it's fun to cheer and support the guys," said Stacy.

▼ Three year varsity softball player junior Michelle Lynch tags out the opposing runner. "The season went pretty well. We didn't eclipse last season's win total, but we improved with every game," said Michelle.

◄ Junior catcher and co-captain Monica Lynch finishes the play with a determined throw. "I really had to step up this year as a leader. We had a lot of seniors leave last year [so] we had a young team," said Monica.

► Senior Christina DeNucci waits for the pitch. As a senior, Chrissy was one of the upper-classmen who helped the younger players.

► Senior Jessica Ferreira stands in a strength-filled stance as she waits for the pitch.

▲ Freshman Alyson Terlik hits the softball out to left field before running the bases.

Softball

Sportsmanship above all else

The girls' varsity softball team faced many strong opponents this season, including Longmeadow, Minnechaug, and South Hadley. Despite a 5-15-0 record, the girls never gave up hope and always had fun.

One of the many challenges that the team faced this year was a lack of experience among the players. The majority of the girls were juniors, but the seniors on the team showed the underclassmen what it meant to work as a team. Senior Jessica Ferreira led the team with the most runs batted in and junior Michelle Lynch led the team with the highest on-base percentages.

When asked about the various strengths that his team possesed, Coach James Annear commented, "The girls had the ability to have fun while playing the game even though the season did not progress the way we would have liked."

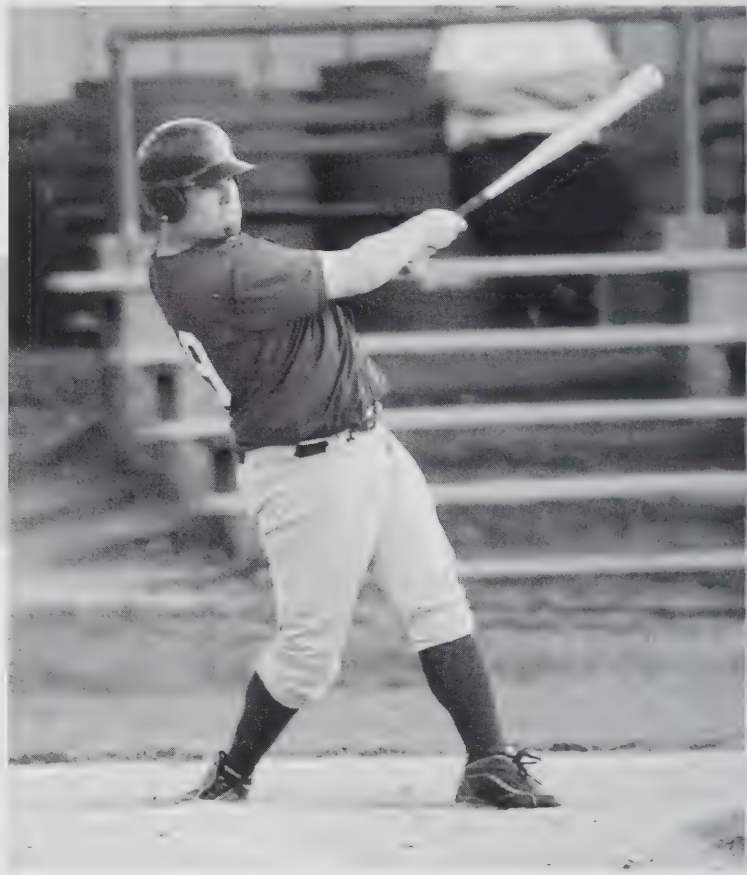
Ludlow		Opponent
4	Minnechaug	12
1	South Hadley	15
0	West Springfield	9
1	Agawam	13
0	Amherst	7
0	Cathedral	12
5	Holyoke	3
0	Longmeadow	15
12	Palmer	4
1	Westfield	11
5	Chicopee	1
7	Central	6
2	Chicopee Comp.	4
2	East Longmeadow	9
6	Chicopee	4
11	Central	12
1	Chicopee Comp.	6
3	East Longmeadow	8
1	Northampton	6
0	Longmeadow	17

▲ Junior Sarah DeWolf forcefully pitches the ball to the opposing batter. She has been playing softball for LHS for three years.

◄ Freshman Nicole Provost crouches into a cautious ready position. "I think that the year went well. It was definitely more challenging this year being on varsity as compared to JV," said Nicole.

➤ Juniors Mike Graham and Craig Regnier discuss the upcoming pitch selection at a meeting by the mound. "Even though we struggled this season, we had a good time," said Mike.

▼ Senior Ryan Lavoie follows through on a swing during a game at Whitney Park, where the team played its home games.



Baseball

Ludlow		Opponent
3	Amherst	8
0	Holyoke	17
3	Longmeadow	17
2	Northampton	12
6	Chicopee Comp.	7
2	South Hadley	3
4	West Springfield	8
3	Central	1
10	Chicopee High	13
6	Northampton	11
3	Chicopee Comp.	7
1	East Longmeadow	22
3	Central	2
2	South Hadley	5
3	West Springfield	23
2	East Longmeadow	15
1	Chicopee High	10
1	Palmer	5
1	Palmer	10
0	Agawam	18

Swinging away

Though this year's baseball team did not have a winning season, the boys enjoyed the luxury of team bonding and remained in good humor throughout all of the hardships that it faced.

The Lions finished their season 2-18 after suffering from many errors. Agawam, West Springfield, East Longmeadow, Holyoke, and Longmeadow proved to be tough competition, but the Lions remained in high spirits throughout the season.

The team, comprised of six seniors and only five returning players, found itself inexperienced. However, the young team was ready to learn and rebuild with new LHS coach Mr. Martin Fanning, who had past experience elsewhere in coaching baseball. "I had good expectations at the beginning of the year and I am highly optimistic for next year," said Mr. Fanning.

▼ Senior pitcher Dave Salvador looks in for the sign as he gets ready to pitch. Salvador was a utility player at the beginning of the season but settled into his spot in the pitching rotation as the season continued.

◄ Senior catcher Neil Daigneault crouches down as he gets ready to catch the incoming pitch.

◄ Junior George Blake fields a bouncing ground ball at second base.

► Senior Matt Salvador swings at an outside pitch during a recent game. Salvador played third base during the season and was second on the team in hitting.

▲ Senior shortstop Sean Zdanis reaches back to pick up a ball out of the dirt. "The record didn't show how much the team improved over the year, but we had fun, and I wish next year's team good luck," said Sean.

➤ Junior Sarah Pfefferkorn hits a two-handed backhand stroke in a match at Ludlow High School.

➤ Junior Ashley Pestana follows through with a hit. She said that Coach Carlin helped make the season fun, even when the team lost.

▼ Junior Erin Mislak swings at the tennis ball. "I did better than expected. I was excited to win 15 matches and help my team," said Mislak. "The season turned out well," she added.

▲ Junior Jocelyn Pereira completes a shot during a doubles match. "Tennis is a fast-paced sport and it is harder to play than you think. It is not only you versus your opponent but you versus yourself. Sometimes you know your team is going to lose a match, but if you play to win your own game, you will come out on top," said Jocelyn.

◄ Junior Sarah Levesque finishes a backhand shot with an upward stroke as she watches the ball travel over the net. "This year, we lost a lot of people and we were playing with a younger squad, but we still played one of our better seasons," said Sarah.

▼ Junior Megan Williamson approaches the ball as she attempts an underhanded stroke.

◄ Junior Kristin Goncalves follows through with a forehand shot. "I earned the chance to play on varsity this year, and Mr. Carlin was truly an inspiration to my life. He taught me to control my temper even when I made mistakes or had a bad match," said Kristin.

Girls' tennis

Serving victory

Victory was with this year's Lady Lions as they served their way into the playoffs. Although the team was relatively young, it finished the season 12-3.

There was not a senior tennis player among the Lady Lions; however, the returning players, as well as Mr. John Carlin's veteran coaching, led the team to a very successful season.

The most exciting moment of the girls' season, aside from their victory over Cathedral, was their comeback win over South Hadley. During the match the Lady Lions found themselves losing 1-5, but the tide changed and they ended the match with a 7-6 win. "This season I realized how much of a team sport tennis was," said junior Jocelyn Pereira. "Even if someone on the team had a bad day and we were behind, the other players picked up the slack and led the team to victory."

Ludlow		Opponent
5	Palmer	0
3	Agawam	2
5	Central	0
5	Chicopee Comp.	0
5	Northampton	0
1	Minnechaug	4
1	Longmeadow	4
4	Amherst Pelham	1
5	West Springfield	0
5	Holyoke	0
2	Cathedral	3
5	East Longmeadow	0
5	South Hadley	0
4	Westfield	1
5	Chicopee	0

Boys' tennis

Standing strong

Ludlow		Opponent
2	Central	3
0	Agawam	5
2	Chicopee Comp.	3
0	Northampton	5
0	Minnechaug	5
0	Amherst	5
1	West Springfield	4
1	Longmeadow	4
2	Holyoke	3
0	Cathedral	5
1	East Longmeadow	4
1	South Hadley	4
2	Chicopee	3
1	Westfield	4

The tennis team had a challenging season this year; however, the team captains were excellent and managed to keep the morale of the team high. Though the boys' record was 0-13, coach Mrs. Susan Stachelek says, "In most cases they played like the body will heal but a loss is forever. In other words they gave 100%. Even though they lost, most of the individual games were very close." Regardless of the score, member of the tennis team always tried their hardest.

The team record was only one aspect of this year's season, while the team unity and spirit were the others. This was something at which they excelled. The older players helped the younger players with their skills and the boys acted as a team, supporting one another and helping each other. This aspect left members of the team ending their season on a happy and fun note.

➤ Freshman Jayme Kapinos follows through with his hit. "The season went great for my first year and hopefully I'll have as much fun next year as I had this year," said Jayme. He added that the lack of people on the team hurt its chances of having a better season.

➤ First year player senior Kyle Levesque rushes forward to save the ball from hitting the ground. "[Our coach] Mrs. Stachelek was pretty laid back, so it was fun and we learned a lot," said Kyle.

➤ Senior Cody Binette steps to the side to return the ball to his opponent. Although the season did not go as well as the boys would have hoped, they enjoyed the sport and being able to practice with one another.

➤ Senior Chris Palatino, who has been playing tennis for LHS for three years, reaches out to swing at the tennis ball before it hits the ground. "My favorite part of the season was the time that I actually won a match. I was in "The Republican" in the "Who's Hot" section for tennis. That was pretty cool," said Chris.

▲ Senior Pete Afonso leans back to return the tennis ball. "The season was rough, but the team still stuck together and had fun playing," said Pete.

◀ Freshman Joey Kapinos jumps high off the ground in an attempt to return the ball to his opponent.

◀ Senior Ben Millilo tries to calculate the path of the tennis ball that his opponent will soon serve.

▼ Sophomore Christina Amaral and freshman Alison Pease sprint ahead of sophomore Justine Pereira during the meet against South Hadley. "It was my second time running the 100m race. I was excited for it and finished 2nd, right behind Tina," said Alison.

◄ Distance runners freshmen Stephanie Soffen and Meagan Dragon tail behind a South Hadley runner during the one mile race. This was the most difficult race for the girls' team this year.

► Senior Michelle Bradway and freshman Sarah Holbrook continue strong in the one mile race against South Hadley.

► Sophomore Nicole Potter finishes the one mile. Potter achieved her personal best in the mile during the state meet held at Holyoke High while running the two mile.

▲ Sophomore Cassandra Dias, junior Jessica Ratkiewicz, and freshman Nina Perez race in the second heat of the 100 meter sprint.

Girls' track

Sprinting to the finish

The Lady Lions had a record-breaking season, finishing with the team's first-ever league title and undefeated season. The track team improved immensely since 2003, due to the increase in participation as well as hard work and dedication.

Although the team had only three seniors, the leaders of the team stepped up to bring the team to victory. At the start of the season, the girls were picked to place third in the league. "We told the newspaper that we would be first, but they didn't believe us," commented coach Mr. Brian Walsh.

The team, which was one of Ludlow High's largest girls' track teams ever, scored more than twice as many points as the previous year. The pivotal point of the season was its victory against Monson, which gave way to the undefeated season.

Ludlow		Opponent
121	Chicopee Comp.	15
89	Commerce	47
80	Monson	65
85	Southwick	60
81	Northampton	64
105	South Hadley	39
113	Sci-Tech	31

Western Mass
14 points
12 place

Coach Brain Walsh cheers on junior Jessica Szlosek in the 100 meter high hurdles.

Sophomore Allison Prokop clears the pole in the pole vault during the South Hadley meet. Allison and junior Shellane Natario currently hold the school record in the girls' pole vault. "Sweeping the pole vaulting event with Shellane really helped us win a lot of meets," said Allison.

➤ Junior Nick Moutinho sprints past his opponent as he nears the finish line.

➤ A pack of Ludlow Lions keeps the pace with South Hadley runners before many take the lead to complete the race.

➤ Senior Tim Dannay paces himself in the mile run. "I put six months of work into beating my best, and it was incredible when I did," said Tim, whose record was 4:50.

Boys' track

Keeping the pace

Ludlow		Opponent
101	Holyoke	35
99	Palmer	46
117	Commerce	28
128	Holyoke Catholic	17
119	West Springfield	26
91	Monson	54
79	South Hadley	66
112	Sci. Tech.	33

Western Mass.
18 points
9th place

The Lions once again proved to be champions as they clenched the Pioneer Valley League championship title for the second consecutive season.

Not only did the boys' track and field team have an undefeated season, but it also finished five meets with over 100 points. By defeating Holyoke Catholic 128-17, the Lions obtained the school record for most points scored in a track and field meet, 128-17.

Comprised of almost 40 students, the team had an amazing amount of team cohesion and team unity. The team, which was led by captains seniors Marc Santos, Dan Martin, Dan Poitras, and Dave Sagan, broke records and individual players beat their personal best times. Senior Dan Poitras beat the school record on the pole vault, and junior Jesse Regnier also beat a school record in the two-mile run.

▼ Junior Zachary Repko jumps to clear the hurdle. Zachary was an important member of the boys' team this year, often helping to score points.

◄ Sophomore Dan Stevens soars through the air during the long jump. After the season ended, Dan won the most valuable player award.

◄ Senior Marc Santos prepares to throw the javelin during a meet against South Hadley held at Ludlow High School.

► Senior captain Dan Poitras sprints the first leg of the four by one. "The team went over and beyond all of our expected goals. I broke the pole vault record for the high school by clearing 11'7" for the team," said Dan of his accomplishments this year.

▲ Freshman Jeremy Lindsay clears the high jump during a meet against South Hadley. "This jump was my personal best this year. I thought that all of us high jumpers got along very well, and pushed each other to get over the bar that day," said Jeremy.

Girls' volleyball: (Front) Nicole Provost, Amanda Amaral, Aditi Kulkarni, Christine Howard, Andrea Santos. (Back) Coach Lisa Wetherell, Meredith Slora, Alyson Terlik, Caryn Lecca, Mia Santos, Monica Lynch, Nichole Balderston, Michelle Lynch, Sandra Rogowski.

Girls' cross country: (Front) Erin Gibbons, Michelle Bradway, Jessica Szlosek. (Back) Coach Amy Walsh, Lindsay Costa, Jessica Lamica, Leah Letourneau, Nicole Potter, Brittney Kawa, Allison Prokop, Melissa Dion, Katie Slepecki, Manager Michael Graham.

Golf: (Front) Matthew Kielbasa, Brett Williamson, Eric Drewniak, Anthony Marinello, Ryan Robillard,Tyler Gates, Nicholas Costanza. (Back) Coach Kurt Anderson, David Spooner, Michael Ryan, David Catarino, Justin LaMontagne, Neil Daigneault, Matthew Smith.

Girls' soccer: (Front) Rachel Fonseca, Stefiny Knight, Angela Wozniak. (Second) Christina Amaral, Melissa DaCruz, Jennifer Luszcz, Haley Will, Alison Pease, Justine Pereira, Jessica Luszcz. (Back) Coach Nuno Pereira, Katelyn Dolan, Suzanne Silva, Jennifer McCarthy, Alyssa Severyn, Megan Williamson, Stephanie Burek, Kristen Goncalves, Amanda Vigneault, Sarah Levesque, Coach Saul Chelo.

Boys' cross country: (Front) Nicholas Langone, Alexander Jorge, David Johnson, Alexander Casimiro, Marc Santos, Daniel Muse. (Back) Coach Rebecca Gauvin, Manager Catherine Coley, Timothy Dannay, Casey Desilets, Jesse Regnier, Paul Momnie, Adam Madera, Marc Lamondia, Daniel Stevens, Manager Marita Sarad, Manager Emily Simonoko.

Boys' soccer: (Front) James Alves, Eric Rodrigo, Jose Sanches, Jesse Pereira, Kyle Levesque, Jason Carvalho, Davide Nascimento, Jeffrey Francisco, Antonio Rosa. (Back) Coach Jack Vilaca, Coach Richard Huff, Justin Martins, Ahmed Abdullah, Brian Davis, David Goncalves, Domenico Pellegrini, Jason Magalhaes, Nicholas Bruschi, Ruben DeSousa, Paul Garcia, Coach Greg Kolodziey, Coach Antonio Goncalves.

Football: (Front) E. Lang, M. Santos-Vitorino, M. McGrath, A. Wright, D. Martin, Z. Miller, M. Faulha, J. Merkel, P. Mahoney. (Second) M. Barros, C. Regnier, B. Coelho, G. Leastman, D. Benoit, A. Curto, J. Hangasky, B. Flatley, A. Medeiros, S. Barker. (Third) W. Dias, N. Chaplin, M. Dudley, R. Sears-Walter, D. Manganaro, S. Lecca, C. Crowther, N. Assarian, M. Harrington, A. Rashad, N. Vigneault. (Fourth) J. Metcalfe, D. Duchesne, J. Tiraboschi, D. Kang, M. Doherty, M. Suares, S. Asselin, J. Lindsay, W. Greene, J. Machado. (Fifth) C. Fish, M. Hayes, K. Sorenson, J. Santos, A. Bramucci, G. Belanger, M. McKelvey, W. Boilard, R. Dias. (Back) J. Breault, A. Dias, R. Dominique, Coach Clark Taylor, Coach Joesph Harrington, Coach Matt Underkoffer, Coach Carl Ericksburg, J. Underkoffer, W. LaBrecque, M. Lopata.

Ski team: (Front) Veronika LaRocque, Erin Mislak, Jessica Unsderfer, Allison Prokop, Alexander Casimiro, Jessica Szlosek. (Back) Coach Mike Mislak, Nick Bruschi, Michael Adam, Zachary Falconer, Adam Madera, Dwight Manganaro, Nicholas Sanchez, Alexander Jorge.

Boys' basketball: (Front) Kyle Lewis, Nathan Metcalf, Zachary Miller. (Second) David Benoit, Christopher D'Angelo, Clarence Kauila, Patrick Roberts, Coach Wayne Donaldson. (Back) Brian Flatley, Michael McGrath, David Kang.

Girls' track: (Front) Shellane Natario, Tiffany Holland, Sylvia Ferreira, Michelle Bradway, Justine Pereira, Rachael Loureiro. (Second) Jessica Ratkiewicz, Christina Amaral, Rachel Spirito, Gina Vecchiarelli, Cassandra Dias, Stephanie Laviolette, Brittany Kawa, Nicole Silva, Jessica Szlosek, Stephanie Soffen, Mia Santos, Nina Vecchiarelli, Melanie Costa, Cynthia Kopec, Lindsay Costa. (Third) Coach Amy Walsh, Rachel Fonseca, Kristen Kwajewski, Suzanne Silva, Alison Pease, Lauren Cotti, Claudia Filipe, Amanda Holley, Elizabeth Hayes, Amanda Vigneault, Nina Perez, Caitlin Farrell, Kristina Persson, Nicole Potter, Meagan Dragon, Katie Slepecki, Ashley Petrolati, Corrine Ryan. (Back) Sarah Holbrook, Abigail Putnam, Samantha Bousquet, Catherine Lavallee, Allison Prokop, Lindsay LaCoille, Ashley Adamski, Coach Brian Walsh.

Girls' basketball: (Front) Marisa Yelle, Christina DeNucci, Amanda Kenyon. (Back) Manager Erin Mislak, Kailtin O'Donnell, Jennifer McCarthy, Jocelyn Pereira, Megan Williamson, Coach Timothy Brillo, Amanda Vigneault, Katibeth Mol, Sarah Levesque, Manager Nicole Francisco, Manager Michael Jessmer.

Hockey: (Front) Andre Fernandes, Benjamin Milillo, Joseph Almeida, Keith Dube, Mark Goodreau, John Kawa, Peter Vomero, Michael Bouchie. (Back) Manager Rachel Spirito, Manager Christina Amaral, Manager Claudia Crespo, Michael Goodreau, Matthew Smith, Christopher Minie, Kevin Laviolette, Troy Ribeiro, Derek Duchesne, Coach John Carlin, Coach Paul Rivest.

Baseball: (Front) Matthew Harrington, Michael Burtch, Nicholas Chaplin, David Catarino. (Second) Daniel Los, David Salvador, Sean Zdanis, Michael Graham, Neil Daigneault. (Back) Craig Regnier, Michael DaSilva, Kyle Lewis, Ryan Lavoie, George Blake, Matthew Salvador, Coach Martin Fanning.

Cheerleading: (Front) Monique Goodreau, Stacy Dalby, Meghan Hill, Andrea Saloio, Hillary Bolduc, Alexis Hanson, Tanya Lang, Jessica Bashaw. (Back) Nicole Libiszewski, Katelyn Collette, Meghan Diotalevi, Leigh-Ann Malke, Amanda Crespo, Tatiana Dagenais, Michelle Bradway (the Lion), Kimberly Dragon, Ashley Doughty, Felicia Goncalves, Julie Bamber, Brianna Arnold.

Girls' tennis: Ashley Pestana, Sarah Levesque, Erin Mislak, Jocelyn Pereira, Kristen Goncalves, Sarah Pfefferkorn, Megan Williamson, Vanessa Leal.

Boys' tennis: (Front) Jayme Kapinos, Joshua Carpenter, Joseph Kapinos. (Back) Peter Afonso, Benjamin Milillo, Kyle Levesque, Cody Binette, Christopher Palatino, Coach Susan Stachelek.

Boys' track: (Front) Derek Duchesne, Clarence Kauila. (Second) Brian Fuller, Andrew Coelho, Brendan Hiersche, David Johnson, Nicholas Langone, Ross Dominique, Jr., Nicholas Assarian, Nicholas Moutinho, Matthew Hayes, Zachary Zina, Aaron Thomas. (Third) Manager Stacy Dalby, Jeremy Lindsay, Jonathan Rodriguez, Christopher Venne, Matthew Lopata, Curtis Fish, Marc Santos, Matthew Dudley, Marc Suares, Michael Barros, Alexander Jorge. (Back) Coach Rebecca Gauvin, Casey Desilets, Michael Martin, Peter Vomero, Dwight Manganaro, Nicholas Bruschi, Zachary Repko, Daniel Stevens, Paul Momnie, David Sagan, Daniel Poitras, Daniel Martin, Timothy Dannay, Jesse Regnier, Coach Mike Gauvin.

Boys' Volleyball: (Front) Tomas Dias, Steven Pereira, Kyle Filipe, Matthew Bates, Scott Lecca, Keith Dube. (Back) Nicholas Sanchez, Alexander Simao, Matthew Wahlers, Zachary Falconer, John Hangasky, David Ledoux, Matthew Guberow, Coach Fred Glanville, Assistant Coach Paulo Afonso.

Congratulations to the LHS athletic teams for a wonderful year!

Events...

Defining memories

Seniors Matt Warwick and Patrick Brannan show off their unique tuxedos at Prom.

MEMORIES (mĕm′ərēz) n. the knowledge of previous thoughts, impressions, or events.

Seniors Brittany Mariani and Katie Lucas perform "I'm Gonna Wash That Man Right Outta My Hair" at the senior show.

Sophomore Ross Dominique plays a game of Uno at the volleyball marathon.

There are so many moments that we spend together, that it is impossible to remember everything that has happened throughout our years in high school. However, certain ***memories*** stand out in our minds and will always stay with us — ***memories*** of events and of people we have met along our journeys, as well as ***memories*** that have taught us something about ourselves and about one another.

Events such as homecoming, class banquets, the volleyball marathon, and prom; and senior activities such as the senior show, the mystery trip, class night, the senior farewell, and finally graduation, ***define*** our high school years. These events not only provide us with entertainment, but they also supply each one of us with ***memories*** with our fellow classmates that we will forever cherish.

The ***memories*** that we share throughout our four years of high school have helped to ***define*** each and every one of us. We learn from the moments that we spend together, taking ***memories*** and lessons learned with us as we exit the high school. These ***memories*** will stay with us for the rest of our lives and will never be forgotten.

Freshman Eric Drewniak amazes the crowd with his juggling moves at Mad Tizzle Yizzle!

Senior Sean Zdanis dances with his date, sophomore Erin Mislak.

Senior Randy Cookish votes for the 2003 Homecoming king and queen.

LHS alumnus Josh Yelle mingles with juniors Jocelyn Pereira and Jesse Risciotti.

Junior Nick Moutinho takes the theme "Egyptian Nights" to a new level by dressing up as an Egyptian pharaoh. "I thought it would be funny to dress as a pharaoh and get into the spirit of the event," said Nick.

Homecoming 2003

Dancing away "Egyptian Nights"

On Friday, November 21, "The Cub" sponsored the annual Homecoming dance. "Egyptian Nights" was held in the beautifully decorated LHS cafeteria from 7:00 until 10:30 at night. The decor included blue, purple, and gold balloon chains hanging from the rafters, golden pyramids, a fountain, and an Egyptian style arch. DJ Sergio André provided the wide selection of music, and all 375 attendees enjoyed the delicious brownies, cookies, vegetables, punch, and fruit salad.

The students and alumni who attended the dance liked the Egyptian theme. Some even took the opportunity to show their creativity by finding outfits to coincide with the Egyptian decorations.

Unlike last year, the "no 'F' policy" did not apply, so students were able to attend this event even with poor grades because it lasted only one night. Each and every student in attendance enjoyed a wonderful evening of music, food, and time with fellow and past Ludlow High School students.

"Overall, the dance was a huge success," said Homecoming coordinator senior Karen Miele. "Everyone on "The Cub" staff worked so hard throughout the weeks prior to the dance to make the evening as wonderful as it was, and everyone who attended had a great time."

▼ Homecoming king senior Marc Santos and Homecoming queen senior Michelle Bradway, decked in robes and crowns, share a moment during their royal dance.

▲▲ Enjoying the ambiance of the evening, sophomore Sasha Sellez and freshmen Rob Koawczgnski and Megan O'Brien admire the decorations. The senior section of the cafeteria was converted into an Egyptian oasis complete with pyramids, palm trees, and a fountain.

▲ Sophomores Matthew Dudley, Meghan Diotalevi, and Leigh-Anne Malke and junior Shellane Natario thrill at the size of the beautiful purple, gold, and teal Egyptian archway constructed by senior Dan Muse.

▲ Dancing to the beat, sophomore Clarence Kauila shows off his moves on the dance floor. "The dance was fun and I had a really great time," said Clarence.

▼ Senior Amanda Maksymiw puzzles over what to eat for dinner. "I thought that the buffet was great. There was a wide variety of food," said Amanda.

▲ Junior Lauren O'Neill dances while enjoying the music. "The DJ and music were great. He played different types of music so everyone could dance," said Lauren.

▲▲ Juniors Tanya Andre, Katelyn Collette, Nick Correia and Jaclyn Quiterio take a break from eating to smile for the camera. "We had more fun than we expected. We showed up and had a great time," said Tanya.

▲ Juniors Angela Wozniak, Tiffany Goncalves, and Danielle Petrolati crowd around Santa, played by Brian Coelho.

▼ Juniors Lori Milbier and Katie Doyle spend some quality time with their senior friends Caitlin McInerny, Shana Santos, Craig Ricardi, Andrea Santos, and Meaghan Shea.

Upperclassman Banquet

'Twas a night to remember

The junior/senior banquet, 'Tis The Night, was held on December 12 at the Melha Shrine Center in Springfield. The old mansion, converted into a banquet hall, was the perfect place to enjoy a holiday banquet with classmates before the two-week holiday vacation. The hall was decorated with a Christmas tree, a portrait of Santa, and many poinsettia plants.

The music was provided by D.J. Greg Gaudreau who at the end of the night gave junior class advisor Mr. Brian Walsh the stage to beat box for the crowd. The buffet inclued both meat and vegetarian dishes and a wide variety of side dishes such as salad, potatoes, and rice.

Senior class advisors Mrs. Susan Phelon and Mrs. Mary-Jane Zywiak thought the evening was a wonderful success, even though only approximately 90 people attended. "It was lovely. I had a wonderful time and it seemed like kids did too," said Mrs. Phelon. Mrs. Zywiak had the same feelings. "It was great fun. Everybody got up on the dance floor, including me," she said.

This year's banquet was the second year in which the classes were forced to hold a joint banquet. Although a joint banquet was controversial at first, the evening proved to be enjoyable for all who attended.

▲ Juniors Nick Bruschi and Kristen Goncalves share a friendly hug.

▲ Eric Rodrigo and Stacy Dalby dance the night away to the hip-hop music.

▲ Senior Jeff Ribeiro demonstrates his unique moves to juniors Kristen Goncalves and Nicole Francisco.

▼ Sohomore Julia Tetreault carves into one of the many pineapples used as decoration at the banquet. "My table had the best pineapple," she said.

▼ Freshmen Chelsea Marques and Catarina Martins help themselves to an array of Chinese food supplied by the Hu Ke Lau. "It was a fun night and the food was delicious," said Catarina.

▼▼ Freshmen Brett Provost, Mike Goodreau, Ryan Robillard, and Paul Fernandes break away from the crowd. "It was a great time to spend with friends," said Brett.

▲ Freshmen Josh Dobiecki and Jerad Ostrowski take a break from dancing. "I had a lot of fun. It was a great time, and I can't wait till next year's banquet," said Josh.

Underclassman Banquet

Hawaiian Dreams

Banquet season began early for the freshman and sophomore classes when they held their joint banquet on Friday, October 22. The banquet, entitled Hawaiian Dreams, was held at the Lusitano Portuguese Club. The food, which everyone agreed was delicious, was catered by the Hu Ke Lau. Decorations including real pineapples, real coconuts, and confetti gave the club a Hawaiian atmosphere. Even the students themselves got into the theme of the night. Many sported Hawaiian-themed clothing, and all of the students in attendance were given leis upon arrival.

The 120 students who attended the banquet had an evening of music, dance, and food. The dance floor was crowded throughout the evening as the students danced the night away.

Sophomore class advisor Mrs. Linda Courtney said, "I thought it went very well. I had a great time, and everyone else had a good time too."

"We thought that the banquet wasn't going to turn out very well, but I think that in the end, it turned out really well. We were all interacting with the freshman class and we all got along," said sophomore class vice-president Anita Alves.

▲ Sophomore Matt Smith, freshman Matt Jordan, sophomores Nick Gomes, Jake Bruschi, Paul Momnie, and freshman Jared Baillargeon get into the sprit of the Hawaiian theme by wearing their colorful leis.

▲ Sophomore Amanda Santos shows her enthusiasm at the buffet table.

▲ Sophomores Julia Sadowsky and Angela Evans sport their colorful leis.

▲ The smiles never leave the faces of friends Ashley LaBier and Stefanie Tavares as they dance.

Prom

"A Red Carpet Affair"

Juniors Sarah Levesque, Stacy Seguro, senior Jenn Priore, and alumna Amber Goodreau display their moves.

Seniors Criag Ricardi and Breanne Pollander sit down to enjoy their delicious meal.

Senior Matt Goodreau and his date sophomore Katherine Duarte enjoy the music.

On Friday, May 7, 350 students and faculty arrived at the Allan room at Chez Josef in Agawam for an elegant evening complete with delicious food and upbeat music.

The night began at 6:00 with a social hour until dinner was served at 7:00. The food choices for the night were Delmonico steak, chicken francaise, or a tower of roasted vegetables. Sodas were available for all students and faculty throughout the night free of charge.

After dancing for a couple of hours to music supplied by Afterhours, students crowded onto the dance floor to hear the announcement of the prom court. Seniors Marc Santos and Meaghan Shea were crowned king and queen of the event and juniors Megan Hill and Joe Almeida were crowned prom princess and prince. Afterhours supplied all students with glowsticks to wear during the evening.

The coordinators of this memorable evening were the members of the junior class executive board, led by class president Jung Kang and class representative Alex Jorge. The pair worked together to make the prom an unforgettable evening.

"The night went very well. Everyone had a good time and the DJ played a good variety of music that kept the dance floor crowded throughout the night," said Jung.

Prom king Marc Santos poses with his prom queen Meaghan Shea on the red carpet. "Being voted prom queen was the most memorable moment of prom. It definitely completed my senior year," said Meaghan.

▼ Junior Jesica Lamica, seniors Samantha Kobjack and Sandy Rogowski, and junior Monica Lynch share a relaxing moment at prom. "It was a memorable night. I had a great time with my friends," said Sandy.

▼▼ Senior Phil Fonseca, junior Mike Weibel, and seniors Sean Zdanis, Lyle Vance, Matt Salvador, Mark Goodreau, and Kyle Galindo take a break from dancing. "It was a fun. It was the last time I was going to get to see everyone so it was good," said Kyle.

▼ Seniors Kyle Levesque and Meredith Slora dance the night away. Kyle said, "Prom was a fun night. I enjoyed spending time with my friends."

▲ Juniors Karyna Machado, Isabel Barroso, and Kristina Merced pose for a memory. Isabel comented, "We had a great time with our friends and dates. It was definitely a night to remember, and I will always treasure the memories from it."

Senior Danny Borkowski poses with Samuel Jackson at Madame Tussaud's.

Junior Nick Correia attempts to climb onto the Portuguese navigator's monument.

After their bus got into an accident, seniors Sandy Rogowski, Cristina Andre, and Jeff Ribeiro find some free time to relax in Central Park.

The Portuguese club traveled to the Portuguese navigator's monument on Ocean Drive in Rhode Island. The monument, dedicated in 1988, is a cultural landmark for the Portuguese people.

Language field trips

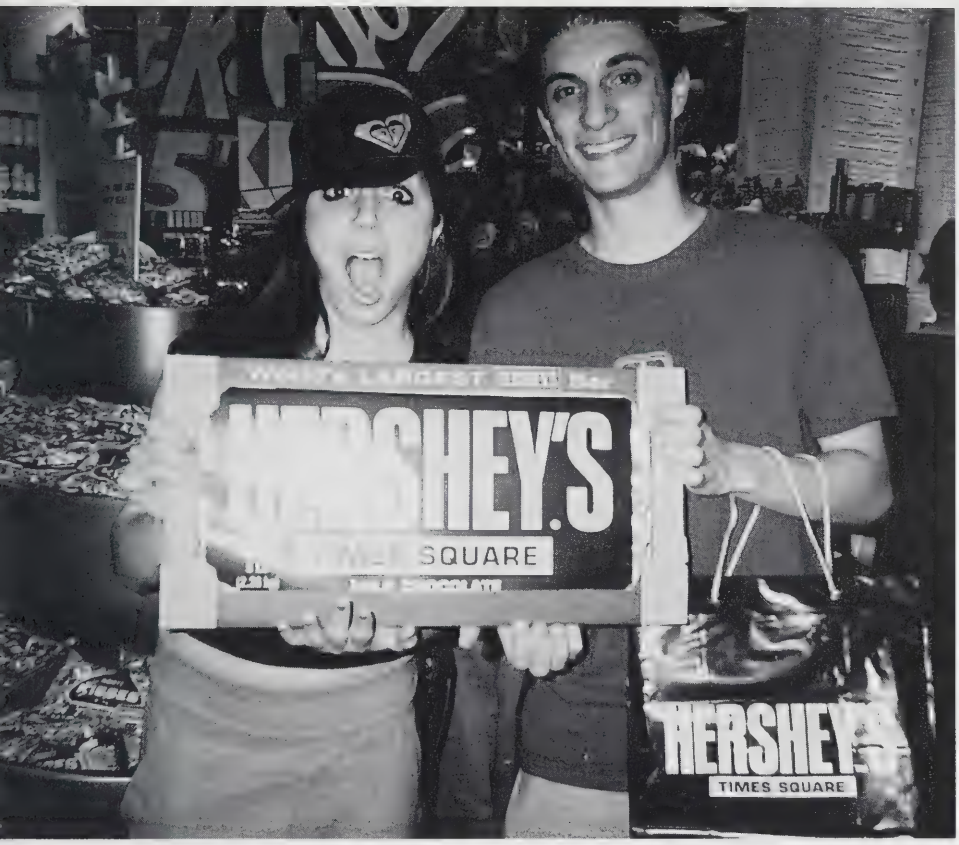
Traveling and experiencing cultures

Traveling on field trips is one of the exciting experiences for students involved in language clubs. The Spanish and French clubs both took trips to New York City in May to dine at cultural restaurants and see the sights of the city, and the Portuguese club traveled to Newport, Rhode Island.

On May 4, the French club traveled into the city to dine at Brasserie Pigalle, a French restaurant in the heart of New York City. After lunch, the students were also able to pay a visit to Madame Tussaud's wax museum. The French club was also given free time to walk around the city or to travel to Ground Zero with advisor Mr. James Martin.

The Spanish club traveled to New York on May 14 to see the Statue of Liberty and eat at an authentic Mexican restaurant. When one bus collided with another bus, however, a group of students was left behind and missed the boat ride to the Statue of Liberty.

While in Newport, Rhode Island, on May 13, the Portuguese club was able to see the Portuguese navigator's monument on Ocean Drive. Although the Portuguese club's trip had the smallest attendance of all three language clubs, about fifty students traveled to Rhode Island to see the historic monument with advisor Mrs. Maria Fagundes.



▼ Kelly Mateus, Stacey Seguro, and Jessica Fernandes enjoy a day in Rhode Island. "Besides the bus ride, walking though Newport, seeing the shops, and window shopping were my favorite parts of the trip," said Jessica.

▲▲ Juniors Amanda Amaral and Nick Sanchez buy the world's largest Hershey's chocolate bar during their field trip with the Spanish club to New York City. The candy bar weighed in at five pounds and was enjoyed by all during the ride home.

▲ Junior Alex Jorge sits on a couch next to Madonna. "The French club trip was really fun. I enjoyed traveling to Ground Zero after we went to the wax museum, but I got scared on the subway," said Alex.

▲ While on the French club trip, many students saw that advisor Mr. James Martin and Jerry Springer had surprisingly similar physical characteristics.

▼ Senior Danny Borkowski and Katie Doyle play their saxophones. The pair had a duel with their instruments, taking the level of applause from the audience as to who performed better.

▲ Juniors Cara Stokowski and Jay Blanchard perform the song "Now That I Found You."

▲▲ Junior Shellane Natario amazes the audience with her superb performance of twirling batons while doing gymnastic moves.

▲ Freshman James Starr sings the hit song "Again." "I had a really fun time doing it. I really enjoyed singing in front of the entire audience on stage," said James.

▼ In matching outfits, Catarina Martins, Jamie Brosseau, and Kaitlyn Vitorino perform the dance number "Rhythm Nation."

Mad Tizzle Yizzle!

Showing off their talent

After three years, the Spanish club's talent show, originally called Mad Talent Yo! is still thriving. This year's incarnation, entitled Mad Tizzle Yizzle!, was a great success, featuring dozens of very talented students displaying their skills in everything from drum solos to juggling.

Sophomore Clarence Kauila stole the show by opening and closing the show with wonderful performances on his ukulele. Many of the performers played or sang music, but the variety in the styles was amazing. Fractured Few, a punk rock band comprised of Ken Valentine, Kyle Leganza, John Dugré, and Patrick Shaheen, performed a rousing rendition of "I Fought the Law," and James Starr, Michelle Liaszenik, Michelle Bradway, Cara Stokowski, and Amanda Grelha astounded the crowd with their amazing voices.

Other spectacular acts of the night featured Alex Casimiro on the drums, Shellane Natario twirling batons, and a dance number by Catarina Martins, Jamie Brosseau, and Kaitlyn Vitorino.

The finale of the show included a collective of LHS musicians putting on an elaborate and exciting performance of "Hey Ya," the hit Outkast song. By the time the curtain fell, the entire cast and backstage crew was given a great ovation.

▲ Junior Michelle Liaszenik sings the song "La Bamba."

▲ Amanda Grelha captivates the audience with her wonderful performance of "Power of Love."

▲ Senior Matt Goodreau plays his guitar during the performance of "Hey Ya."

▼ Seniors Kevin Randall and Keith Dube and sophomore Mike Kang bask in the glory of winning first place in the volleyball competition.

▼ Sophomores Amanda Marques, Julia Sadowsky, Lauren Cotti, Nick Gomes, and Ahmed Abdullah read magazines and relax before their next game.

▼▼ Amanda St. Aubin, Matt Goodreau, Kyle Levesque, Cody Binnette, Eric Smola, Liz Hayes, Dan Martin, and Andrew Goodreau show off their costumes while having fun in the back gym.

▲ Freshmen Sarah Potter and Melissa Miele amuse themselves by playing a card game while they await their next game. "This was the first volleyball marathon that I went to and we had a lot of fun. Overall, our team did really well. I'm planning to go again next year," said Melissa.

Volleyball marathon

Playing hard and having fun

The student council-sponsored volleyball marathon took place on March 12 and 13. Thirty-one teams competed in the event, but only "The Mob" took home the honor (as well as plaques and $100 to Pizzeria Unos) of being the first place team.

The marathon began at 7:00 in the evening, when over 200 students piled into the back gymnasium at LHS carrying sleeping bags, pillows, and food, ready to stay awake playing volleyball and talking with friends throughout the night. The teams competed in a round-robin style tournament in the front gymnasium, playing against students from all four grades as well as alumni. Many faculty members also chose to compile a team and play against the students when there was an open court available.

Food was never in short supply at the event, as pizza, cookies, brownies, cake, chips, bagels, fruit, vegetables, soda, juice, and water were donated by many local businesses for volleyball-a-thon.

Junior Alex Jorge was in charge of the event. "The entire night went really well. There weren't any real problems and everyone who participated in the marathon had a good time," said Alex.

The Big Kahunas congratulate one another after winning a game. "I had a good time at the volleyball marathon and our team even won our first game!" said junior Dwight Manganaro, third person from the left.

Junior Scott Lecca waits in the back gym while preparing for his next game.

Sophomore Matt Smith enjoys the free refreshments donated by local businesses.

Student council advisor Mr. Brian Bylicki welcomes everyone to the volleyball marathon.

Theater production

"Annie" awes audience

On April 2 and 3, the musical theater workshop students, under the direction of music teacher Mrs. Mary-Beth Will, staged a well-received production of the musical "Annie" in the LHS auditorium. In the lead roles were sophomore Julia Sadowsky as Annie, senior Danny Borkowski as Daddy Warbucks, and junior Selena Jedrzejczyk as Miss Hannigan.

The production came together in an impressively short amount of time. "We really didn't have a lot of time after school for rehearsals. Most of the choreography and staging was done during class and the week before the show after school," said Mrs. Will. She added, "It really was a good show this year. We had professional costumes, and a skeleton set, so the scene changes were much quicker. The orphans were all experienced dancers, too."

The play consisted of a variety of song and dance numbers which were performed with great enthusiasm. Instead of performing the entire play, the directors decided to showcase certain dance and song numbers which told the story of "Annie" without added storyline.

Julia, as a first-year LHS play perfomer, captivated the audience with her amazing voice, and the other performers sang backup wonderfully as well.

An orphan (junior Alexandra Norwood) sings about her troubles in the orphanage.

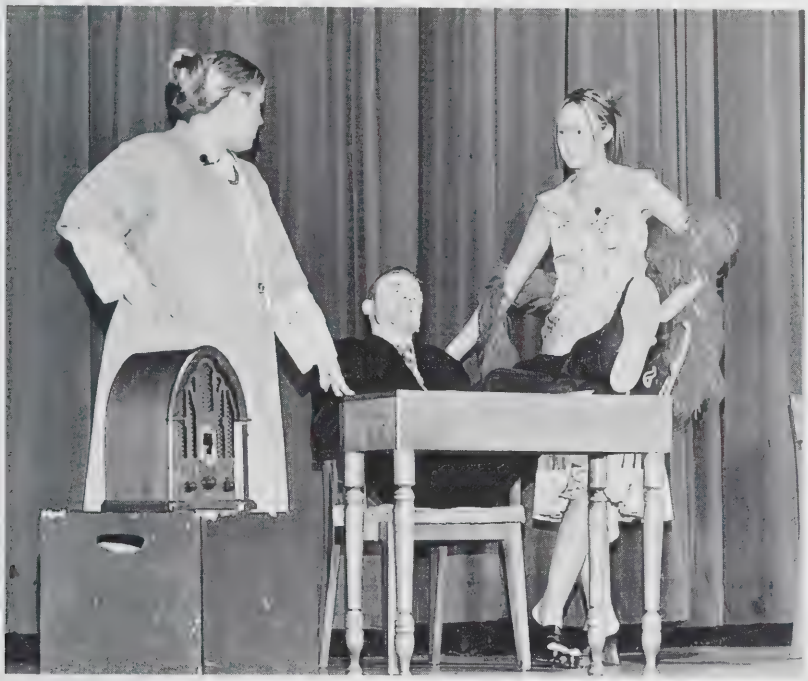
Annie (sophomore Julia Sadowsky) sings about her hopes to find her parents.

Warbuck's secretary, Grace Farrell (senior Michelle Bradway), makes plans for Annie's visit.

The entire cast of orphans concludes its dance and song to "It's a Hard Knock Life." "The play turned out better than we expected it to and we all had a good time doing it," said sophomore Julia Sadowsky, who is raised above the other orphans' heads.

▼▼ Daddy Warbucks (senior Danny Borkowski) speaks to Annie (sophomore Julia Sadowsky) about her parents. "I thought that the play was done very well. We had only two weeks worth of after-school rehearsal, but we pulled it together in the end," said Danny.

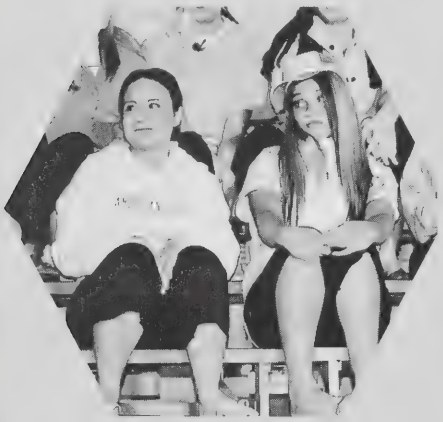
▼ Miss Hannigan (junior Selena Jedrzejczyk), Rooster Hannigan (senior Chris Stone), and Lily St. Regis (senior Kim Dragon) discuss their plan to become rich.



▼ Two orphans (seniors Marisa Yelle and Jessica Unsderfer) carry junior Meghan Hill over their shoulders during a song and dance number.

▲ Two orphans (senior Andrea Saloio and junior Meghan Hill) taunt Miss Hannigan (junior Selena Jedrzejczyk). "The choreography was really good. I had a good time doing it," said Andrea.

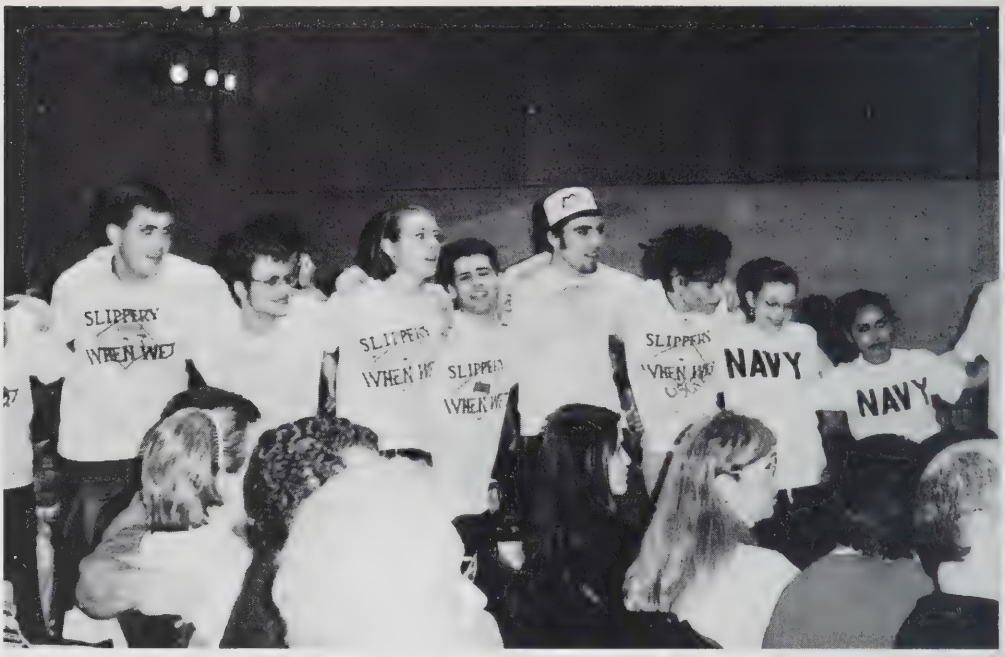
▲ Seniors Mallory Michalczyk and Bryan Martins dance during the LHS class of '34 reunion skit.



▲ Seniors Cristina André and Stephanie Lopes wonder if John Edwards can speak with the dead during the "Crossing Over" skit.

▲ One of the highlights of the evening was senior Phil Fonseca playing James Lipton of "Inside the Actor's Studio."

▼ Seniors Alex Simao, Dan Borkowski, Dan Muse, Derek Vigneault, Matt Suska, Adam Madera, Karen Miele, and Aditi Kulkarni encircle the auditorium to sing Whitesnake's "Here I Go Again" at the close of the show.



Senior Show

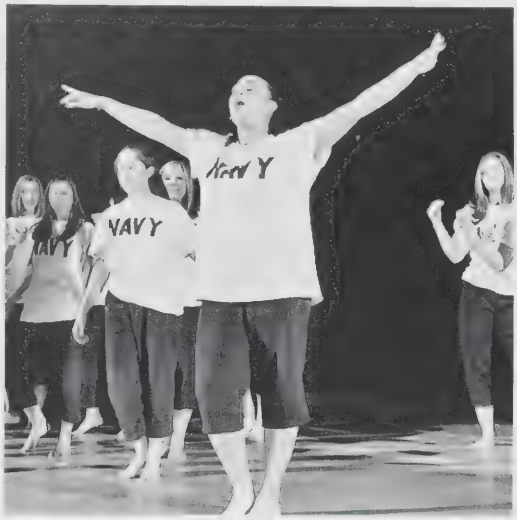
"Slippery When Wet"

This year's production of the senior show, "Slippery When Wet," operated without a problem, which was a shock to many seniors after the show was almost cancelled because the class had a difficult time finding someone to advise the show. When Mr. Bob Sullivan, an actor with Ludlow's Exit 7 Players, volunteered to direct the show, the class knew that the skits were in good hands. Under his direction, the one hundred seniors who participated in the show were able to sing, dance, and laugh their way through a three-and-a-half hour performance.

Many of the skits were parodies of popular television shows such as "Live with Regis and Kelly," "American Idol," "Crossing Over With John Edwards," "Inside the Actor's Studio," and "Trading Spaces." These skits along with Maria Jahn's wonderful singing of "Hero," the boxing match between Jacob Oliveira and Khalil Abdullah, and Marc Santos's Portuguese skit were just a few of the highlights of the evening.

Mrs. Mary-Beth Will and Mrs. Angelique Early directed the girls' and boys' production numbers of "I'm Gonna Wash That Man Right Out of My Hair" and "Prince Ali" respectively. Both skits came together for "In the Navy" at the conclusion of the show before the entire cast encircled the auditorium to sing Whitesnake's "Here I Go Again."

▼ Senior Maria Jahn captivated the audience as she sang solo in the girls' production number. In the second half of the show she also sang the popular song, "Hero."



▲▲ Seniors Dave Sagan and Alexis Hanson play newlyweds Nick Lachey and Jessica Simspson as they are being interviewed by Regis Philbin and Kelly Ripa on their television show, "Live with Regis and Kelly."

▲ Seniors Tom Dias and Sylvia Ferreira show the audience some of the difficulties that they encounter being in Mrs. Maria Fagundes' Portuguese class. The audience could not stop laughing at senior Steve Pereira's interpretation of Mrs. Fagundes.

▲ Seniors Ryan Lavoie and Khalil Abdullah (better known as Princess Jasmine) bring the audience into "A Whole New World" during their performance.

▼ Seniors Sandy Rogowski and Meaghan Shea show off their large sunglasses. "We thought it would be fun to wear the glasses and make fools of ourselves," said Meaghan.

▲ Seniors Andrea Saloio, Peter Afonso, and Michael Jurkowski take a stroll along the streets of Portland before boarding the boat.

▲▲ Seniors Krystal Cortinhas and Patricia Ramos capure a memory at Peak's Island before boarding the boat to return to Portland. "We were both a little scared of going on the boat, but it was really fun and we ended up haing a great time," said Patricia.

▲ Seniors Daisy Cerqueira, Katie Lucas, Chrissy DeNucci, and Brittany Mariani sport their hoodies to ward off the cold weather before getting onto the boat to take them to Peak's Island.

▼ Seniors Jessica Unsderfer, Haley Will, Ericka Wilson, and Breanna Severyn stand in front of a cruise liner before boarding a smaller boat that would take them to Peak's Island where they would spend the remainder of the day.

▲ The seniors played an assortment of games during some downtime at Peak's Island.

▲ Senior Katie Lucas plays "Guess Who" on the bus ride to Portland.

▲ A group of seniors enjoy the boat ride from Portland to Peak's island.

Mystery trip

Journeying to Peak's Island

Senior week began for the class of 2004 on Tuesday, June 2, with the annual senior mystery trip. Unlike past years, the destination of the trip was unknown to all seniors as they borded the buses to embark on a 3 ½ hour ride that would eventually conclude in Maine.

The first hour of the trip was spent in Portland, where students were given free time to walk around the town and shop at various stores lining the streets. After shopping, students met at the ferry boats where they would be taken to Peak's Island, a small island about twenty minutes off the coast of Maine.

After disembarking, the seniors were brought to The Lion's Club pavillion, where they were served a lunch of lobster, chicken, steak, or pasta. The picnic-like setting of the lunch gave students the opportunity to relax and socialize.

Despite the drizzling rain that fell from the skies during parts of the day, the seniors managed to enjoy themselves by playing volleyball, Frisbee, and horseshoes. Some students decided to tour the island, inhabited by about 2000 people, while others walked along the coast skipping rocks. When it was time to board the buses to return home, all students had experienced a relaxing day on the last field trip the class of 2004 would take together.

▼ A row of senior graduates patiently wait with their parent letters. The letters were given to parents to thank them for their help and support.

▼ Jessica Strickland and Krystal Cortinhas wait together for Class Night to begin. "It was a really memorable night. It was nice to give my dad a letter to tell him how much I love him," said Jessica.

▼▼ Before Class Night began, Stephanie Turgeon, Jennifer Luszcz. Melissa Fraga, Stefiny Knight, Kim Dragon, and Jillian Dalmolin huddle together in the hallways of Ludlow High.

▲ Dressed for the first time in their caps and gowns, Amanda Regnier, Jessica Chase, and Rachel Clark prepare to line up in the cafeteria. "I think Class Night was good because I got to see my friends receieve awards and I got to see how happy my parents were for us," said Amanda.

Class night

A night of awards and recognition

On the night of June 3, the senior class, donning their caps and gowns, assembled in the auditorium, where dozens of seniors would be awarded scholarships as a result of their achievements throughout their four years of high school.

Class salutatorian Aditi Kulkarni began the night by delivering an inspiring speech to the class of 2004. She encouraged her classmates to make their own paths in life and to be proud of all their accomplishments, but never to forget the people who helped them along the way.

Awards and scholarships were then presented to students in recognition of their scholastic achievement, athletic ability, and community involvement. Mrs. Toni-Marie Mancuso also presented the top ten ranking students to the audience.

This year, seniors were able to thank their parents on Class Night by presenting them with the traditional parent letters that in past years were given during Senior Assembly. The letters generally thank parents for all of their help and support throughout the challenging years of high school. Parents were then able to view the senior slide show presentation, which showcased baby and senior pictures of the class.

Before concluding the evening, the senior choral members sang a wonderful "Bridge Over Troubled Water."

Senior members of the Ludlow High School chorus captivated the audience with their beautiful singing of "Bridge Over Troubled Water." "It was weird because I knew that singing at Class Night was one of the last times that I would get to sing with my fellow classmates," said Jessica Nai.

Class president Marc Santos delivers the opening address.

Amanda Ferreira and Mike Napiorkowski wait in the cafeteria for the night to begin.

Class salutatorian Aditi Kulkarni delivers an inspiring speech to her fellow classmates.

Senior Farewell

One final goodbye

Junior Jay Blanchard plays senior Kyle Galindo in the comedy skit during the Senior Farewell.

Seniors Amanda Brothers and Marta Pastula stand with the roses that the junior class gave to them.

Junior Brian Flately plays senior Chelsey Edgar, the bride, in "My Big Fat Ludlow Wedding."

This year, the Senior Farewell, formerly known as the Senior Assembly, was returned to its original purpose of being a time when the student body could say goodbye to the graduating class. Parents were not invited to the event, but the sophomore and junior classes were able to attend.

The junior class, who was in charge of the assembly, ensured that the seniors' last day in the building would be one which they could always remember. The senior class members viewed picture slideshows of themselves through their thirteen years of schooling together and the junior class performed a skit entitled "My Big Fat Ludlow Wedding," which mocked members of the senior class and the senior show.

Members of the senior class also played an active role in the Farewell. Senior class members recited the class histories, the class ballot winners were announced, and Marc Santos read his class poem. The senior class officers were also given the opportunity to thank their class advisors for their hard work and dedication to the class of 2004 over the past four years. The class gift of a new podium for the auditorium and year plates for the mosaic were also presented to the school at the assembly.

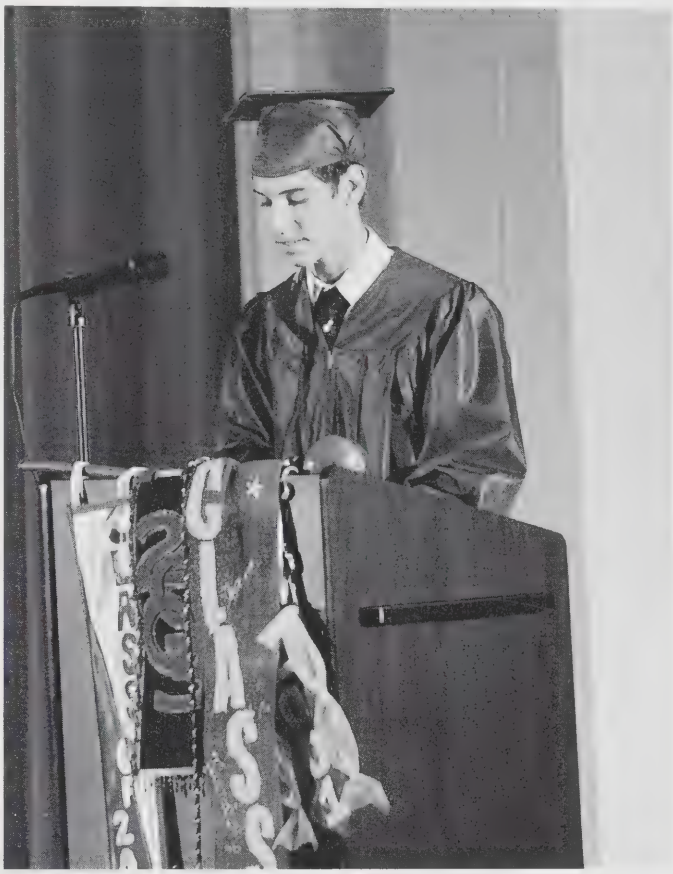
At the conclusion of the assembly, senior class president Marc Santos passed the peace pipe to next year's senior class president Jung Kang as a symbol of leadership.

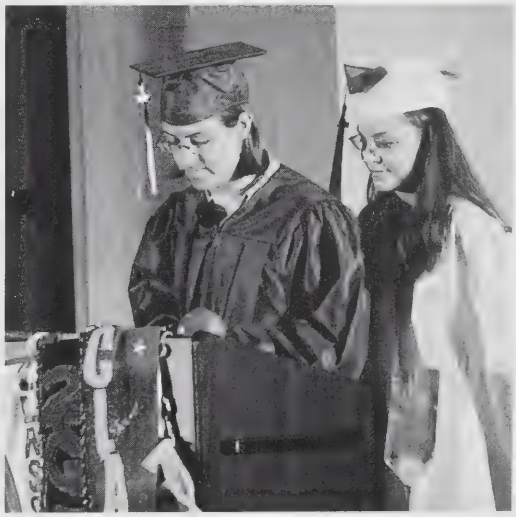
Members of the junior class encircle the senior class during the candle ceremony. The candle ceremony took place to the song "Times Like These" by Foo Fighters.

▼ Juniors Alex Casimiro and Nicole Francisco play Marc Santos and Meaghan Shea during "My Big Fat Ludlow Wedding." "The Senior Farewell was a great event. It was a great way for the underclassmen to say goodbye to the seniors and it will be a memory that I will never forget," said Nicole.

▼▼ At the conclusion of the ceremony, seniors Phil Fonseca, Lyle Vance, Peter Gosciminski, and Theo Bryant enthusiastically leave the auditorium.

▼ Senior class president Marc Santos prepares to pass the peace pipe to incoming senior class president Jung Kang.





▲ "Cub" editor Dan Muse and yearbook editor Karen Miele announce the winners of the class ballot. "Announcing the winners of the class ballot at the Senior Farewell was a nice change from announcing them at Class Night in the past," said Karen.

Theo Bryant and Victor Ferreira enjoy the Hawaiian show.

Krystal Santos videotapes the show while Alex Norwood looks on.

A Hawaiian dancer performs on stage during the last senior banquet.

Amanda Brothers. Breanne Thompson, Monique Verteramo, Krystal Santos, Katie McCarthy, Jessica Lusczc, and Breanna Severyn enjoy some time together at the last senior banquet.

Last senior banquet

Making memories

The senior class came together one last time before its graduation at the last senior banquet, held on June 3 at the Hu Ke Lau, where many students arrived dressed in Hawaiian attire and leis. The night provided the seniors with the opportunity to take many pictures with friends during their last day as Ludlow High School students.

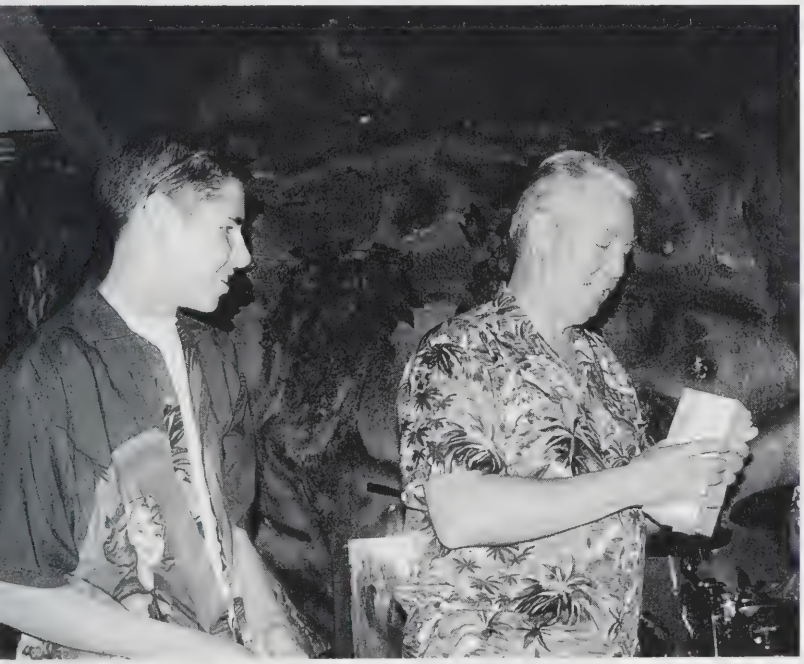
The highlight of the evening was the show with Hawaiian music and dancing. The class was able to participate in the show by singing along and getting out onto the dance floor to learn some hula moves. Class president Marc Santos was even brought onto the stage to dance with the Hawaiian dancers.

The Hu Ke Lau served a Chinese buffet for dinner, complete with chicken fingers, spare ribs, pork, and vegetable fried rice. Soda was also available throughout the evening.

During the banquet, the seniors were given the opportunity to say goodbye to retiring teacher Mr. James Marceau, who was the only four-year advisor of the class of 2004. He was presented with gifts from the class and given a heartfelt thank you and goodbye from the class officers.

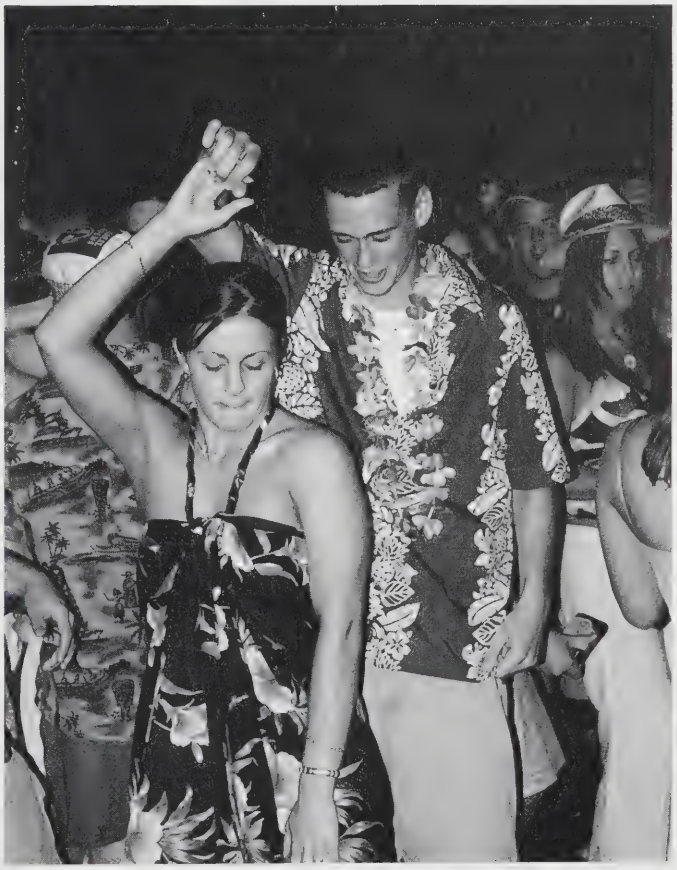
After the show, DJ Greg Gaudreau played music for the remainder of the evening. The seniors' last banquet proved to be a night that they will forever cherish.

▼ Jackie Lopes helps herself to some delicious Chinese food. "The food at the banquet was really good. Overall the night was fun, and it gave us all one last chance to be together," said Jackie.



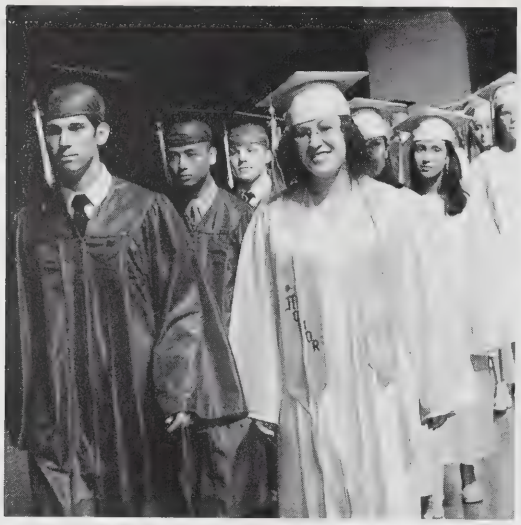
▲▲ The class of 2004 lines up on the dance floor to learn to hula dance.

▲ Treasurer of the senior class Jacob Oliveira watches as class advisor Mr. James Marceau opens his retirement presents from the class. "Mr. Marceau has been with us for the past four years and we could think of no better way to thank him than by giving him a few presents to represent all the things he has done for us over the years," said Jacob.



▲ Tatianna Dagenais and Dave Sagan hit the dance floor after watching the Hawaiian show. "Everyone looked great at the banquet in their tropical outfits," said Tatianna.

▼ Class president Marc Santos and valedictorian Shana Santos lead the class of 2004 into the arena. Marc quoted American tennis player Arthur Ashe in his speech, saying "From what we get, we can make a living. What we give, however, makes a life."



▲ Principal Dr. James Cokkinias welcomes the graduates and their families to the ceremony. Dr. Cokkinias also leaves the high school after five years to begin his retirement.

▲▲ Arch bearers Nick Moutinho and Meghan Hill wait with their flowered arch before leading the class of 2004 onto the stage of the Mullins Center. "It was sad to see them go, but fun to see them leave," said Nick.

▲ Graduate Daniel Borkowski receives his diploma from his parents, David and Pamela Borkowski, before being congratulated by chairman of the school committee, Christopher Chartrand. "It was special to get my diploma from my parents, since they helped me through high school and helped me get it," said Daniel.

▼ Marc Andre, Chris Palatino, Matt Salvador, Joe Balog, Neil Daigneault, and Jose Sanches give the thumbs-up sign moments before they enter the Mullins Center arena to begin their graduation.

Graduation

Concluding our years at Ludlow High

On Friday, June 4, the class of 2004 walked through the doors of the Mullins Center as high school seniors and exited through the same doors as graduates ready to enter a world filled with endless opportunities to explore.

As is tradition, the senior class walked into the Mullins Center at 7:00 in the evening to "Pomp and Circumstance" before listening to the concert choir sing the "Alma Mater." The choir also sang "You'll Never Walk Alone," which was followed by the band's playing of "1812 Overture."

Valedictorian Shana Santos delivered the first speech of the night, reminding the class of 2004 of its kindergarten graduation, which took place on the front lawn of the very school that it attended for the past four years.

Class president Marc Santos then delivered an inspiring graduation message, telling his fellow classmates that when he looked at them, he did not see future CEO's of large companies or future lawyers and millionaires. "I see future mentors, soccer coaches, parents, and soup kitchen volunteers. I see the future leaders of the fight against poverty, AIDS, and cancer." He encouraged his classmates to seek success by helping others rather than by seeking fortune.

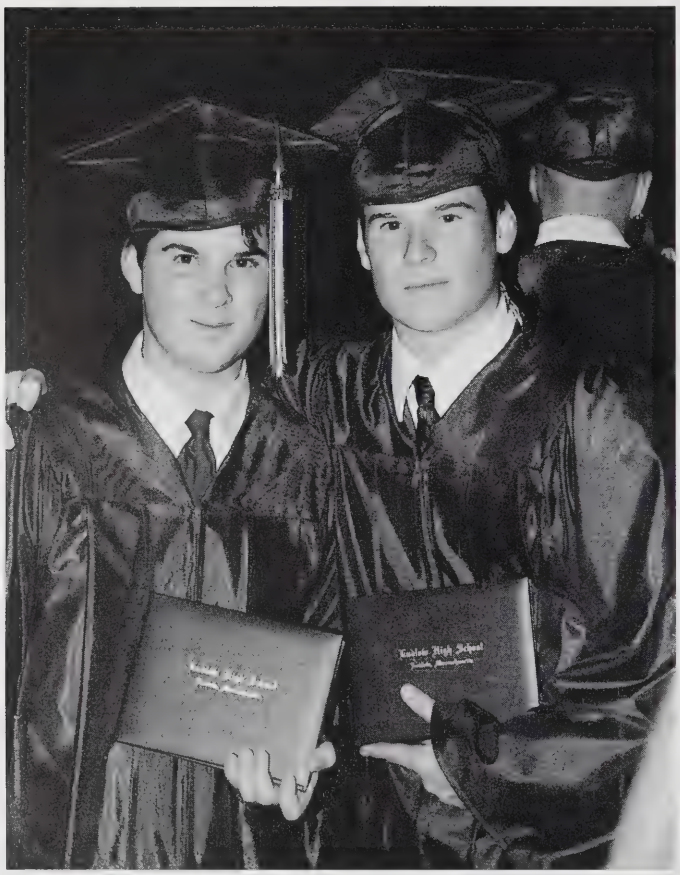
(Continued on page 161)

▲ Marisa Yelle smiles happily as she receives her diploma.

▲ Jesse Pereira attempts to carry all his new belongings, including his diploma, to his car.

▲ Friends Cassie Clark and Andrea Martins are all smiles as they leave the Mullins Center as high school graduates.

▼ Twins Dave and Matt Salvador stand with their new diplomas moments after their graduation.



▼▼ Matthew Paquette, Dan Borkowski, Dan Muse, Jacob Oliveira, Matt Faulha, and Craig Ricardi line up in the hallway of the Mullins Center before walking into the arena.

▼ Jessica Beusee, Kathryn McCarthy, Hillary Bolduc, and Alexis Hanson take one last picture as high school seniors before they graduate. "Graduation was good. I'm just glad that high school is over and we're finally out of there," said Kathryn.

▲ Julius Sweeney, Tom Dias, and Matt Goodreau patiently stand in line to receive their diplomas from chairman of the school committee Christopher Chartrand.

Graduation

Concluding our years at Ludlow High

(Continued from page 159)

Principal Dr. James Cokkinias presented fifteen awards to members of the senior class for scholastic achievement and athletics, including the William D. Mullins Student Government Award to student council president Jacob Oliveira and the Ludlow Education Association Award to valedictorian Shana Santos.

Superintendent Dr. John Welch delivered his oration, telling the class to be proud of its accomplishments and to strive for bigger and better things in the future. He presented the class of 2004 to the audience, then handed over the stage to chairman of the school committee Mr. Christopher Chartrand who proceeded to award 191 graduating seniors their diplomas.

After the members of the class of 2004 received their diplomas, president of the senior class Marc Santos led the graduates in the changing of the tassel from the right to the left side of the graduation cap, symbolizing the graduation of the class. After a bit of celebration in the form of throwing beach balls and spraying silly string, the graduating class was finally ready to exit the Mullins Center, together as a class for the last time, ready to meet the world that awaited them.

The LHS band plays together for the last time with the graduating seniors. "It was really emotional playing at the graduation. Many of the seniors were in the band for four years and we grew close to each other and Ms. Koch. It was sad that it would be the last time that we were playing together," said Caitlin McInerny, a member of the band for four years.

Awards

Peter Boita Award
Aditi Kulkarni

Francis R. Duclos Science Achievement Award
Shana Santos

Bernard Burns Art Award
Rachel Saloio

Foreign Language Award
Aditi Kulkarni

Ludlow High School Award for Excellence in Girls' Athletics
Michelle Bradway
Christina DeNucci

Jamese P. Rooney Award for Excellence in Boys' Athletics
Daniel Martin

Ludlow Education Association Award
Shana Santos

American Legion Award
Daniel Borkowski

William D. Mullins Award
Jacob Oliveira

John J. Hurley Award
Kaitlyn LaRiviere

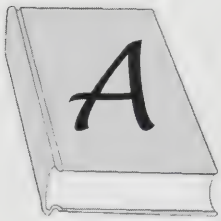
Florence M. Saulnier Award
Shana Santos

George E. Russell Award
Daniel Muse

Paul R. Baird Ludlow Legion Post 52 Award
Alexander Simao Jr.

Gregory Wrinn Award
Daniel Borkowski

John Philip Sousa Band Award
Daniel Borkowski
Alexander Simao Jr.



Khalil Abdullah 18, 82, 149
DOMINANT
"I'm all dat and a bottle of hot sauce!"
83 Chapin Greene Drive

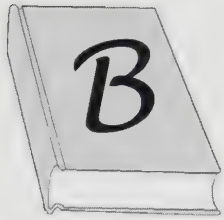
Peter Afonso 12, 119, 128, 150
SARCASTIC
"When everything is coming your way, you're in the wrong lane"
94 Oakridge Street

Jacinda Alves 18, 76, 80, 81, 82
OBLIVIOUS
"When in doubt, follow your heart. Only you know what's best for yourself."
702 Alden Street

Cristina André..... 18, 36, 76, 77, 81, 82, 83, 140, 148
MIRANDA
"People come into your life and people go. What is comforting to know is the ones you love are always in your heart."
109 Windwood Drive

Marc André 18, 159
UNTOUCHABLE
"They say you only live once, but if you live like us, once is enough!"
48 White Street

Rosemary Antaya 18, 33
15 Moore Street



Nichole Balderston 18, 35, 92, 124
32 Wilno Avenue

Joseph Balog 18, 34, 159
GOOD-HUMORED
"You only get one life; live it to the fullest!"
239 Colonial Drive

Paul Barrus
40 Brunelle Street

Matthew Bates 18, 77, 128
788 Lyon Street

Joel Belanger 18
31 Pondview Drive

Diana Belyshev 18
HAPPY
"A friend is someone who asks you 'how are you?' and waits for the answer."
42 Charles Street

David Bennet 18
38 Maple Street

Nicholas Bennet
350 West Street #8

Nathaniel Bernardo
136 Wedgewood Drive

Cody Binette 18, 34, 119, 128, 144
ZEBBALICOUS
"Ya think it's easy...I don't care."
241 Elizabeth Drive

John Bocon, Jr.
62 Pleasantview Street

Hillary Bolduc 19, 34, 110, 111, 127, 160
DETERMINED
"Finding a true friend is like seeing a shooting star; it doesn't happen very often."
145 Overlook Drive

Daniel Borkowski 19, 75, 78, 79 82, 83, 140, 142, 147, 148, 158, 160, 192
OFF-BEAT
"And if you listen very hard, the tune will come to you at last when all are one and one is all to be a rock and not to roll."
-Led Zeppelin
483 Fuller Street

Anthony Bracci 19
126 East Street

Michelle Bradway 14, 19, 33, 82, 96, 111, 120, 124, 126, 127, 133, 146
PERKY
"Shake it like a Polaroid picture."
312 Ventura Street

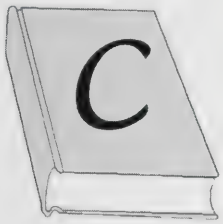
Patrick Brannan 19, 130
37 Barna Street

James Brodeur 19, 33, 82, 83
TALL
"Get in ze truck."
25 Chapin Street

Amanda Brothers 19, 38, 154, 156
72 Norwich Road

Theodore Bryant 19, 156
22 Erin Lane

Derrick Buccacio 19, 35
MISCHIEVOUS
"I believe every bad thing you do comes back to you. So everything I do bad I'm going to suffer for. But in my heart I feel what I'm doing is right; therefore, I'm going to heaven."
48 Baker Street



Elaine Canary 19
298 Monson Turnpike Road
Ware, MA 01082

Jason Carvalho 19, 89, 125
39 North Arthur Street

Nelson Carvalho 20, 34, 77
"For all you out there that doubted me....What!"
808 Chapin Street

Hillary Cave 20
11 Worcester Street

Daisy Cerqueira 20, 76, 77, 82, 150
SINCERE
"Life is not measured by the number of breaths we take, but by the moments that take our breath away."
105 Stevens Street

Jessica Chase 20, 38
QUIET
"Trust your instincts."
167 Poole Street

Aaron Chesnes 20
WOW!
36 Electric Avenue

Michael Chlastawa
398 West Street

Cassandra Clark 20, 159
840 East Street

Rachel Clark 20
IMAGINARY
"It's something unpredictable, but in the end is right. I hope you have the time of your life."
1593 Center Street

Krystal Cortinhas 20, 150, 152
38 Goddu Street

Courtney Costa 34
86 Southwood Drive

Danny DaCruz
27 Walnut Street

Joanna DaCruz 20
30 Salli Circle

Tatianna Dagenais 20, 83, 111, 127, 157
OPEN-MINDED
"Pay attention to all the small details, because it's those small details that make life so memorable and great!"
182 Edison Drive

Neil Daigeault 94, 115, 124, 159
ECSTATIC
"Finally we're here; congrats to the class of 2004."
67 Haviland Street

Jillian Dalmolin 20, 152
40 Blanchard Avenue

Timothy Dannay 75, 122, 125, 128
62 Maple Street

Christina DeNucci 21, 33, 35, 83, 105, 112, 126, 150
ITALIAN
"Memories are a way of holding on to the things you love, the things you are, and the things you never want to lose."
19 Gamache Drive

Carrie DesRochers 21
GRADUATED
353 Ventura Avenue

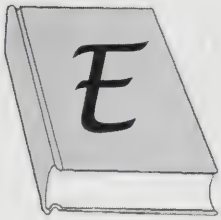
Angela DiAugustino 21
216 East Street

Tomas Dias 21, 108, 128, 149, 160
78 Holy Cross Circle

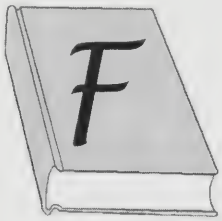
Kimberly Dragon 13, 16, 21, 111, 127, 147, 152
138 Longview Circle

Keith Dube 21, 101, 109, 127, 128, 144
70 Crest Street

Andrew Durand 21
94 Erin Lane



Chelsey Edgar 21, 34
1024 Lyon Street



Zachary Falconer 21, 63, 103, 108, 126, 128
422 Lyon Street

Matthew Faulha 21, 78, 125, 160
30 Victoria Terrace

Jennifer Felix 4, 22, 35
OPTIMISTIC
"Never let anything take away your joy in life because that's the only reason worth living."
156 Windwood Drive

Andre Fernandes 22, 101, 127
177 Oak Knoll Circle

Diane Fernandes 22, 83
199 Lyon Street

Amanda Ferreira 22, 153
215 Stivens Terrace

Jessica Ferreira 22, 112
58 Timber Ridge Road

Sylvia Ferreria 22, 126, 149
DETERMINED
"Always remember: stay strong, smile, and always keep your chin up."
45 Pleasant Street

Victor Ferreria 156
553 Chapin Street

Phillip Fonseca 22, 33, 34, 78, 79, 139, 148, 155
ABSORBATIVE
"Are you gonne eat that? No? Lemme take care of that for you. By the way...do you have any butter?"
138 Gamache Drive

Melissa Fraga 22, 152
43 Lakeview Avenue

Jeffrey Francisco 22, 88, 125
45 Hunter Road

Kyle Galindo 22, 139
268 Woodland Circle

Jeffery Garbarino 22, 35
32 Reynolds Street

Paul Gasparrini
38 Ronald Street

Jacqueline Goncalves 22
96 Clearwater Circle

Mark Goodreau 23, 127, 139
60 Beachside Drive

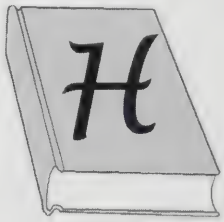
Matthew Goodreau 23, 138, 143, 144, 160
ARTISTIC
"Gather ye rosebuds while ye may..."
46 West Orchard Street

Peter Gosciminski 23, 155
BOOMBASTIC
"If you're a snake and you see a mongoose, start slithering."
119 Posner Circle

Walter Grohs 23, 33
226 Chapin Street

Jason Gryszowka 35
418 Miller Street

Matthew Guberow 4, 23, 76, 102, 128
135 Fiberloid Street
Springfield, MA 01151



James Hale 7, 23
LAZY
"You're sooo fired!"
57 Salli Circle

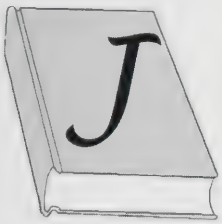
Alexis Hanson 23, 76, 82, 111, 127, 149, 160
"Shoot for the moon because even if you miss you'll land among the starts."
192 Waverly Road

Amy Jo Hatch 23
113 Moore Street

David Henriques
37 Lakeveiw Avenue

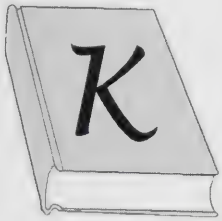
Kevin Howell 13, 23
47 Harding Avenue

Dean Hunter 23
50 Water's Edge Drive



Maria Jahn 33, 149
CONFIDENT
"Even though we've reached the end, new beginnings are ahead. We will meet again. I'll miss you until then."
53 Howard Street

Michael Jurkowski 23, 150
SCRUMDITTLEYUMSHUS
"Life's tough, get a helmet."
802 Moore Street



John Kawa 24, 101, 127
91 Fox Run Drive

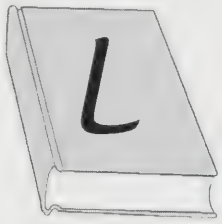
Amanda Kenyon 24, 126
39 Fairview Street

Stefiny Knight 24, 77, 86, 124, 152
135 Fuller Street

Samantha Kobjack 8, 24, 76, 78, 79, 81, 83, 100
COMPASSIONATE
"If you fail to plan, you plan to fail."
56 Hubbard Street
Apartment 18

Aditi Kulkarni 24, 75, 76, 77, 80, 81, 82, 83, 92, 93, 124, 148, 153, 192
SHORT
"Do not follow where the path may lead. Go instead, where there is no path and leave a trail." -Emerson
12 Regall Avenue

Amber Kumiega 24, 92
32 Sewall Street



Timothy LaBrecque 24
191 Pine Street

Kaitlyn LaRiviere 24, 36, 76, 80, 81
CHARLOTTE
"If you are single, there is one thing you should always take with you when you go out on a Saturday night: your friends."
56 Church Street

Brendon Lapointe 24
INDESCRIBABLE
91 Clark Street

Ryan Lavoie 24, 114, 127, 149
PERSPICACIOUS
"Life isn't fair. It's just fairer than death. That's all."
-William Goldman
461 Ventura Street

Kyle Leganza 24
NIFTY
"Remember a real friend approves of you just the way you are, and if they don't, then they're not a real friend at all."
-Oscar Wilde
113 Sewall Street

Kyle Levesque 25, 35, 84, 88, 118, 125, 128, 139, 144
249 Prospect Street

Mandy Levesque 25, 77
149 Sewall Street

Jaclyn Lopes 25, 35, 157
29 Jennifer Drive

Stephanie Lopes 16, 25, 33, 148
OUTRAGEOUS
"You enter high school with 100 friends, but leave with about three real ones. Guess that's life!"
62 Elm Street

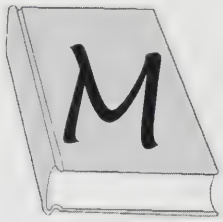
Elise Lord 12, 33
25 West Street

Daniel Los 25, 127
42 Alvin Street

Katie Lucas 25, 130, 150, 151
"Life isn't measured by the breaths you take but rather by the moments that take your breath away."
16 Lyon Street

Jennifer Luszcz 25, 77, 87, 124, 152
170 Overlook Drive

Jessica Luszcz 25, 35, 77, 124, 156
170 Overlook Drive



Sherri Maciolek 25, 38, 79
63 Cedar Street

Adam Madera 25, 75, 96, 102, 125, 126, 148, 192
SELF-GUIDED
"Live by words from your own mind, not by words born from the mouths of those who know neither yourself nor your world."
356 Ventura Street

Amanda Maksymiw 25, 34, 36, 76, 81, 82, 134
CARRIE
"When real people fall down in life, they get right back up and keep walking."
18 Warwick Drive

Amber Mariani 25, 78
32 Bowles Avenue

Brittany Mariani 26, 130
"If you do it, you'll regret it; if you don't do it, you'll regret it. Either way you're going to regret it, so you might as well just do it."
32 Bowles Avenue

Daniel Martin 26, 90, 91, 125, 128, 144
GINORMOUS
149 Chapin Street

Andrea Martins 26, 38, 77, 159
FRIVOLOUS
"Don't cry because it's over, smile because it happened."
107 Alden Street

Bryan Martins 26, 77, 148
DEPRIVED
"One who conquers others knows power; one who conquers himself knows the way."
29 Roy Street

Jessica Martins 26, 35
117 Erin Lane

Kathryn McCarthy 26, 156, 160
55 Briarwood Lane

Michael McGrath 26, 107, 125, 126
35 Fox Hill Road

Caitlin-Ann McInerny 26, 75, 77, 78, 79, 81, 82, 83, 135, 161, 192
SERENDIPIDOUS
"Effort and courage are not enough without purpose and direction." -JFK
51 Brunelle Street

Art Medina 26
73 Salli Circle

Joshua Merced
33 Joy Street

Nathan Metcalf 126
70 Moody Street

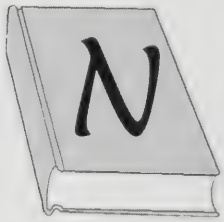
Mallory Michalczyk 9, 26, 148
26 Orchard Street

Karen Miele 26, 33, 75, 76, 77, 80, 81, 82, 83, 148, 155, 192
FICKLE
"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."
-Mark Twain
616 Fuller Street

Benjamin Milillo 7, 26, 119, 127
A.D.H.D.
"Cheaters live longer."
39 Sawmill Road

Zachary Miller 27, 90, 106, 125, 126
31 Keith Circle

Daniel Muse 27, 63, 75, 77, 82, 97, 125, 148, 155, 160
64 Irla Drive

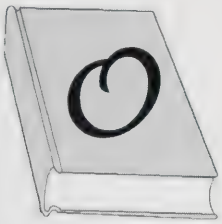


Jessica Nai 27, 79, 153
BUBBLY
"I don't wanna, and you can't make me!"
1124 Worcester Street
Springfield, MA 01151

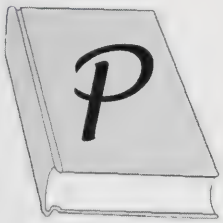
Michael Napiorkowski 153
62 Pondview Drive

Davide Nascimento 27, 34, 78, 88, 125

88 Bruni Avenue



Jacob Oliveira 10, 27, 33, 63, 76, 77, 80, 81, 157, 160
67 Guertin Avenue



Christopher Palatino 27, 35, 119, 128, 159
GUAPNASTY
187 Highland Avenue

Matthew Paquette 27, 78, 79, 160
DIFFERENT
"A square peg will fit in a round hole if you push hard enough."
77 West Avenue

Brian Parent
96 Aldo Drive

Mark Parylak 27
153 Church Street

Marta Pastula 27, 154
73 East Street
Apartment 201

Jesse Pereira 33, 77, 89, 125, 159
264 Fuller Street

Steven Pereira 14, 27, 109, 128, 149
346 Ventura Street

Steven Pettengill
89 Paulding Road

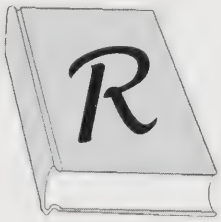
Jorge Pinto 27
7 Kendall Street

Daniel Poitras 28, 63, 123, 128
NACHO
"I'm Rick James!"
384 Westerly Circle

Michelle Poitras 28, 33, 35, 83
384 Westerly Circle

Brianne Pollander 28, 39, 138
DAZED
"Dreams change; friends are forever."
39 Birch Street

Jennifer Priore 4, 78, 138
430 Chapin Street



Patricia Ramos 28, 34, 83, 150
28 Lakeview Avenue

Kevin Randall 144
125 Pondveiw Drive

Amanda Regnier 28, 34, 38
ADVENTROUS
"No matter what, your friends are always around."
58 Martin Farm Road
Hampden, MA 01036

Timothy Rego 28
22 Overlook Drive

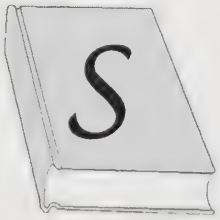
Jeffrey Ribeiro 11, 28, 34, 75, 76, 80, 81, 83, 135, 140, 192
SAMANTHA
"Normal is the halfway point between what you want and what you can get."
97 Gamache Drive

Craig Ricardi 28, 39, 135, 138
FICKLE
"Memories last forever; never do they die. True friends stay together, and never say goodbye! I love you guys!"
418 Poole Street

Mark Robar 28, 35
121 Mclean Parkway

Eric Rodrigo 28, 125, 135
64 Stivens Terrace

Sandra Rogowski 28, 76, 82, 92, 124, 139, 140, 150
TREMENDOUS
"Have fun in life."
25 Summer Street



David Sagan 29, 34, 128,149, 157
FRIENDLY
"Get him out, I got him first."
194 Elizabeth Drive

Andrea Saloio 111, 127, 147, 150
REBELLIOUS
"I'm over it."
504 Miller Street

Rachel Saloio 29, 34, 63, 78
1632 Center Street

David Salvador 11, 29, 34, 76, 115, 127, 160
SPECTACULAR
"Go Ludlow baseball!"
402 Munsing Street

Matthew Salvador 29, 115, 127, 139, 159, 160
UNSTOPPABLE
"Must roll deep."
402 Munsing Street

Jose Sanches 9, 125, 159
45 Wood Drive

Amy Santos 29
20 Haviland Street

Andrea Santos 29, 82, 124, 135
35 Arthur Street

Krystal Santos 77, 156
MAGICAL
"Never let the child in you die. To be old and wise, you must be young and stupid."
1311 East Street

Marc Santos 29, 32, 33, 75, 81, 83, 123, 125, 128, 133, 138, 153, 155, 158, 159, 192
SAVVY
"From what we get, we can make a living; what we give however, makes a life."
-Arthur Ashe
35 Warwick Drive

Shana Santos 29, 33, 75, 77, 78, 79, 81, 83, 135, 158, 192
DETERMINED
"If we listen and hear what is being offered, then anything in life can be our guide. Listen."
455 State Street

Matthew Santos-Vitorino 29, 33, 74, 125
PERSERVERANCE
"Live every one of life's experiences to the fullest, and you'll never want to look back and say what if."
149 West Avenue

Breanna Severyn 16, 29, 151, 156
419 Miller Street

Meaghan Shea 29, 135, 138, 150
ROYALTY!
"Mistakes are a fact of life. It is the response to the error that counts."
96 Highland Avenue

Alexander Simao 30, 33, 75, 78, 79, 81, 82, 83, 128, 148, 192
39 Harris Lane

Meredith Slora 30, 124, 139
FRIENDLY
"When you think nothing else in you life can go wrong something always does but eventually things always get better."
26 Vienna Avenue

David Spooner 30, 95, 124
205 Miller Street

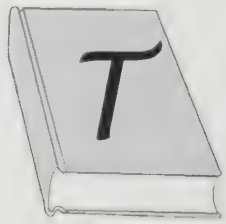
Christopher Stone 147
449 Chapin Street

Jessica Strickland 30, 152
SMILEY
"Change means nothing when nothing wants to change."
221 Ventura Street

Mateus Suska 6, 30, 75, 76, 80, 83, 103, 148
SPIRTUALLY ARID
"It's only after you've lost everything that you're free to do anything."
242 Poole Street

Julius Sweeney 30, 160
29 Homestretch Drive

Krystal Swiderski 30, 78
42 Dunapee Street
Springfield, MA 01151

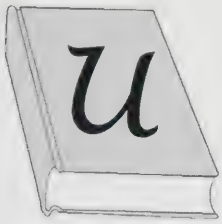


Aaron Taylor
175 Kendall Street

Breanne Thomspon 30, 156
33 Wilno Avenue

James Torrey
830 East Street

Stephanie Turgeon 30, 152
71 Woodside



Jessica Unsderfer 30, 34, 103, 126, 147, 151
RAMBUNCTIOUS!
86 Prokop Avenue

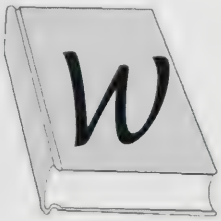
Lyle Vance 30, 72, 139, 155
JAPANESE
109 East Akard Street

Dora-Milena Vasco
188 Center Street

Monique Verteramo 93, 156
CRAZY
"Birth control!"
73 Wakefield Street

Derek Vigneault 6, 8, 30, 148
OBSESSIVE-COMPULSIVE
"STOP stealing my truck!"
407 Holyoke Street

Daniel Vogel 31, 35
57 Duke Street



Matthew Wahlers 31, 109, 128
SPONTANEOUS
"What lies behind us and what lies before us are tiny matters compared to what lies within us." -Emerson
3009 Hill Street
Bondsville, MA 01009

Haley Will 31, 124, 151
50 Brunelle Street

Ericka Wilson 31, 151
"Don't worry about it."
591 Poole Street

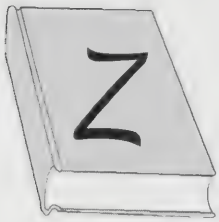
Ryan Wood
110 Clearwater Circle

Aaron Wright 31, 35, 125
34 Water's Edge Drive

Fatih Yanbul
17 Susan Drive

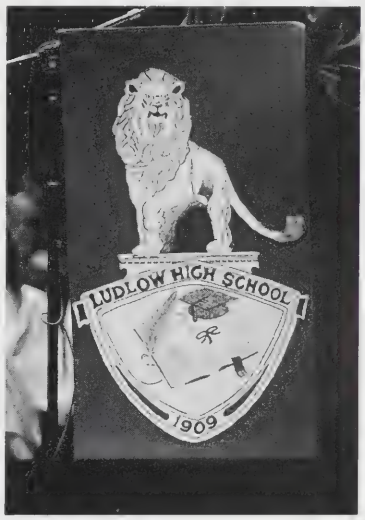
Tiffany Yee 77
UNMOTIVATED
"Game over; time has run it's course; there's nothing left; forever goodbye."
103 Blisswood Drive

Marisa Yelle 31, 35, 76, 77, 80, 81, 104, 126, 147, 159
DIVA
"In the end you always go back to the people who were there in the beginning."
667 East Street



Adrian Zapala
69 Harris Lane

Sean Zdanis 31, 115, 127, 132, 139
DEPENDABLE
"In the end we will not remember the words of our enemies, but the silence of our friends."
P.O. Box 64
1141 Lyons Street



"Our greatest glory consists not in never falling, but in rising every time we fall."

— Ralph Waldo Emerson

Cristina André

Cristina,
The little girl with brown curls has grown into a beautiful young woman. We are so very proud of you. Congratulations!

Love,
Mai and Pai

Cristina André

Cristina,
"A sister is a gift to the heart, a friend to the spirit, a golden thread to the meaning of life." Never stop reaching for the stars!

Love always,
Lisa

Rosemary P. Antaya

Rosemary,
We are very proud to be your parents. Congratulations and best wishes for your future.

Love,
Mom, Dad, Ray, Reneé, and Ron

Anthony Bracci

Tony,
Whatever life brings, whatever you do, may you know in your heart every day . . . you've always been loved, you'll always be loved -- and nothing can take that away. Congratulations!

Love,
Mom, Dad, Gianna, and Angela

Hillary Bolduc

Hillary,

Congratulations on your graduation. It's finally over. What a great accomplishment! Now is the time for you to follow your dreams and make them come true. Good luck in college. We are proud and love you.

Love,
Mom, Dad, and Tiffany

Joseph Balog

Joe,

Congratulations! We are so very proud of you! We wish you health, happiness, and success in everything you do.

Follow your dreams!

All our love,
Mom and Dad

Courtney Costa

Dear Courtney,

We are so proud of all you have accomplished thus far and know you will succeed in everything you do from now on.

We love you!
Mom, Dad, Melissa,
Lori, and "Nike"

Cody Binette

Turn around, bright eyes, and look towards the future, for you have so much to offer. May you accomplish all that you set out to do.

Love,
Mom, Dad, and Kori

David Bennet III

You have faced many challenges and will face many more, but if you try you will succeed. Congratulations!

Love,
Mom

Amanda Brothers

Dear Amanda,

It has been such an amazing journey to watch you grow from an infant into the beautiful young lady you are today. The years have gone by too fast.

I am so proud of the person you have become: thoughful, caring, elegant, and smart. I am looking forward to the next chapters of your life because I can't wait to see what good things your future holds for you.

My words of wisdom for you: Always be true to yourself. Moms and sisters are forever and you are in charge of your own destiny. Follow your dreams and when the winds of life change, adjust your sails and you'll be just fine.

Love forever and always,
Mom

Patrick Brannan

To our son Patrick,
We are so proud of you! Our wishes for you as you move through life are these: may you make good choices even if they are not always the easy ones, may you love your work and take pride in doing it, and may you always have love, happiness, and friendship in your life.

Roads go ever on; may your journey hold every success!
All our love, Mom and Dad

Patrick Brannan and Adam Madera

Pat and Adam-
We've watched with pride as you've grown from "binky" buddies into independent young men, traveling your own paths. Wherever your future may take you remember where your journey began and all the people who love you.

God watch over you both wherever life leads you.
Much love, Mom and Dad ("Auntie" Ginny and "Uncle" Ray)

Chrissy DeNucci

Chrissy-
Congratulations! We are so very proud of you and all your accomplishments. You have the strength, drive, and determination to be successful at whatever challenges life brings you. We wish you all the best that life has to offer. May all your wishes and dreams come true. We love you.

Mom, Dad, Nick, and family

Daisy Cerqueira

Daisy,
We are very proud of you. We wish you the best of luck in college and beyond.

Love,
Mom, Dad and Helder

Jeffrey Francisco

Jeff,
We are very proud of you. Good luck in accomplishing your dreams.

Love,
Mom and Dad

Peter Gosciminski

Peter-
It's been hair-raising! Good luck, happiness, and success.

Love,
Mom, Dad, Brian, and Karen, too

Sylvia Ferreira

Dear Sylvia,

You have been such a joy to us from the moment you were born. You not only have made our lives brighter but also the lives of everyone who knows you. You are a beautiful young woman and a beautiful person. Vô and vó would have been so proud of you. May God give you strength, confidence, and love to confront life's challenges. We are so proud of you.

Congratulations and may God bless you!
Love, Mom, Dad, Andrea, and Family

Phillip M. Fonseca

From the first faint "beat" of your heart to the "beat" of the drums you have come to master we have enjoyed watching you grow into a handsome young man. We are extremely proud of you and always will be. Many adventures await you; listen to the rhythm of your heart and let it lead you to success and happiness along the way.

Love Mom, Dad, and Rachel

Matthew Guberow

Dear Matthew,

We are so proud of you. We wish you a world filled with love, happiness, and success for all the challenges you will face in your life. God bless you.

Love,
Mom, Dad, Tommy, Babcia, and Family

Amy-Jo Hatch

Amy-Jo,
You are the sunshine of our lives. You are the hope of the future! Never take life for granted.

God bless you on your journey through life. Congratulations on your graduation. We love you!

Mom, Gregg, Sara, and Matt

Jessica Luszcz

Dear Jessica,
It has been such a joy to watch you grow from a little girl to a beautiful young lady. We wish you success for all the challenges you will face in your life. We are so proud of you. Congratulations.

Love, Mom, Russ, and Johnny

Jennifer Luszcz

Dear Jennifer,
It has been such a joy to watch you grow from a little girl to a beautiful young lady. We wish you success for all the challenges you will face in your life. We are so proud of you. Congratulations.

Love,
Mom, Russ, and Johnny

Katie Lucas

Always Keep Your Dreams Alive

Now is a time for you to celebrate . . . the accomplishment of a dream you have worked so hard to realize. You have shown so many people how special you are.

Now is the time to begin to pursue the next path, to reach out for the next star, and to achieve the things that are so important to you.

Always keep your dreams alive.

And keep them coming true.

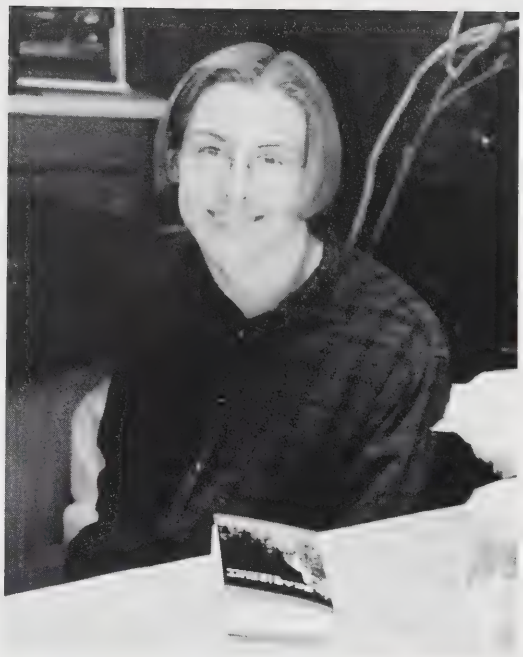
--Author unknown

Katie,
We are so proud of you and love you very much!

Mom, Dad, Jodi, and Michelle

Daniel Muse

Dan,
We've always been so proud of you. Can't wait for the next chapter!



With Love,
Mom, Dad, Steve, and Mike

Kaitlyn LaRiviere

You always know how to make us laugh with your quick wit and great personality. We are very proud of you.

Love,
Mom and Dad

Brendon Lapointe

Brendon,
Life is and can be challenging. Always believe in yourself and aim high. Make good decisions — not only from your head but from your heart as well. Follow your dreams no matter how big or small. We are very proud of you and love you always!

Mom

Ryan Lavoie

Ryan,
We're all very proud of you and we wish you a world of happiness. Good luck in college! We love you!

Love,
Mom, Dad, and Lauren

Adam Madera

Lots of curls, tubes in ears
Bumps and bruises galore
Stitches and scars, tricycles to cars
Adam, our baby no more

Skis or bikes, kayaks or showshoes
Traveling off to Spain
On to college in the fall
Your life will not be the same

Embrace your culture, learn the ways,
To thine own self be true
Remember to love, laugh and be happy
We will always be here for you!

Love Dad, Mom, and Megan

Brittany and Amber Mariani

Amber and Brittany,
Congratulations!
We're so proud of you wubbies.

Love you lots,
Mom, Dad, Heather, and Heidi

Amanda Maksymiw

Dear Amanda,
We are so proud of you and love you more than words can say. May all of your hopes and dreams come true. Congratulations!
Love,
Mom and Jocelyn

Karen Miele

The time has gone by so quickly. You've grown up to be a wonderful young woman. We're so proud of you! May all your dreams come true.

Love,
Mom and Dad

Karen Miele

"There is no need to reach high for the stars. They are already within you."
--Anonymous

Karen-
Congratulations! Good luck in college!
Love you, Kristine

Caitlin-Ann McInerny

"Little girls with dreams become women with vision."

May all your dreams come true.

Love,
Mom, Dad, and Jillian

Mallory Michalczyk

Mallory,
You bring such a spirit of joy to all of us. Congratulations and may you have success and happiness throughout your life.

Love,
Mom, Samantha, and Grandma

Shana Santos

Shana,
The years have quickly passed and you have accomplished so much. We are all so proud of you and wish you the best in everything you do.

andra Rogowski

Dear Sandy,
We are so proud of you. We wish you happiness and a successful future. We love you.

Mom, Dad, Lisa, and Brian

Remember that we are always here for you and love you. Congratulations!
Love,
Mom, Dad, and Derek

Alexander Simao

Alex,
To one super kid. You have always reached for the highest star. May all your dreams come true. You have always made us so proud in everything you've accomplished. God bless you! We love you very much!
Mom, Dad, Jennifer, and David

Brianne Pollander

Brianne,
We are so proud of you! Time sure does fly. We wish you love, happiness, and success in everything you strive for. Dream big! Good luck in college. We love you so much!

Mom, Dad, and Eric

Craig Ricardi

Craig,
On the day that you were born the angels got together and decided to create a dream come true. Now your dream has come true. Congratulations!
We love you! Mom, Dad, and Stef

To Michelle Michelina Poitras
a.k.a. Stinky, Mish, Mishy-Moo, Mickey, and Shelly:

You're our angel sent from Heaven, sitting on a cloud
Your goodness from within, has always made us proud.
Our memories of you are sweet, like the fresh morning dew
Here are some favorites, just to name a few:

✷You were Baby A in mom's belly
✷You were our "good" sleeper and we have many baby pictures of you sleeping on your food in your hi-chair
✷Always the finicky eater, smelling everything first
✷You chewed everything a hundred times
✷Mom taught you how to ride a bike in the LHS parking lot
✷Dad taught you how to drive in that same lot
✷Your brother named you "Stinky" many years ago
✷Stormy stealing your pillow every night and Starr close by
✷How you smiled ear to ear when your little red car arrived

You've worked so hard to earn good grades and are ready to spread your wings. Good luck, we love you, and wish you happiness, joy, and all those wonderful things!

Love you tons,
Mom and Dad
XXOO

To Daniel Victor Poitras
a.k.a. Dan, Danny, Dan-the-man, tenner, and ----head

You add a certain sparkle, even drama to life that' worth living
Good thing you're handsome and funny or we wouldn't be forgiving
You've always been a challenge, but we still ador you too
Our memories bring laughter and a few tears of blue:

✷You were Baby B in mom's belly
✷The day you cut off your sister's bangs leaving a trail of auburn hair down the hallway
✷How many blocks on the floor...all of them!
✷Bringing home Starr under your arm and asking "can we keep her?"
✷Making us so proud during your shortened hockey career, especially serving as captain of UMass Jr. Minutemen and scoring over 50 goals each season
✷On May 10, 2002, you vacated a car the hard way, flying out the rear window
✷So far you have received about 100 stitches...and counting
✷The joy on your face over fixing your truck(s)
✷The "possessed" Yukon
✷Great detective work at Kensington Ave.
✷Making us laugh when we need it the most

You've worked hard in school with jobs on the side
You've grown up with integrity, honor, and pride
It's time to follow your heart and be on your own
Good Luck, we love you, we can't believe you're all grown!

Wish you much happiness, love you tons,
Mom and Dad
XXOO

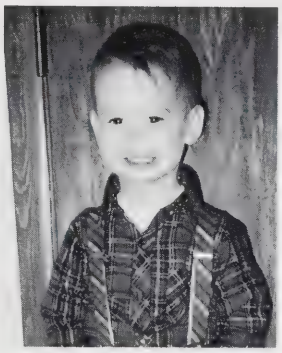
Meaghan Shea

Meaghan,

We are so very proud of you. You have brought us so much joy and happiness. Good luck and enjoy college. We will always be there for you.

Love,
Mom, Dad, and
Timothy

David Sagan



David,

We are very proud of you. We wish you happiness and success.

Love,
OXO
Mom and Dad,
Michelle and
Kimberly

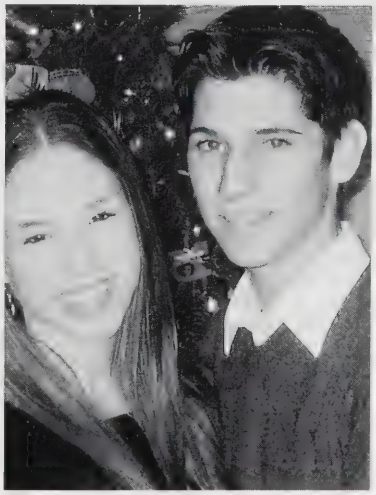
José A. Sanchez

José,

May all of your dreams and goals come true. We are so very proud of you. Keep on reaching for the stars; they are much closer than you realize.

We love you,
Mom, Dad, and Christina

Marc Santos



Dearest Marc,

You have the most amazing personality and a smile that is simply contagious. You exude the perfect combination of talent and passionate determination in everything that you do. You possess a strength like no other, that I know will help you to be successful in your future. Knowing and loving you has me happier than I ever could have imagined. I love you. Congratulations!

All my love,
Kathryn

Mateusz Suska

Matt,

The sky is your limit. Remember that winners do what losers don't want to do. Best luck to you!

Love,
Mom, Dad, and
Caroline

Breanne Thompson

"Go confidently in the direction of your dreams! Live the life you imagined!"
- Henry David Thoreau

All our love,
Mom, Dad,
Wesley, and Ian

Stephanie E. Turgeon

Stephanie,
You're all grown up. Where did the time go? We are very proud of you and your accomplishments. Best of luck in college and the future. We love you.

Mom, Dad, Michelle, and Bryan

Derek Vigneault

Derek,
You made it! The future will be your time to shine. Aim high, the sky is the limit. We wish you happiness, success, and love.

Love, Mom, Dad, Brandon, and Erica

Jessica Unsderfer

Jesse,
Good luck and don't forget the good old days.

Love,
Kyle

Mark Parylak

Congratulations, Mark!
We are so very proud of all your accomplishments. Good luck in the future. Follow your pathway to success.

Love,
Mom, Dad, and Carl

Haley Will

Dear Haley,
"Shoot for the moon. Even if you miss it you will land among the stars."
(Lester Louis Brown)

Love,
Mom, Dad, and Alex

Jesse,

Watching a daughter grow into her own strong, sensitive self is one of the most fulfilling experiences a parent can know. You are everything I knew you'd be. And more. So much more. I'm so proud of you!

I wish you all the joy that life can bring. Remember, if you cannot find happiness along the way, you will not find it at the end of the road!

Love,
Mom

Marisa Yelle

Marisa,

From Mom and Dad's little girl and Joshie's baby sister to a beautiful woman. Where did all the time go? We are so proud of you and all that you have done. Remember, follow your heart and never give up your dreams.

Love,
Mom, Dad, and Josh

Eric Rodrigo

Eric, congratulations!

We are so proud of you. You accomplished so much! "Stanley" was also a great success and had a great year. We love you and hope all your dreams come true.

Mom, Dad, Cari & Dominick

Eric Rodrigo

Congratulations Eric,

We are very proud of you. Good luck in college. The adventure has just begun. We enjoyed the years of your soccer seasons in school, especially your senior year.

Love always,
Grandma and Dziodziu Witowski

Jeffrey Ribeiro

Congratulations, Jeff,

You've worked so hard and accomplished so much. We are very proud of you. We wish you love, happiness, and success. Remember that we will always be here for you.

Love,
Mom, Dad, and Matt

Maria Laneé Jahn

Laneé, congratulations!

I am so proud of you! I wish you all the strength, happiness, and success for whatever you face in life. I didn't deliver you; you delivered me. Reach for the stars because you are my shining star, and it's your time to shine. Sing your heart out, baby!

Love,
Mom

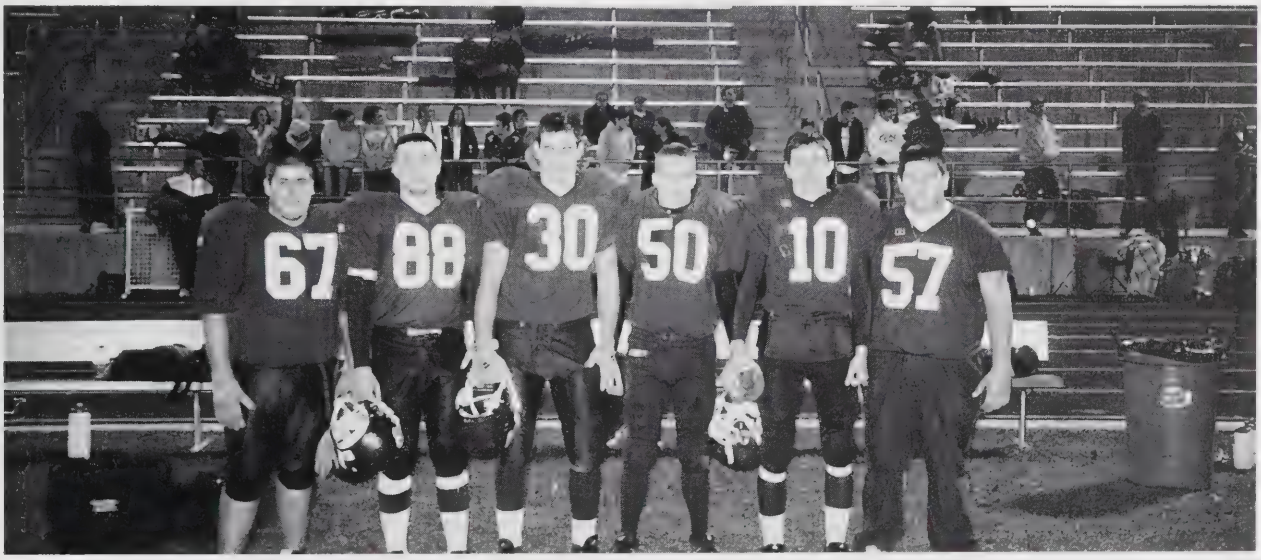
Jacqueline Goncalves

Congratulations
We are so proud of you and your accomplishments! Continue your hard work and you will achieve your goals.

Love you,
Mom, Dad, Lisa and Briana

Good Luck and
Best Wishes to
the Class of 2004!

Sincerely,
The Yearbook Staff



Good luck to senior players Matt Faulha, Zach Miller, Dan Martin, Aaron Wright, Mike McGrath, and Matt Santos-Vitorino.

Congratulations!
The LHS Football Boosters

2004 League Champions

Daniel Martin, Marc Santos, David Sagan, Timothy Dannay.
(*Missing:* Daniel Poitras.)

Best wishes and good luck!

From the LHS Boys' Track Boosters

Congratulations and best wishes to the Class of 2004!

From the members of the National Honor Society

Sylvia Ferreira, Michelle Bradway, Aditi Kulkarni.

Best wishes to our graduating seniors!

From the LHS Girls' Track Booster Club

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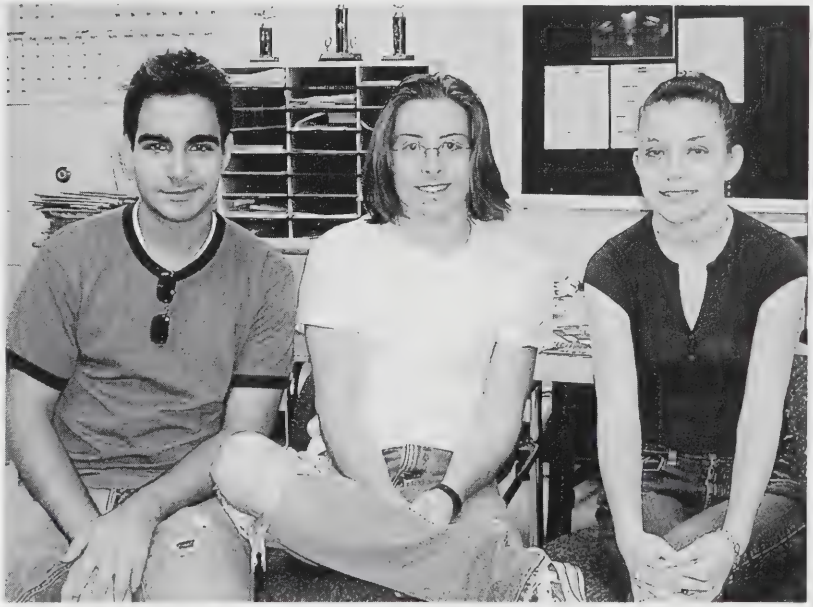
To our graduating seniors Jeff Ribeiro, Dan Muse, and Karen Miele:

We wish you the best in all of your future endeavors!

Sincerely,
"The Cub" Staff



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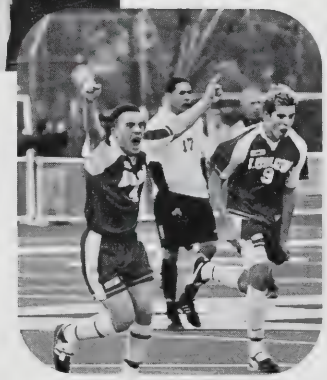

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FAX 589-1812
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Congratulations to the Class of 2004

From Joseph and Maria Santos
at Santos Family Hair Center

PHONE: (413) 589-0126

SANTOS FAMILY HAIR CENTER

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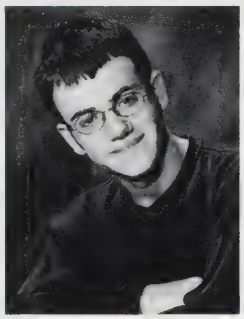
Ludlow, MA 01056-3009

If We Please You, Tell A Friend... If Not, Tell Us

The Ludlow Education Association

Congratulates the Graduating Class of 2004



Daniel Borkowski
LEAF Scholarship

Caitlin-Ann McInerny
LEA Scholarship

Cristina André
LEAF Scholarship

Karen Miele
LEA Scholarship

Defining our future

We have the knowledge to define our future

step forward, out of the high school and out of the world that we known for these past four years, knowing that future is just outside the doors, awaiting each one of us. The that we have gained over our years together has taught us embrace the future and cherish the memories we have made that who we are. These past four years were only a minute portion of lives, but we will carry the memories we have made into the and remember our years here for the rest of our lives.

"The future belongs to those who believe in the beauty of their dreams."

--Eleanor Roosevelt

Jung Kang
Junior Editor

Karen Miele
Editor

Jeff Ribeiro
Business Manager

Adam Madera
Photographer

Alex Jorge
Junior Business Manager

Alex Simao and
Danny Borkowski
Organizations

Aditi Kulkarni and
Caitlin McInerny
Events

Marc Santos and
Shana Santos
Athletics

When I joined the yearbook staff four years ago, I knew that making a yearbook was going to be a lot of work, but I never imagined that I could have so much fun as well. After hundreds of hours spent in room C103, the yearbook is finally completed, but it never would have happened without the help of such a wonderful staff.

First and foremost, I want to thank Jung Kang, my junior editor, who compiled the underclassmen section of this book. She always managed to fit yearbook into her hectic schedule, between class meetings and tennis practices, and she often stayed with me late into the night to make her deadlines. I know she is going to make a great editor next year, and I wish her the best of luck.

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Best of luck to the yearbook staff next year. To the Class of 2004, the past years have been great, and I wish you nothing but happiness and success in all that you do.

Love always,
Karen Miele
2004 Yearbook Editor

Rafal Salamit